



SUN	MON	TUE	WED	THUR	FRI	SAT
<div></div> <div>OCTOBER BREAST CANCER AWARENESS MONTH</div>	<div></div> <div>Happy Halloween</div>	<div>Location Key CR- 2nd Floor Community Room P- Parlor A- Atrium DR- Dining Room L- Library</div>	<div>Yom Kippur Begins International Coffee Day 9:30 Tai Chi w/Thomas (CR 45 Minute Session) 10:30 St. Bernard's Catholic Mass (CR 10:30am-11am) 10:45 Coffee & Conversations w/ Steven (Cafe 10:45-11:30) 10:45 Mahjong Lessons w/ Marsha (Library 10:45-11:45am) 11:15 Holy Rosary (CR 11:15am-11:45am) 1:00 Yom Kippur Service w/ Marsha (CR 1:00-1:30pm) 1:30 Women's Group with Liz (CR) 3:45 Happy Hour: Wine Down Wednesday (DR 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>1</div>	<div>Yom Kippur Ends 10:30 Jeopardy Trivia w/ Steven (CR 10:30am-11am) 11:00 Creative Journaling & Expressive Arts w/ Shammy (Parlor 11-11:45am) 11:00 Kickboxing Exercise w/ Steven (CR 11:00-11:30am) 11:30 Wordle w/ Steven (CR 11:30-11:45am) 1:15 Social 1-1 Visits with Steven (1:15-2:45pm) 1:45 Intergenerational Program: Active Games in Motion w/ Mark & YMSL (CR 1:45-2:45pm) 3:00 Afternoon Documentary (CR) 3:45 Entertainment with Bosco! (Atrium 3:45-4:45pm) 3:45 Happy Hour: Tropical Escape Thursday (DR 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>2</div>	<div>World Smile Day 10:15 Tai Chi w/Thomas (CR 45 Minute Session) 11:15 News & Views w/Marsha (CR 11:15am-11:45am) 1:30 Crosswords w/Marsha (CR 1:30pm-2:15pm) 2:00 Black Jack & Poker Club w/ Steven (Parlor 2:00-2:45pm) 2:30 Shabbat Service (CR 2:30-3:15pm) 3:30 Fitness Friday- Via YouTube (CR 3:30-4pm) 3:45 Happy Hour: Latin Night (DR 3:45-4:45pm) 3:45 Lend Me Your Ears Music w/ Marlane (Atrium 3:45-4:45pm) 6:00 Friday Night Thriller! (CR)</div> <div>3</div>	<div>National Golf Day 10:30 Chair Zumba w/ Kim (CR 10:30am-11am) 11:15 Mind Stretchers w/ Kim (CR 11:15am-11:45am) 1:15 Church of The Living God Non-denominational Service (Library 1:15-1:45pm) 1:45 Mini Golf w/ Kim (CR 1:45-2:45pm) 3:00 PBS Documentary (CR) 3:45 Happy Hour: Smooth Jazz Saturday (DR 3:45-4:45pm) 3:45 Jazz with Miles and Co. (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>4</div>
<div>Happy Birthday Annette W! 10:30 Catholic Mass- Streaming Service (CR 10:30am-11am) 11:15 Trivia Challenge w/ Mark (CR 11:15am-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:00 Football Sunday (L) 1:45 Bingo Bonanza w/ Mark! (CR 1:45-2:45) 3:00 Afternoon Documentary (CR) 3:45 Happy Hour: Social Sunday (DR 3:45-4:45pm) 3:45 That's Entertainment with Gigi! (Atrium 3:45-4:45pm) 6:00 Sunday Night Series Presents - Outlander (CR)</div> <div>5</div>	<div>10:15 Social 1-1 Visits with Steven (10:15-11:45am) 10:15 Tai Chi w/Thomas (CR 45 Minute Session) 11:15 Real Talk w/Phil (CR 11:15am-11:45am) 1:30 Digital Discovery w/ Steven (Library 1:30pm-2:45pm) 1:45 The Soundtrack of Cinema w/ Mark (CR 1:45-2:45pm) 3:00 Afternoon Documentary (CR) 3:45 Happy Hour: Margarita Mondays (DR 3:45-4:45pm) 3:45 Live Entertainment w/ Joe Blanco! (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>6</div>	<div>10:15 Tai Chi w/Thomas (CR 45 Minute Session) 10:45 Mahjong with Marsha (Library 10:45-11:45am) 11:00 This Day in History w/ Steven (CR 11:00-11:45am) 1:30 Anagrams with Steven (CR 1:30pm-2:15pm) 2:15 Retro Games w/ Steven (CR 2:15-2:45pm) 3:00 PBS Documentary (CR) 3:45 Happy Hour: Tea Tuesday (DR 3:45-4:45pm) 3:45 Violin Concert w/ Susan (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>7</div>	<div>Frappe Day 9:30 Tai Chi w/Thomas (CR 45 Minute Session) 10:30 St. Bernard's Catholic Mass (CR 10:30am-11am) 10:45 Coffee & Conversations w/ Steven (Cafe 10:45-11:30) 10:45 Mahjong Lessons w/ Marsha (Library 10:45-11:45am) 11:15 Holy Rosary (CR 11:15am-11:45am) 1:30 Word Games w/ Steven (CR 1:30-2:15pm) 2:15 Music Therapy & Movement with Eric (CR 2:15pm-3:00pm) 3:45 Happy Hour: Whiskey Wednesday (DR 3:45-4:45pm) 3:45 Oldies w/ Tommy Spin (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>8</div>	<div>Oktoberfest 10:30 The History of the Lederhosen & Dindl w/ Steven (CR 10:30am-11am) 11:00 Kickboxing Exercise w/ Steven (CR 11:00-11:30am) 11:30 Wordle w/ Steven (CR 11:30-11:45am) 1:15 Social 1-1 Visits with Steven (1:15-2:45pm) 1:45 Wellness , THRIVE, & PWR w/ Meshel (CR 1:45-2:45pm) 3:00 Afternoon Documentary (CR) 3:45 Entertainment w/ Jazmyn Duo! (Atrium 3:45-4:45pm) 3:45 Happy Hour: Pretzels & Pints (DR 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>9</div>	<div>World Card Making Day 10:15 Tai Chi w/Thomas (CR 45 Minute Session) 11:15 Crosswords w/Marsha (CR 11:15am-11:45am) 1:30 Parkinson's Support Group w/ Joanne (L 1:30-2:30pm) 1:30 Still Significant: Paint It Pink, Cards for a Cause (CR 1:30-2:15pm) 2:30 Shabbat Service (CR 2:30-3:15pm) 3:30 Fitness Friday- Via YouTube (CR 3:30-4pm) 3:45 Happy Hour: Vegas Night (DR 3:45-4:45pm) 3:45 Live Entertainment w/ Gregory (Atrium 3:45-4:45pm) 6:00 Friday Night Thriller! (CR)</div> <div>10</div>	<div>10:30 Chair Zumba w/ Kim (CR 10:30am-11am) 11:15 Mind Stretchers w/ Kim (CR 11:15am-11:45am) 1:45 Historical Lecture with Evan Weiner (CR 1:45-2:45pm) 2:15 Neal's Kensington Choir (CR 2:15-2:45pm) 3:00 PBS Documentary (CR) 3:45 Happy Hour: Speakeasy Night (DR 3:45-4:45pm) 3:45 Oldies Jam with Tommy D (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>11</div>
<div>Cookbook Launch Day 10:30 Catholic Mass- Streaming Service (CR 10:30am-11am) 11:15 Trivia Challenge w/ Mark (CR 11:15am-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:00 Football Sunday (L) 1:30 Intergenerational Program: Sip & Paint Pumpkins w/ Mark and NCL (CR 1:30-2:45pm) 3:00 Afternoon Documentary (CR) 3:45 Happy Hour: Karaoke & Cocktails (DR 3:45-4:45pm) 3:45 Rock N Roll with Lou Patrick! (Atrium 3:45-4:45pm) 6:00 Sunday Night Series Presents - Outlander (CR)</div> <div>12</div>	<div>Indigenous Peoples' Day 10:15 Social 1-1 Visits with Steven (10:15-11:45am) 10:15 Tai Chi w/Thomas (CR 45 Minute Session) 11:00 Open-Minded Current Events w/ Julie (CR 11:00-11:45am) 1:30 Digital Discovery w/ Steven (Library 1:30pm-2:45pm) 1:45 Autumn Taste & Travel Around the World with Mark (CR 1:45-2:45pm) 3:00 Afternoon Documentary (CR) 3:45 Happy Hour: Martini Monday (DR 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>13</div>	<div>National Dessert Day 10:15 Tai Chi w/Thomas (CR 45 Minute Session) 10:45 Mahjong with Marsha (Library 10:45-11:45am) 11:00 This Day in History w/ Steven (CR 11:00am-11:45am) 1:45 Resident Council & Food Committee (CR 1:45-3:00pm) 3:00 Welcome Committee (CR 3pm-3:30pm) 3:45 Happy Hour: Taco & Tequila Tuesday (DR 3:45-4:45pm) 3:45 Howard Cohen on the Cello! (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>14</div>	<div>Happy Birthday Phillip M! Fossil Day 9:30 Tai Chi w/Thomas (CR 45 Minute Session) 10:30 St. Bernard's Catholic Mass (CR 10:30am-11am) 10:45 Coffee & Conversations w/ Steven (Cafe 10:45-11:30) 10:45 Mahjong Lessons w/ Marsha (Library 10:45-11:45am) 11:15 Holy Rosary (CR 11:15am-11:45am) 1:45 Sue Kronish- Putting Poetry on the Page (CR 1:45-2:45pm) 3:45 Happy Hour: Wine Down Wednesday (DR 3:45-4:45pm) 3:45 Jammin with Mike Bram! (A 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>15</div>	<div>10:30 Jeopardy Trivia w/ Steven (CR 10:30am-11am) 11:00 Kickboxing Exercise w/ Steven (CR 11:00-11:30am) 11:30 Wordle w/ Steven (CR 11:30-11:45am) 1:15 Social 1-1 Visits with Steven (1:15-2:45pm) 1:45 Active Games in Motion w/ Mark (CR 1:45-2:45pm) 3:00 Afternoon Documentary (CR) 3:45 Happy Hour: Tropical Escape Thursday (DR 3:45-4:45pm) 3:45 Piano Concert w/ Jeffrey (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>16</div>	<div>10:15 Tai Chi w/Thomas (CR 45 Minute Session) 11:00 Still Significant: Sandwich making for Family Coachman Shelter (CR) 1:30 Crosswords w/Marsha (CR 1:30pm-2:15pm) 2:00 Black Jack & Poker Club w/ Steven (Parlor 2:00-2:45pm) 2:30 Shabbat Service (CR 2:30-3:15pm) 3:30 Fitness Friday- Via YouTube (CR 3:30-4pm) 3:45 Happy Hour: Latin Night (DR 3:45-4:45pm) 3:45 Music w/ James Dower! (Atrium 3:45-4:45pm) 6:00 Friday Night Thriller! (CR)</div> <div>17</div>	<div>Happy Birthday Paula C! 10:30 Chair Zumba w/ Kim (CR 10:30am-11am) 11:15 Mind Stretchers w/ Kim (CR 11:15am-11:45am) 1:45 Sip & Paint with Kim (CR 1:45-2:45pm) 3:00 PBS Documentary (CR) 3:45 Happy Hour: Smooth Jazz Saturday (DR 3:45-4:45pm) 3:45 Jazz with Miles and Co. (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>18</div>
<div>10:30 Catholic Mass- Streaming Service (CR 10:30am-11am) 11:15 Trivia Challenge w/ Mark (CR 11:15am-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:00 Football Sunday (L) 1:45 Bingo Bonanza w/ Mark! (CR 1:45-2:45) 3:00 Afternoon Documentary (CR) 3:45 Happy Hour: Social Sunday (DR 3:45-4:45pm) 3:45 Rock N Roll with Lou Patrick! (Atrium 3:45-4:45pm) 6:00 Sunday Night Series Presents - Outlander (CR)</div> <div>19</div>	<div>10:15 Social 1-1 Visits with Steven (10:15-11:45am) 10:15 Tai Chi w/Thomas (CR 45 Minute Session) 11:15 Real Talk w/Phil (CR 11:15am-11:45am) 1:30 Digital Discovery w/ Steven (Library 1:30pm-2:45pm) 1:45 The Soundtrack of Cinema w/ Mark (CR 1:45-2:45pm) 3:00 Afternoon Documentary (CR) 3:45 Happy Hour: Margarita Mondays (DR 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>20</div>	<div>10:15 Tai Chi w/Thomas (CR 45 Minute Session) 10:45 Mahjong with Marsha (Library 10:45-11:45am) 11:00 This Day in History w/ Steven (CR 11:00-11:45am) 1:30 Anagrams with Steven (CR 1:30pm-2:15pm) 2:15 Retro Games w/ Steven (CR 2:15-2:45pm) 3:00 PBS Documentary (CR) 3:45 Happy Hour: Tea Tuesday (DR 3:45-4:45pm) 3:45 Violin Concert w/ Susan (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>21</div>	<div>4:00 Tai Chi w/Thomas (CR 45 Minute Session) 10:30 St. Bernard's Catholic Mass (CR 10:30am-11am) 10:45 Coffee & Conversations w/ Steven (Cafe 10:45-11:30) 10:45 Mahjong Lessons w/ Marsha (Library 10:45-11:45am) 11:15 Holy Rosary (CR 11:15am-11:45am) 1:30 Word Games w/ Steven (CR 1:30-2:15pm) 2:15 Music Therapy & Movement with Eric (CR 2:15pm-3:00pm) 3:45 Classical Piano Concert with Nicole & Amino! (Atrium 3:45-4:45pm) 3:45 Happy Hour: Whiskey Wednesday (DR 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>22</div>	<div>10:30 Jeopardy Trivia w/ Steven (CR 10:30am-11am) 11:00 Kickboxing Exercise w/ Steven (CR 11:00-11:30am) 11:00 Vocal Gym w/ Joanne (Atrium 11-11:45am) 11:30 Wordle w/ Steven (CR 11:30-11:45am) 1:15 Social 1-1 Visits with Steven (1:15-2:45pm) 1:45 Wellness , THRIVE, & PWR w/ Meshel (CR 1:45-2:45pm) 3:00 Afternoon Documentary (CR) 3:45 Happy Hour: Throwback Thursday (DR 3:45-4:45pm) 3:45 Live Entertainment w/ Joe Blanco! (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>23</div>	<div>10:15 Tai Chi w/Thomas (CR 45 Minute Session) 11:15 News & Views w/Marsha (CR 11:15am-11:45am) 1:30 Crosswords w/Marsha (CR 1:30pm-2:15pm) 2:00 Black Jack & Poker Club w/ Steven (Parlor 2:00-2:45pm) 2:30 Shabbat Service (CR 2:30-3:15pm) 3:30 Fitness Friday- Via YouTube (CR 3:30-4pm) 3:45 Happy Hour: Vegas Night (DR 3:45-4:45pm) 3:45 Lend Me Your Ears Music w/ Marlane (Atrium 3:45-4:45pm) 6:00 Friday Night Thriller! (CR)</div> <div>24</div>	<div>10:30 Chair Zumba w/ Kim (CR 10:30am-11am) 11:15 Mind Stretchers w/ Kim (CR 11:15am-11:45am) 1:45 Sip & Paint w/ Kim (CR 1:45-2:45pm) 2:15 Neal's Kensington Choir (CR 2:15-2:45pm) 3:00 PBS Documentary (CR) 3:45 Happy Hour: Speakeasy Night (DR 3:45-4:45pm) 3:45 Oldies Jam with Tommy D (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>25</div>
<div>National Pumpkin Day 10:30 Catholic Mass- Streaming Service (CR 10:30am-11am) 11:15 Trivia Challenge w/ Mark (CR 11:15am-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:00 Football Sunday (L) 1:45 Bingo Bonanza w/ Mark! (CR 1:45-2:45) 3:00 Afternoon Documentary (CR) 3:45 Happy Hour: Karaoke & Cocktails (DR 3:45-4:45pm) 3:45 That's Entertainment with Gigi! (Atrium 3:45-4:45pm) 6:00 Sunday Night Series Presents - Outlander (CR)</div> <div>26</div>	<div>Black Cat Day 10:15 Social 1-1 Visits with Steven (10:15-11:45am) 10:15 Tai Chi w/Thomas (CR 45 Minute Session) 11:00 Open-Minded Current Events w/ Julie (CR 11:00-11:45am) 1:30 Digital Discovery w/ Steven (Library 1:30pm-2:45pm) 1:45 Autumn Taste & Travel Around the World with Mark (CR 1:45-2:45pm) 3:00 Afternoon Documentary (CR) 3:45 Happy Hour: Martini Monday (DR 3:45-4:45pm) 3:45 Music with Bonnie Rapp (A 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>27</div>	<div>10:15 Tai Chi w/Thomas (CR 45 Minute Session) 10:45 Mahjong with Marsha (Library 10:45-11:45am) 11:00 This Day in History w/ Steven (CR 11:00am-11:45am) 1:30 Anagrams with Steven (CR 1:30pm-2:15pm) 1:30 Literature Club w/ Marsha! (Library 1:30pm-2:45pm) 2:15 Retro Games w/ Steven (CR 2:15-2:45pm) 3:00 PBS Documentary (CR) 3:45 Happy Hour: Taco & Tequila Tuesday (DR 3:45-4:45pm) 3:45 Howard Cohen on the Cello! (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>28</div>	<div>National Frankenstein Day 9:30 Tai Chi w/Thomas (CR 45 Minute Session) 10:30 St. Bernard's Catholic Mass (CR 10:30am-11am) 10:45 Coffee & Conversations w/ Steven (Cafe 10:45-11:30) 10:45 Mahjong Lessons w/ Marsha (Library 10:45-11:45am) 11:15 Holy Rosary (CR 11:15am-11:45am) 1:45 Lavender Spa Afternoon with Shammy (CR 1:45-2:45pm) 3:45 Happy Hour: Wine Down Wednesday (DR 3:45-4:45pm) 3:45 Oldies w/ Tommy Spin (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>29</div>	<div>Haunted Mansion Celebration! 10:30 Spooky Mad Libs w/ Steven (CR 10:30am-11am) 11:00 Haunted Chair-rabics w/ Steven (CR 11:00-11:30am) 11:00 Vocal Gym w/ Joanne (Atrium 11-11:45am) 11:30 Halloween Parade! 1:45 Haunted Halloween Mystery w/ Mark & Steven (CR 1:45-2:45pm) 3:00 Afternoon Documentary (CR) 3:45 Entertainment w/ Jazmyn Duo! (Atrium 3:45-4:45pm) 3:45 Happy Hour: Monster Mash & Mingle (DR 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</div> <div>30</div>	<div>Halloween 10:15 Tai Chi w/Thomas (CR 45 Minute Session) 11:15 Spooky Stories & Poems w/ Marsha (CR 11:15am-11:45am) 1:30 Crosswords: Halloween Edition w/ Marsha (CR 1:30pm-2:15pm) 2:00 Black Jack & Poker Club w/ Steven (Parlor 2:00-2:45pm) 2:30 Shabbat Service (CR 2:30-3:15pm) 3:30 Fitness Friday- Via YouTube (CR 3:30-4pm) 3:45 Happy Hour: Creepy Cocktails & Mocktails (DR 3:45-4:45pm) 3:45 Music w/ James Dower! (Atrium 3:45-4:45pm) 6:00 Friday Night Thriller! (CR)</div> <div>31</div>	<div>This is a projected calendar for the month of October 2025. For a more detailed schedule, please refer to the daily activity sheet. For any further questions or comments, please contact: Shamaris Mercado, Life Enrichment Manager. SMercado@KensingtonSL.com</div>

October 2025

Assisted Living Calendar

The Kensington White Plains 100 Maple Avenue White Plains, NY, 10601

