

SUN MON TUE WED THUR FRI SAT

<p>10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)</p> <p>11:15 Honoring Black History Month w/ Mark (CR 11:15am-11:45am)</p> <p>11:30 Resident & Family Sunday Brunch (DR) 1:45 Bingo Hour w/ Mark! (CR 1:45-2:45)</p> <p>3:00 Mindfulness Meditation with Dan Harris! (CR 3:00- 3:30pm)</p> <p>3:45 Happy Hour: Karaoke & Cocktails (DR 3:45-4:45pm)</p> <p>3:45 Rock N Roll with Lou Patrick! (Atrium 3:45-4:45pm)</p> <p>6:00 Sunday Night Series Presents The Pitt (CR)</p>	<p>1</p>	<p>Groundhog Day National Pizza Day!</p> <p>10:15 Tai Chi w/Thomas (CR 45 Minute Session)</p> <p>11:15 Groundhog Day Trivia w/ Mark (CR 11:15am-11:45am)</p> <p>1:30 Baking Favorite Family Recipes: Pizza w/ Mark (CR 1:30-2:15pm)</p> <p>2:15 Spring or Snow? w/ Mark (CR 2:15-2:45pm)</p> <p>3:00 Afternoon Documentary (CR)</p> <p>3:45 Happy Hour: Margarita Mondays (DR 3:45-4:45pm)</p> <p>3:45 Music w/ James Dower! (Atrium 3:45-4:45pm)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>2</p>	<p>National Frozen Yogurt Day</p> <p>10:15 Tai Chi w/Thomas (CR 45 Minute Session)</p> <p>10:45 Mahjong Club w/ Steven (Library 10:45-11:45am)</p> <p>11:00 This Day in History w/ Mark (CR 11:00-11:45am)</p> <p>1:30 Anagrams with Mark (CR 1:30pm-2:15pm)</p> <p>1:30 Social 1-1 Visits with Steven</p> <p>2:15 Word Picture Puzzles w/ Mark (CR 2:15-2:45pm)</p> <p>3:00 PBS Documentary (CR)</p> <p>3:45 Happy Hour: Tiki Tuesday (DR 3:45-4:45pm)</p> <p>3:45 Oldies with Tommy Spin! (Atrium 3:45-4:45pm)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>3</p>	<p>10:00 Holy Rosary Circle with Mark (CR 10:00am-10:20am)</p> <p>10:30 St. Bernard's Catholic Mass (CR 10:30am-11am)</p> <p>10:45 Mahjong Club w/ Steven (Library 10:45-11:45am)</p> <p>11:15 Morning Yoga & Meditation w/ Mark (CR 11:15am-11:45am)</p> <p>1:30 Women's Group with Liz (CR)</p> <p>3:00 Afternoon Documentary</p> <p>3:45 A.J Freeman Sings Songs from The Golden Age! (Atrium 3:45-4:45pm)</p> <p>Happy Hour: Wine Down Wednesday (DR 3:45-4:45pm)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>4</p>	<p>Viva Las Vegas Family Night!</p> <p>10:30 Chair Zumba w/ Steven (CR 10:30am-11am)</p> <p>11:00 Jeopardy Trivia w/ Steven (CR 11:00-11:30am)</p> <p>11:30 Wordle w/ Steven (CR 11:30-11:45am)</p> <p>1:15 Social 1-1 Visits with Steven (1:15-2:45pm)</p> <p>1:45 Creative Journaling & Expressive Arts w/ Shammy (CR 1:45-2:45)</p> <p>Afternoon Documentary (CR)</p> <p>4:00 Viva Las Vegas Family Night! (Atrium, Cafe, Dining Room)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>5</p>	<p>Winter Olympics Opening! Happy Birthday Ed!</p> <p>10:15 Tai Chi w/Thomas (CR 45 Minute Session)</p> <p>11:15 News & Views w/ Steven (CR 11:15am-11:45am)</p> <p>1:30 Crosswords Puzzles w/ Steven (CR 1:30pm-2:15pm)</p> <p>2:30 Shabbat Service (CR 2:30-3:15pm)</p> <p>3:30 Fitness Friday- Via YouTube (CR 3:30-4pm)</p> <p>3:45 Happy Hour: TGIF (DR 3:45-4:45pm)</p> <p>3:45 Lend Me Your Ears Music w/ Marlana (Atrium 3:45-4:45pm)</p> <p>6:00 Friday Night Thriller! (CR)</p>	<p>6</p>	<p>Send A Card to A Friend Day!</p> <p>10:30 Stretch & Strength Saturday w/ Evie (CR 10:30am-11am)</p> <p>11:15 Mind Stretches w/ Evie (CR 11:15am-11:45am)</p> <p>1:15 Church of The Living God Non-denominational Service (Library 1:15-1:45pm)</p> <p>1:45 Amy Ahler! Present Great Songs from 1930s-1960s Part 1 (CR 1:45-2:45pm)</p> <p>3:00 PBS Documentary (CR)</p> <p>3:45 Happy Hour: Speakeasy Night (DR 3:45-4:45pm)</p> <p>3:45 Jazz with Miles and Co. (Atrium 3:45-4:45pm)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>7</p>
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<p>Superbowl Sunday! Happy Birthday Sheryl TI</p> <p>10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)</p> <p>10:30 Neal's Kensington Choir (Parlor 10:30-11:00am)</p> <p>11:15 Honoring Black History Month w/ Mark (CR 11:15am-11:45am)</p> <p>11:30 Resident & Family Sunday Brunch (DR) 1:45 Bingo Hour w/ Mark! (CR 1:45-2:45)</p> <p>3:00 Afternoon Documentary (CR)</p> <p>3:45 Happy Hour: Social Sunday (DR 3:45-4:45pm)</p> <p>3:45 Rock N Roll with Lou Patrick! (Atrium 3:45-4:45pm)</p> <p>6:00 SuperBowl KickBack! (CR)</p>	<p>8</p>	<p>10:15 Tai Chi w/Thomas (CR 45 Minute Session)</p> <p>11:00 Open-Minded Current Events w/ Julie (CR 11:00-11:45am)</p> <p>1:30 Armchair Travel w/ Mark (CR 1:30-2:15pm)</p> <p>2:15 Music Therapy & Movement with Eric (CR 2:15pm-3:00pm)</p> <p>3:00 Afternoon Documentary (CR)</p> <p>3:45 Happy Hour: Martini Monday (DR 3:45-4:45pm)</p> <p>3:45 Live Acoustic Afternoon w/Julio (Atrium 3:45-4:45pm)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>9</p>	<p>10:15 Tai Chi w/Thomas (CR 45 Minute Session)</p> <p>10:45 Mahjong Club w/ Steven (Library 10:45-11:45am)</p> <p>11:00 This Day in History w/ Mark (CR 11:00am-11:45am)</p> <p>1:45 Resident Council & Food Committee (CR 1:45-3:00pm)</p> <p>3:00 Welcome Committee (CR 3pm-3:30pm)</p> <p>3:45 Entertainment w/ Jazmyn Duo! (Atrium 3:45-4:45pm)</p> <p>3:45 Happy Hour: Tequila Tuesday (DR 3:45-4:45pm)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>10</p>	<p>Happy Birthday Marilyn D!</p> <p>10:00 Holy Rosary Circle with Mark (CR 10:00am-10:20am)</p> <p>10:30 St. Bernard's Catholic Mass (CR 10:30am-11am)</p> <p>10:45 Mahjong Club w/ Steven (Library 10:45-11:45am)</p> <p>11:15 Morning Yoga & Meditation w/ Mark (CR 11:15am-11:45am)</p> <p>1:45 Lavender Spa Afternoon with Shammy (CR 1:45-2:45pm)</p> <p>3:45 Happy Hour: Whiskey Wednesday (DR 3:45-4:45pm)</p> <p>3:45 Jammin with Mike Bram! (A 3:45-4:45pm)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>11</p>	<p>Abraham Lincoln's Birthday!</p> <p>10:30 Wellness, THRIVE, & PWR w/ Meshel (CR 10:30am-11:15am)</p> <p>11:00 Jeopardy Trivia w/ Steven (CR 11:00-11:30am)</p> <p>11:30 Wordle w/ Steven (CR 11:30-11:45am)</p> <p>1:15 Social 1-1 Visits with Steven (1:15-2:45pm)</p> <p>1:45 Jewelry Creations w/ Mark (CR 1:45-2:45pm)</p> <p>3:00 Afternoon Documentary (CR)</p> <p>3:45 Classic Hits with Harry Strunk! (Atrium 3:45-4:45pm)</p> <p>3:45 Happy Hour: Tropical Escape Thursday (DR 3:45-4:45pm)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>12</p>	<p>Get A Different Name Day Happy Birthday Theresa G!</p> <p>10:15 Tai Chi w/Thomas (CR 45 Minute Session)</p> <p>11:15 News & Views w/ Steven (CR 11:15am-11:45am)</p> <p>1:30 Crosswords Puzzles w/ Steven (CR 1:30pm-2:15pm)</p> <p>1:30 Parkinson's Support Group w/ Joanne (L 1:30-2:30pm)</p> <p>2:30 Shabbat Service (CR 2:30-3:15pm)</p> <p>3:30 Fitness Friday- Via YouTube (CR 3:30-4pm)</p> <p>3:45 Happy Hour: Latin Night (DR 3:45-4:45pm)</p> <p>3:45 Music with Bonnie Rapp! (A 3:45-4:45pm)</p> <p>6:00 Friday Night Thriller! (CR)</p>	<p>13</p>	<p>Valentine's Day</p> <p>10:30 Be Fit & Factual: Valentines Day Edition w/ Evie (CR 10:30am-11am)</p> <p>11:15 Love is in the Air Trivia w/ Evie (CR 11:15am-11:45am)</p> <p>1:45 Historical Lecture w/ Evan Weiner (CR 1:45-2:45pm)</p> <p>3:00 PBS Documentary (CR)</p> <p>3:45 Happy Hour: Smooth Jazz Saturday (DR 3:45-4:45pm)</p> <p>3:45 Oldies Jam with Tommy D (Atrium 3:45-4:45pm)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>14</p>
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<p>Chinese New Year Celebration!</p> <p>10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)</p> <p>11:15 Lunar New Year Around The World w/ Mark (CR 11:15am-11:45am)</p> <p>11:30 Resident & Family Sunday Brunch (DR) 1:45 Bingo Hour w/ Mark! (CR 1:45-2:45)</p> <p>3:00 Afternoon Documentary (CR)</p> <p>3:45 Happy Hour: Karaoke & Cocktails (DR 3:45-4:45pm)</p> <p>3:45 That's Entertainment with Gigi! (Atrium 3:45-4:45pm)</p> <p>6:00 Sunday Night Series Presents The Pitt (CR)</p>	<p>15</p>	<p>President's Day Dog Biscuit Appreciation Day Happy Birthday Pentti II</p> <p>10:15 Tai Chi w/Thomas (CR 45 Minute Session)</p> <p>11:15 First Ladies Who Am I? w/ Mark (CR 11:15am-11:45am)</p> <p>1:30 Still Significant: Dog Treats w/ Mark (CR 1:30-2:15pm)</p> <p>2:15 Presidential Riddles w/ Mark (CR 2:15-2:45pm)</p> <p>3:00 Afternoon Documentary (CR)</p> <p>3:45 Entertainment with Bosco! (Atrium 3:45-4:45pm)</p> <p>3:45 Happy Hour: Margarita Mondays (DR 3:45-4:45pm)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>16</p>	<p>Beginning of Ramadan Mardi Gras</p> <p>10:15 Tai Chi w/Thomas (CR 45 Minute Session)</p> <p>10:45 Mahjong Club w/ Steven (Library 10:45-11:45am)</p> <p>11:00 Mardi Gras Jeopardy w/ Mark (CR 11:00-11:45am)</p> <p>1:30 Carnival Mask & Beads Creations w/ Mark (CR 1:30pm-2:15pm)</p> <p>2:15 Mardi Gras Krewes Discussion w/ Mark (CR 2:15-2:45pm)</p> <p>3:00 PBS Documentary (CR)</p> <p>3:45 Happy Hour: Tiki Tuesday (DR 3:45-4:45pm)</p> <p>3:45 Sounds of The Soul w/ Rhonda! (Atrium 3:45-4:45pm)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>17</p>	<p>Ash Wednesday</p> <p>10:00 Holy Rosary Circle with Mark (CR 10:00am-10:20am)</p> <p>10:30 St. Bernard's Catholic Mass (CR 10:30am-11am)</p> <p>10:45 Mahjong Club w/ Steven (Library 10:45-11:45am)</p> <p>11:15 Morning Yoga & Meditation w/ Mark (CR 11:15am-11:45am)</p> <p>1:45 Sue Kronish- Puffing Poetry on the Page (CR 1:45-2:45pm)</p> <p>3:45 Happy Hour: Wine Down Wednesday (DR 3:45-4:45pm)</p> <p>3:45 Howard Cohen on the Cello! (Atrium 3:45-4:45pm)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>18</p>	<p>10:30 Chair Zumba w/ Steven (CR 10:30am-11am)</p> <p>11:00 Jeopardy Trivia w/ Steven (CR 11:00-11:30am)</p> <p>11:00 Vocal Gym w/ Joanne (Atrium 11-11:45am)</p> <p>11:30 Wordle w/ Steven (CR 11:30-11:45am)</p> <p>1:15 Social 1-1 Visits with Steven (1:15-2:45pm)</p> <p>1:45 Sip & Paint w/ Mark (CR 1:45-2:45pm)</p> <p>3:00 Afternoon Documentary (CR)</p> <p>3:45 Classic Hits with Harry Strunk! (Atrium 3:45-4:45pm)</p> <p>3:45 Happy Hour: Throwback Thursday (DR 3:45-4:45pm)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>19</p>	<p>Love Your Pet Day</p> <p>10:15 Tai Chi w/Thomas (CR 45 Minute Session)</p> <p>11:00 Still Significant: Sandwich making for Family Coachman Shelter (CR)</p> <p>11:15 News & Views w/ Steven (CR 11:15am-11:45am)</p> <p>1:30 Crosswords Puzzles w/ Steven (CR 1:30pm-2:15pm)</p> <p>2:30 Shabbat Service (CR 2:30-3:15pm)</p> <p>3:30 Fitness Friday- Via YouTube (CR 3:30-4pm)</p> <p>3:45 Happy Hour: TGIF (DR 3:45-4:45pm)</p> <p>3:45 Lend Me Your Ears Music w/ Marlana (Atrium 3:45-4:45pm)</p> <p>6:00 Friday Night Thriller! (CR)</p>	<p>20</p>	<p>10:30 Stretch & Strength Saturday w/ Evie (CR 10:30am-11am)</p> <p>11:15 Mind Stretches w/ Evie (CR 11:15am-11:45am)</p> <p>1:45 Amy Ahler! Present Great Songs from 1930s-1960s Part 2 (CR 1:45-2:45pm)</p> <p>3:00 PBS Documentary (CR)</p> <p>3:45 Happy Hour: Speakeasy Night (DR 3:45-4:45pm)</p> <p>3:45 Jazz with Miles and Co. (Atrium 3:45-4:45pm)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>21</p>
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<p>George Washington's Birthday</p> <p>10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)</p> <p>10:30 Neal's Kensington Choir (Parlor 10:30-11:00am)</p> <p>11:15 Honoring Black History Month w/ Mark (CR 11:15am-11:45am)</p> <p>11:30 Resident & Family Sunday Brunch (DR) 1:45 Bingo Hour w/ Mark! (CR 1:45-2:45)</p> <p>3:00 Afternoon Documentary (CR)</p> <p>3:45 Happy Hour: Social Sunday (DR 3:45-4:45pm)</p> <p>3:45 That's Entertainment with Gigi! (Atrium 3:45-4:45pm)</p> <p>6:00 Sunday Night Series Presents The Pitt (CR)</p>	<p>22</p>	<p>10:15 Tai Chi w/Thomas (CR 45 Minute Session)</p> <p>11:00 Open-Minded Current Events w/ Julie (CR 11:00-11:45am)</p> <p>1:30 Armchair Travel w/ Mark (CR 1:30-2:15pm)</p> <p>2:15 Music Therapy & Movement with Eric (CR 2:15pm-3:00pm)</p> <p>3:00 Afternoon Documentary (CR)</p> <p>3:45 A.J Freeman Sings Songs from The Golden Age! (Atrium 3:45-4:45pm)</p> <p>3:45 Happy Hour: Martini Monday (DR 3:45-4:45pm)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>23</p>	<p>10:15 Tai Chi w/Thomas (CR 45 Minute Session)</p> <p>10:45 Mahjong Club w/ Steven (Library 10:45-11:45am)</p> <p>11:00 This Day in History w/ Mark (CR 11:00am-11:45am)</p> <p>1:30 Anagrams with Mark (CR 1:30pm-2:15pm)</p> <p>1:30 Social 1-1 Visits with Steven</p> <p>2:15 Word Picture Puzzles w/ Mark (CR 2:15-2:45pm)</p> <p>3:00 PBS Documentary (CR)</p> <p>3:45 Entertainment w/ Jazmyn Duo! (Atrium 3:45-4:45pm)</p> <p>3:45 Happy Hour: Tequila Tuesday (DR 3:45-4:45pm)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>24</p>	<p>10:00 Holy Rosary Circle with Mark (CR 10:00am-10:20am)</p> <p>10:30 St. Bernard's Catholic Mass (CR 10:30am-11am)</p> <p>10:45 Mahjong Club w/ Steven (Library 10:45-11:45am)</p> <p>11:15 Morning Yoga & Meditation w/ Mark (CR 11:15am-11:45am)</p> <p>1:45 Lavender Spa Afternoon with Shammy (CR 1:45-2:45pm)</p> <p>3:45 Happy Hour: Whiskey Wednesday (DR 3:45-4:45pm)</p> <p>3:45 Jammin with Mike Bram! (A 3:45-4:45pm)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>25</p>	<p>Wellness, THRIVE, & PWR w/ Meshel (CR 10:30am-11:15am)</p> <p>11:00 Jeopardy Trivia w/ Steven (CR 11:00-11:30am)</p> <p>11:00 Vocal Gym w/ Joanne (Atrium 11-11:45am)</p> <p>11:30 Wordle w/ Steven (CR 11:30-11:45am)</p> <p>1:15 Social 1-1 Visits with Steven (1:15-2:45pm)</p> <p>1:45 The Kensington Kash Monthly Auction! (CR 1:45-2:45pm)</p> <p>3:00 Afternoon Documentary (CR)</p> <p>3:45 Happy Hour: Tropical Escape Thursday (DR 3:45-4:45pm)</p> <p>3:45 Live Acoustic Afternoon w/Julio (Atrium 3:45-4:45pm)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>26</p>	<p>10:15 Tai Chi w/Thomas (CR 45 Minute Session)</p> <p>11:15 News & Views w/ Steven (CR 11:15am-11:45am)</p> <p>1:30 Crosswords Puzzles w/ Steven (CR 1:30pm-2:15pm)</p> <p>2:30 Shabbat Service (CR 2:30-3:15pm)</p> <p>3:30 Fitness Friday- Via YouTube (CR 3:30-4pm)</p> <p>3:45 Happy Hour: Latin Night (DR 3:45-4:45pm)</p> <p>3:45 Live Entertainment w/ Gene DiNapoli! (Atrium 3:45-4:45pm)</p> <p>6:00 Friday Night Thriller! (CR)</p>	<p>27</p>	<p>10:30 Stretch & Strength Saturday w/ Evie (CR 10:30am-11am)</p> <p>11:15 Mind Stretches w/ Evie (CR 11:15am-11:45am)</p> <p>1:45 Opera Lecture w/ Joe Lawliss (CR 1:45-2:45pm)</p> <p>3:00 PBS Documentary (CR)</p> <p>3:45 Happy Hour: Smooth Jazz Saturday (DR 3:45-4:45pm)</p> <p>3:45 Oldies Jam with Tommy D (Atrium 3:45-4:45pm)</p> <p>6:00 Nightly Movie (2nd floor CR)</p>	<p>28</p>
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This is a projected calendar for the month of February 2026. For a more detailed schedule, please refer to the daily activity sheet. For any further questions or comments, please contact: Shamaris Mercado, Life Enrichment Manager. S.Mercado@KensingtonSL.com

Bus Schedule
 Outing Days- AL & Haven Tuesdays, KClub & Connections Wednesdays
 Medical Appointment Days- Monday, Thursday, & Fridays
 Errand Days- Wednesday Afternoons
 Sign up for outings are located at the concierge desk
 For further information on scheduling transportation for medical appointments & errands please contact Jennifer Blair, Transportation Transportation@KensingtonSL.com

Location Key
 CR- 2nd Floor Community Room
 P- Parlor
 A- Atrium
 DR- Dining Room
 L- Library



February 2026

Assisted Living Calendar

The Kensington White Plains 100 Maple Avenue White Plains, NY, 10601

