

SUN	MON	TUE	WED	THUR	FRI	SAT
	Location Key P- Patio LR- Living Room ER- Entertainment Room DR- Dining Room	<i>Canada Day</i> 10:30 Jeopardy Trivia w/ Alexis (LR 10:30-11:00am) 11:00 Tai Chi w/ Thomas (LR 11:00-11:45am) 1:30 Maple Leaf Collage w/ Alexis (DR 1:30-2:15pm) 2:15 Top 10 Canadian Landmarks w/ Alexis (DR 2:15-2:45pm) 3:00 Happy Hour: The Summer Scoop (DR 3:00-4:00pm) 3:45 Taste & Travel Around the World w/ Alexis (DR 3:45-4:45pm) 6:00 Tuesday Night Musical (ER)	<i>World UFO Day</i> 10:30 Beach Ball Exercise w/ Alexis (ER 10:30-11:00am) 10:30 Out & About with Shamaris & Jen 11:00 Scattergories w/ Alexis (ER 11:00-11:45am) 1:30 Music Therapy with the Music Conservatory of Westchester (ER 1:30-2:30pm) 2:15 Word Teasers w/ Alexis (ER 2:15 - 2:45pm) 3:00 Happy Hour: Wine Down Wednesday (DR 3:00-4:00pm) 3:45 Watercolor Wednesday w/ Alexis (DR 3:45-4:45pm) 6:00 Movie Night (ER)	10:30 Mercy College Graduate Discussion group (ER 10:30-11:15am) 11:15 Daily Chronicles & This Day in History with Alexis (ER 11:15-11:45am) 1:45 Howard Cohen on the Cello (ER 1:45-2:45pm) 3:00 Happy Hour: Tropical Escape Thursday (DR 3:00-4:00pm) 3:45 Karaoke Hour w/ Alexis (ER 3:45-4:45pm) 6:00 Thursday at the Theater (ER)	<i>Independence Day</i> 10:30 Chair Zumba w/ Alexis (ER 10:30-11:00am) 11:15 Red, White, & Blue Trivia w/ Alexis (ER 11:15-11:45am) 1:30 Patriotic Sing A Long w/ Alexis (ER 1:30-2:15pm) 2:00 Guess that State w/ Alexis (ER 2:00-2:45pm) 3:00 The Great American Happy Hour (DR 3:00-4:00pm) 3:45 Creativity & Puzzles w/ Alexis (DR 3:45-4:40pm) 4:30 Shabbat Prayers w/ Shelley (LR 4:30-5:00) 6:00 Friday Night Flick (ER)	10:30 Moving & Groovin' with Tanya (ER 10:30-11:00am) 11:15 Trivia Challenge w/ Tanya (ER 11:15-11:45am) 1:30 Afternoon Active Games w/ Tanya (ER 1:30-2:45pm) 3:00 Happy Hour: Sangria Saturday (DR 3:00-4:00pm) 3:45 Bingo Hour w/ Tanya (DR 3:45-4:45pm) 6:00 Saturday Night Movies (ER)
10:15 Catholic Mass via YouTube (LR 10:15-10:45am) 10:45 Morning Yoga & Meditation w/ Ceasarina (ER 10:45-11:15am) 11:15 Cliché Trivia w/ Ceasarina (ER 11:15-11:45am) 1:30 Reminiscing Through the Senses w/ Ceasarina (ER 1:30-2:15pm) 2:15 Name That Tune w/ Ceasarina (ER 2:15-2:45pm) 3:00 Happy Hour: Smoothie Sunday (DR 3:00-4:00pm) 3:45 Cece's Creative Corner (DR 3:45-4:45pm) 6:00 Sunday Night Drive-in (ER)	10:30 Morning Stretch with Ceasarina (ER 10:30-11:00am) 11:00 This Day in History & Daily Chronicles (ER 11:00am-11:45am) 1:30 Exploring Music by Culture w/ Ceasarina (ER 1:30-2:15pm) 2:15 Finishing Lines w/ Ceasarina (ER 2:15-2:45pm) 3:00 Happy Hour: Margarita Monday (DR 3:00-4:00pm) 3:45 Lavender Spa w/ Ceasarina (ER 3:45-4:45pm) 6:00 Monday Night Movie (ER)	<i>Make Your Own Sundae Day</i> 10:30 Jeopardy Trivia w/ Alexis (LR 10:30-11:00am) 11:00 Tai Chi w/ Thomas (LR 11:00-11:45am) 1:30 Gardening Club w/ Alexis (P 1:30-2:15) 2:15 Mind Stretchers and Word Games w/ Alexis (P 2:15-2:45pm) 3:00 Happy Hour: The Summer Scoop (DR 3:00-4:00pm) 3:45 Taste & Travel Around the World w/ Alexis (DR 3:45-4:45pm) 6:00 Tuesday Night Musical (ER)	<i>Body Painting day</i> 10:30 Beach Ball Exercise w/ Alexis (ER 10:30-11:00am) 10:30 Out & About with Shamaris & Jen 11:00 Scattergories w/ Alexis (ER 11:00-11:45am) 1:30 Map My Summer w/ Alexis (ER 1:30-2:15pm) 2:15 Word Teasers w/ Alexis (ER 2:15 - 2:45pm) 3:00 Happy Hour: Wine Down Wednesday (DR 3:00-4:00pm) 3:45 Watercolor Wednesday w/ Alexis (DR 3:45-4:45pm) 6:00 Movie Night (ER)	10:30 Mercy College Graduate Discussion group (ER 10:30-11:15am) 11:15 Daily Chronicles & This Day in History with Alexis (ER 11:15-11:45am) 1:30 Beach Games w/ Alexis (ER 1:30-2:15pm) 2:15 Mind Joggers w/ Alexis (ER 2:15-2:45pm) 3:00 Happy Hour: Tropical Escape Thursday (DR 3:00-4:00pm) 4:00 Thats Entertainment with Gigi! (ER 4:00-4:45pm) 6:00 Thursday at the Theater (ER)	10:30 Chair Zumba w/ Alexis (ER 10:30-11:00am) 11:15 Finish the Lyrics w/ Alexis (ER 11:15-11:45am) 1:30 Drum Circle w/ Alexis (ER 1:30-2:15pm) 2:00 Cranium Crunches w/ Alexis (ER 2:00-2:45pm) 3:00 Happy Hour: Flash Back Friday (DR 3:00-4:00pm) 3:45 Creativity & Puzzles w/ Alexis (DR 3:45-4:40pm) 4:30 Shabbat Prayers w/ Shelley (LR 4:30-5:00) 6:00 Friday Night Flick (ER)	10:30 Moving & Groovin' with Tanya (ER 10:30-11:00am) 11:15 Trivia Challenge w/ Tanya (ER 11:15-11:45am) 1:30 Balloon Badminton w/ Tanya (ER 1:30-2:45pm) 3:00 Happy Hour: Sangria Saturday (DR 3:00-4:00pm) 3:45 Bingo Hour w/ Tanya (DR 3:45-4:45pm) 6:00 Saturday Night Movies (ER)
10:15 Catholic Mass via YouTube (LR 10:15-10:45am) 10:45 Morning Yoga & Meditation w/ Ceasarina (ER 10:45-11:15am) 11:15 Cliché Trivia w/ Ceasarina (ER 11:15-11:45am) 1:30 Reminiscing Through the Senses w/ Ceasarina (ER 1:30-2:15pm) 2:15 Name That Tune w/ Ceasarina (ER 2:15-2:45pm) 3:00 Happy Hour: Smoothie Sunday (DR 3:00-4:00pm) 3:45 Cece's Creative Corner (DR 3:45-4:45pm) 6:00 Sunday Night Drive-in (ER)	10:30 Morning Stretch with Ceasarina (ER 10:30-11:00am) 11:00 This Day in History & Daily Chronicles (ER 11:00am-11:45am) 1:30 Exploring Music by Culture w/ Ceasarina (ER 1:30-2:15pm) 2:15 Finishing Lines w/ Ceasarina (ER 2:15-2:45pm) 3:00 Happy Hour: Margarita Monday (DR 3:00-4:00pm) 3:45 Lavender Spa w/ Ceasarina (ER 3:45-4:45pm) 6:00 Monday Night Movie (ER)	<i>Ice Cream Soda Day</i> 10:30 Jeopardy Trivia w/ Alexis (LR 10:30-11:00am) 11:00 Tai Chi w/ Thomas (LR 11:00-11:45am) 1:30 You Be The Judge w/ Alexis (ER 1:30-2:15pm) 2:15 Mind Stretchers and Word Games w/ Alexis (ER 2:15-2:45pm) 3:00 Happy Hour: The Summer Scoop (DR 3:00-4:00pm) 3:45 Taste & Travel Around the World w/ Alexis (DR 3:45-4:45pm) 6:00 Tuesday Night Musical (ER)	10:30 Beach Ball Exercise w/ Alexis (ER 10:30-11:00am) 10:30 Out & About with Shamaris & Jen 11:00 Scattergories w/ Alexis (ER 11:00-11:45am) 1:30 Map My Summer w/ Alexis (ER 1:30-2:15pm) 2:15 Word Teasers w/ Alexis (ER 2:15 - 2:45pm) 3:00 Happy Hour: Wine Down Wednesday (DR 3:00-4:00pm) 3:45 Watercolor Wednesday w/ Alexis (DR 3:45-4:45pm) 6:00 Movie Night (ER)	<i>National Drive Thru Day</i> 10:30 Mercy College Graduate Discussion group (ER 10:30-11:15am) 11:15 Violin Concert with Albert (ER 11:15-12:00) 1:30 Beach Games w/ Alexis (ER 1:30-2:15pm) 2:15 Mind Joggers w/ Alexis (ER 2:15-2:45pm) 3:00 Happy Hour: Tropical Escape Thursday (DR 3:00-4:00pm) 3:45 Karaoke Hour w/ Alexis (ER 3:45-4:45pm) 6:00 Thursday at the Theater (ER)	10:30 Chair Zumba w/ Alexis (ER 10:30-11:00am) 11:15 Finish the Lyrics w/ Alexis (ER 11:15-11:45am) 1:30 Drum Circle w/ Alexis (ER 1:30-2:15pm) 2:00 Cranium Crunches w/ Alexis (ER 2:00-2:45pm) 3:00 Happy Hour: Flash Back Friday (DR 3:00-4:00pm) 3:45 Creativity & Puzzles w/ Alexis (DR 3:45-4:40pm) 4:30 Shabbat Prayers w/ Shelley (LR 4:30-5:00) 6:00 Friday Night Flick (ER)	<i>National Daquiri Day</i> 10:30 Moving & Groovin' with Tanya (ER 10:30-11:00am) 11:15 Trivia Challenge w/ Tanya (ER 11:15-11:45am) 1:30 Afternoon Active Games w/ Tanya (ER 1:30-2:45pm) 3:00 Happy Hour: Daquiris (DR 3:00-4:00pm) 3:45 Bingo Hour w/ Tanya (DR 3:45-4:45pm) 6:00 Saturday Night Movies (ER)
10:15 Catholic Mass via YouTube (LR 10:15-10:45am) 10:45 Morning Yoga & Meditation w/ Ceasarina (ER 10:45-11:15am) 11:15 Cliché Trivia w/ Ceasarina (ER 11:15-11:45am) 1:30 Reminiscing Through the Senses w/ Ceasarina (ER 1:30-2:15pm) 2:15 Name That Tune w/ Ceasarina (ER 2:15-2:45pm) 3:00 Happy Hour: Smoothie Sunday (DR 3:00-4:00pm) 3:45 Cece's Creative Corner (DR 3:45-4:45pm) 6:00 Sunday Night Drive-in (ER)	10:30 Morning Stretch with Ceasarina (ER 10:30-11:00am) 11:00 This Day in History & Daily Chronicles (ER 11:00am-11:45am) 1:30 Exploring Music by Culture w/ Ceasarina (ER 1:30-2:15pm) 2:15 Finishing Lines w/ Ceasarina (ER 2:15-2:45pm) 3:00 Happy Hour: Margarita Monday (DR 3:00-4:00pm) 3:45 Lavender Spa w/ Ceasarina (ER 3:45-4:45pm) 6:00 Monday Night Movie (ER)	<i>Happy Birthday Anthony M! Happy Birthday Marie M! National Sprinkle Day</i> 10:30 Jeopardy Trivia w/ Alexis (LR 10:30-11:00am) 11:00 Tai Chi w/ Thomas (LR 11:00-11:45am) 1:30 Gardening Club w/ Alexis (P 1:30-2:15) 2:15 Mind Stretchers and Word Games w/ Alexis (P 2:15-2:45pm) 3:00 Happy Hour: The Summer Scoop (DR 3:00-4:00pm) 3:45 Taste & Travel Around the World w/ Alexis (DR 3:45-4:45pm) 6:00 Tuesday Night Musical (ER)	<i>Happy Birthday Marlene B!</i> 10:30 Beach Ball Exercise w/ Alexis (ER 10:30-11:00am) 10:30 Out & About with Shamaris & Jen 11:00 Scattergories w/ Alexis (ER 11:00-11:45am) 1:30 Music Therapy with the Music Conservatory of Westchester (ER 1:30-2:30pm) 2:15 Word Teasers w/ Alexis (ER 2:15 - 2:45pm) 3:00 Happy Hour: Wine Down Wednesday (DR 3:00-4:00pm) 3:45 Watercolor Wednesday w/ Alexis (DR 3:45-4:45pm) 6:00 Movie Night (ER)	<i>National Day of the Cowboy</i> 10:30 Mercy College Graduate Discussion group (ER 10:30-11:15am) 11:00 Vocal Gym w/ Joanne (Atrium 11-12am) 11:15 Daily Chronicles & This Day in History with Alexis (ER 11:15-11:45am) 1:30 Horseshoe Toss w/ Alexis (ER 1:30-2:15pm) 2:15 Gold Rush of Knowledge w/ Alexis (ER 2:15-2:45pm) 3:00 Happy Hour: Western Saloon Social (DR 3:00-4:00pm) 4:00 Thats Entertainment with Gigi! (ER 4:00-4:45pm) 6:00 Thursday at the Theater (ER)	10:30 Chair Zumba w/ Alexis (ER 10:30-11:00am) 11:15 Finish the Lyrics w/ Alexis (ER 11:15-11:45am) 1:30 Drum Circle w/ Alexis (ER 1:30-2:15pm) 2:00 Cranium Crunches w/ Alexis (ER 2:00-2:45pm) 3:00 Happy Hour: Flash Back Friday (DR 3:00-4:00pm) 3:45 Creativity & Puzzles w/ Alexis (DR 3:45-4:40pm) 4:30 Shabbat Prayers w/ Shelley (LR 4:30-5:00) 6:00 Friday Night Flick (ER)	10:30 Moving & Groovin' with Tanya (ER 10:30-11:00am) 11:15 Trivia Challenge w/ Tanya (ER 11:15-11:45am) 1:30 Word Games w/ Tanya (ER 1:30-2:00pm) 2:00 Oldies w/ Tommy D! (ER 2:00-3:00pm) 3:00 Happy Hour: Sangria Saturday (DR 3:00-4:00pm) 3:45 Bingo Hour w/ Tanya (DR 3:45-4:45pm) 6:00 Saturday Night Movies (ER)
10:15 Catholic Mass via YouTube (LR 10:15-10:45am) 10:45 Morning Yoga & Meditation w/ Ceasarina (ER 10:45-11:15am) 11:15 Cliché Trivia w/ Ceasarina (ER 11:15-11:45am) 1:30 Reminiscing Through the Senses w/ Ceasarina (ER 1:30-2:15pm) 2:15 Name That Tune w/ Ceasarina (ER 2:15-2:45pm) 3:00 Happy Hour: Smoothie Sunday (DR 3:00-4:00pm) 3:45 Cece's Creative Corner (DR 3:45-4:45pm) 6:00 Sunday Night Drive-in (ER)	10:30 Morning Stretch with Ceasarina (ER 10:30-11:00am) 11:00 This Day in History & Daily Chronicles (ER 11:00am-11:45am) 1:30 Exploring Music by Culture w/ Ceasarina (ER 1:30-2:15pm) 2:15 Finishing Lines w/ Ceasarina (ER 2:15-2:45pm) 3:00 Happy Hour: Margarita Monday (DR 3:00-4:00pm) 3:45 Lavender Spa w/ Ceasarina (ER 3:45-4:45pm) 6:00 Monday Night Movie (ER)	<i>Creative Ice Cream Flavor Day</i> 10:30 Jeopardy Trivia w/ Alexis (LR 10:30-11:00am) 11:00 Tai Chi w/ Thomas (LR 11:00-11:45am) 1:30 You Be The Judge w/ Alexis (ER 1:30-2:15pm) 2:15 Mind Stretchers and Word Games w/ Alexis (ER 2:15-2:45pm) 3:00 Happy Hour: The Summer Scoop (DR 3:00-4:00pm) 3:45 Taste & Travel Around the World w/ Alexis (DR 3:45-4:45pm) 6:00 Tuesday Night Musical (ER)	<i>International Day of Friendship</i> 10:30 Beach Ball Exercise w/ Alexis (ER 10:30-11:00am) 10:30 Out & About with Shamaris & Jen 11:00 Scattergories w/ Alexis (ER 11:00-11:45am) 1:30 Map My Summer w/ Alexis (ER 1:30-2:15pm) 2:15 Word Teasers w/ Alexis (ER 2:15 - 2:45pm) 3:00 Happy Hour: Wine Down Wednesday (DR 3:00-4:00pm) 3:45 Watercolor Wednesday w/ Alexis (DR 3:45-4:45pm) 6:00 Movie Night (ER)	<i>Dog Days of Summer!</i> 10:30 Mercy College Graduate Discussion group (ER 10:30-11:15am) 11:00 Vocal Gym w/ Joanne (Atrium 11-12am) 11:15 Daily Chronicles & This Day in History with Alexis (ER 11:15-11:45am) 1:30 Trivia Paw-Suit w/ Alexis (ER 1:30-2:15pm) 1:45 PupFest: Dog Days Celebration (G2 Garden 1:45-2:45pm) 2:30 Piano Concert w/ Jeffrey (ER 2:30-3:15pm) 3:00 Happy Hour: Tropical Escape Thursday (DR 3:00-4:00pm) 3:45 Karaoke Hour w/ Alexis (ER 3:45-4:45pm) 6:00 Thursday at the Theater (ER)	<i>Bus Schedule</i> <i>Outing Days-</i> AL & Haven Tuesdays, Connections Wednesdays <i>Medical Appointment Days-</i> Monday, Thursday, & Fridays <i>Errand Days-</i> Wednesday Afternoons For further information on scheduling transportation for medical appointments & errands please contact <i>Jennifer Blair, Transportation</i> <i>Transportation@KensingtonSL.com</i>	<i>This is a projected calendar for the month of July 2025. For a more detailed schedule, please refer to the daily activity sheet. For any further questions or comments, please contact:</i> <i>Shamaris Mercado,</i> <i>Life Enrichment Manager.</i> <i>SMercado@KensingtonSL.com</i>

July 2025

Connections Calendar

The Kensington White Plains100 Maple Avenue White Plains, NY, 10601

