



# The Kensington offers more comprehensive services than any other area senior living community

## Enhanced Assisted Living Care

- Welcomes residents who:
  - are very frail and/or wheelchair bound
  - require an IV or catheter
  - require two+ person or mechanical lift assistance
  - use oxygen
  - require wound care/any stage wound
  - need hospice care
  - require pureed meals and/or special diets
- Diabetes management including injections (sliding scale)
- THRIVE, our special Parkinson's program
- Rehab on-site includes physical, speech, and occupational therapies
- Physician's office on-site, including numerous specialists

## Higher Level Professional Staff

- Full-time RN Director of Nursing Services and RN Assistant Director of Nursing Services, plus RN Evening Supervisors
- Nurses on premises 24 hours a day, 7 days a week
- Medication administration by nurses and occasionally med techs
- Dedicated Assisted Living Director
- Dedicated Connections Memory Care Manager
- Dedicated Haven Memory Care Manager
- Life Enrichment Activities Manager for Assisted Living & Memory Care
- Full-time Exercise Specialist who provides assessments, dementia education, and wellness programs
- Overnight Manager 7 days a week

## Progressive Memory Care Expertise

- Connections Neighborhood on the 4th floor with a 1:5 care ratio for residents with early- to mid-stage dementia
- Haven Neighborhood on the 5th floor with a 1:4 care ratio for residents with mid- to late-stage dementia
- Accommodates residents with late-stage dementia, including those with behavior challenges
- Pocket programming—customized small-group activities
- Partnership programs and collaborations with specialty professionals who generate positive care outcomes based upon current research findings

## Additional Unique Features

Reputation for ongoing staff loyalty • Free dining for families • All-day dining hours  
Therdynamics Rehab • Complimentary Support Groups for Families

Private ownership by career senior living professionals who are directly involved in the day-to-day goings-on at The Kensington

# True aging in place

*Once you live with us, you can stay as long as you want or need*



**THE KENSINGTON**

*An Assisted Living Residence*

WHITE PLAINS

(914) 390-0080 | 100 Maple Avenue, White Plains, NY 10601 | [www.TheKensingtonWhitePlains.com](http://www.TheKensingtonWhitePlains.com)

