

**SUN MON TUE WED THUR FRI SAT**

<p>10:15 Catholic Mass via YouTube (LR 10:15-10:45am)</p> <p>10:45 Morning Yoga &amp; Meditation w/ Ceasarina (ER 10:45-11:15am)</p> <p>11:15 Honoring Black History Month w/ Ceasarina (ER 11:15-11:45am)</p> <p>11:30 Resident &amp; Family Sunday Brunch (DR)</p> <p>1:00 Football Sunday (ER)</p> <p>1:30 Literature Club w/ Ceasarina (LR 1:30-2:15pm)</p> <p>2:00 Concert with Grigory! (LR 2:00-2:45pm)</p> <p>3:00 Happy Hour: Karaoke &amp; Cocktails (DR 3:00-4:00pm)</p> <p>3:45 Marvelous Lavender Spa &amp; Massage w/ Ceasarina (ER 3:45-4:45pm)</p> <p>6:00 Sunday Night Drive-in (ER)</p>	<p><b>1</b></p>	<p><b>Groundhog Day National Pizza Day!</b></p> <p>10:30 Move-It Monday with Ceasarina (ER 10:30-11:00am)</p> <p>11:00 This Day in History &amp; Daily Chronicles w/ Cece (ER 11:00am-11:45am)</p> <p>1:30 Music &amp; Memories w/ Ceasarina (ER 1:30-2:15pm)</p> <p>2:15 Finishing Lines w/ Ceasarina (ER 2:15-2:45pm)</p> <p>3:00 Happy Hour: Margarita Monday (DR 3:00-4:00pm)</p> <p>3:45 Sip &amp; Poetry w/ Ceasarina (ER 3:45-4:45pm)</p> <p>6:00 Monday Night Movie (ER)</p>	<p><b>2</b></p>	<p><b>National Frozen Yogurt Day</b></p> <p>10:30 Activity Connections Trivia w/ Evie (LR 10:30-11:00am)</p> <p>11:00 Tai Chi w/ Thomas (LR 11:00-11:45am)</p> <p>1:30 Conversation Ball w/ Evie (ER 1:30-2:00pm)</p> <p>2:00 Word Picture Puzzles w/ Evie (ER 2:15-2:45pm)</p> <p>3:00 Happy Hour: Tea Tuesday (DR 3:00-4:00pm)</p> <p>3:45 A.J Freeman Sings Songs from The Golden Age! (ER 3:45-4:45pm)</p> <p>6:00 Tuesday Night Musical (ER)</p>	<p><b>3</b></p>	<p>10:30 Out &amp; About with Shamaris &amp; Leroy</p> <p>10:30 Wellness Wednesday Workout w/ Evie (ER 10:30-11:00am)</p> <p>11:00 Time Machine Trivia w/ Evie (ER 11:00-11:45am)</p> <p>1:30 Lavender Spa Afternoon with Evie (LR 1:30-2:15pm)</p> <p>2:15 Word Teasers w/ Evie (ER 2:15 - 2:45pm)</p> <p>3:00 Happy Hour: Wine Down Wednesday (DR 3:00-4:00pm)</p> <p>3:45 Live Entertainment! (ER 3:45-4:45pm)</p> <p>6:00 Movie Night (ER)</p>	<p><b>4</b></p>	<p><b>Viva Las Vegas Family Night!</b></p> <p>10:30 Mercy College Graduate Discussion group (ER 10:30-11:15am)</p> <p>11:15 Crosswords Puzzles w/ Evie (ER 11:15-11:45am)</p> <p>1:45 Oldies Jam with Tommy D! (ER 1:45-2:45pm)</p> <p>3:00 Happy Hour: Throwback Thursday (DR 3:00-4:00pm)</p> <p>3:45 Balloon Badminton w/ Evie (ER 3:45-4:45pm)</p> <p>4:00 Viva Las Vegas Family Night! (Atrium, Cafe, Dining Room)</p> <p>6:00 Thursday at the Theater (ER)</p>	<p><b>5</b></p>	<p><b>Winter Olympics Opening!</b></p> <p>10:30 Fitness Friday w/ Evie (ER 10:30-11:00am)</p> <p>11:15 Finish the Lyrics w/ Evie (ER 11:15-11:45am)</p> <p>1:30 Armchair Travel w/ Evie (ER 1:30-2:15pm)</p> <p>2:15 Winter Olympics w/ Evie (ER 2:15-2:45pm)</p> <p>3:00 Happy Hour: Flash Back Friday (DR 3:00-4:00pm)</p> <p>3:45 Baking Favorite Family Recipes w/ Evie (DR 3:45-4:40pm)</p> <p>4:30 Shabbat Prayers w/ Shelley (LR 4:30-5:00)</p> <p>6:00 Friday Night Flick (ER)</p>	<p><b>6</b></p>	<p><b>Send A Card to A Friend Day!</b></p> <p>10:30 Moving &amp; Groovin' with Tanya (ER 10:30-11:00am)</p> <p>11:15 Trivia Challenge w/ Tanya (ER 11:15-11:45am)</p> <p>1:30 Silent Dance Party &amp; Games w/ Tanya (ER 1:30-2:15pm)</p> <p>2:15 Who, What, Where w/ Tanya (ER 2:15-2:45pm)</p> <p>3:00 Happy Hour: Sangria Saturday (DR 3:00-4:00pm)</p> <p>3:45 Lend Me Your Ears Music w/ Marlana! (ER 3:45-4:45pm)</p> <p>6:00 Saturday Night Movies (ER)</p>	<p><b>7</b></p>
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<p><b>Superbowl Sunday!</b></p> <p>10:15 Catholic Mass via YouTube (LR 10:15-10:45am)</p> <p>10:45 Morning Yoga &amp; Meditation w/ Ceasarina (ER 10:45-11:15am)</p> <p>11:15 Honoring Black History Month w/ Ceasarina (ER 11:15-11:45am)</p> <p>11:30 Resident &amp; Family Sunday Brunch (DR)</p> <p>1:30 Literature Club w/ Ceasarina (LR 1:30-2:15pm)</p> <p>2:15 Cece's Creative Corner (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Social Sunday (DR 3:00-4:00pm)</p> <p>3:45 Jammin with Mike Bram! (ER 3:45-4:45pm)</p> <p>6:00 SuperBowl KickBack! (ER)</p>	<p><b>8</b></p>	<p>10:30 Move-It Monday with Ceasarina (ER 10:30-11:00am)</p> <p>11:00 This Day in History &amp; Daily Chronicles w/ Cece (ER 11:00am-11:45am)</p> <p>1:30 Music &amp; Memories w/ Ceasarina (ER 1:30-2:15pm)</p> <p>2:15 Finishing Lines w/ Ceasarina (ER 2:15-2:45pm)</p> <p>3:00 Happy Hour: Margarita Monday (DR 3:00-4:00pm)</p> <p>3:45 Sip &amp; Poetry w/ Ceasarina (ER 3:45-4:45pm)</p> <p>6:00 Monday Night Movie (ER)</p>	<p><b>9</b></p>	<p>10:30 Activity Connections Trivia w/ Evie (LR 10:30-11:00am)</p> <p>11:00 Tai Chi w/ Thomas (LR 11:00-11:45am)</p> <p>1:30 Conversation Ball w/ Evie (ER 1:30-2:00pm)</p> <p>2:00 Word Picture Puzzles w/ Evie (ER 2:15-2:45pm)</p> <p>3:00 Happy Hour: Tea Tuesday (DR 3:00-4:00pm)</p> <p>3:45 A.J Freeman Sings Songs from The Golden Age! (ER 3:45-4:45pm)</p> <p>6:00 Tuesday Night Musical (ER)</p>	<p><b>10</b></p>	<p>10:30 Out &amp; About with Shamaris &amp; Leroy</p> <p>10:30 Wellness Wednesday Workout w/ Evie (ER 10:30-11:00am)</p> <p>11:00 Time Machine Trivia w/ Evie (ER 11:00-11:45am)</p> <p>1:30 Music Therapy with the Music Conservatory of Westchester (ER 1:30-2:30pm)</p> <p>2:15 Word Teasers w/ Evie (ER 2:15 - 2:45pm)</p> <p>3:00 Happy Hour: Wine Down Wednesday (DR 3:00-4:00pm)</p> <p>3:45 Craft Creations w/ Evie (DR 3:45-4:45pm)</p> <p>6:00 Movie Night (ER)</p>	<p><b>11</b></p>	<p><b>Abraham Lincoln's Birthday!</b></p> <p>10:30 Mercy College Graduate Discussion group (ER 10:30-11:15am)</p> <p>11:15 Crosswords Puzzles w/ Evie (ER 11:15-11:45am)</p> <p>1:30 Balloon Badminton w/ Evie (ER 1:30-2:15pm)</p> <p>2:15 Mind Joggers w/ Evie (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Throwback Thursday (DR 3:00-4:00pm)</p> <p>4:00 Thats Entertainment with Gigi! (ER 4:00-4:45pm)</p> <p>6:00 Thursday at the Theater (ER)</p>	<p><b>12</b></p>	<p><b>Get A Different Name Day</b></p> <p>10:30 Fitness Friday w/ Evie (ER 10:30-11:00am)</p> <p>11:15 Finish the Lyrics w/ Evie (ER 11:15-11:45am)</p> <p>1:30 Armchair Travel w/ Evie (ER 1:30-2:15pm)</p> <p>2:15 Round Robin Story Telling w/ Evie (ER 2:15-2:45pm)</p> <p>3:00 Happy Hour: Flash Back Friday (DR 3:00-4:00pm)</p> <p>3:45 Baking Favorite Family Recipes w/ Evie (DR 3:45-4:40pm)</p> <p>4:30 Shabbat Prayers w/ Shelley (LR 4:30-5:00)</p> <p>6:00 Friday Night Flick (ER)</p>	<p><b>13</b></p>	<p><b>Valentine's Day</b></p> <p>10:30 Moving &amp; Groovin' with Tanya (ER 10:30-11:00am)</p> <p>11:15 Love is in The Air Trivia w/ Tanya (ER 11:15-11:45am)</p> <p>1:30 Famous Love Letters w/ Tanya (ER 1:30-2:00pm)</p> <p>2:00 Oldies w/ Tommy D! (ER 2:00-3:00pm)</p> <p>3:00 Happy Hour: Sangria Saturday (DR 3:00-4:00pm)</p> <p>3:45 Heart Art w/ Tanya (DR 3:45-4:45pm)</p> <p>6:00 Saturday Night Movies (ER)</p>	<p><b>14</b></p>
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<p><b>Chinese New Year Celebration!</b></p> <p>10:15 Catholic Mass via YouTube (LR 10:15-10:45am)</p> <p>10:45 Morning Yoga &amp; Meditation w/ Ceasarina (ER 10:45-11:15am)</p> <p>11:15 Honoring Black History Month w/ Ceasarina (ER 11:15-11:45am)</p> <p>11:30 Resident &amp; Family Sunday Brunch (DR)</p> <p>1:30 Luna New Year Around the World w/ Ceasarina (LR 1:30-2:15pm)</p> <p>2:15 Cece's Creative Corner: Lanterns (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Social Sunday (DR 3:00-4:00pm)</p> <p>3:45 Lend Me Your Ears Music w/ Marlana! (ER 3:45-4:45pm)</p> <p>6:00 Sunday Night Drive-in (ER)</p>	<p><b>15</b></p>	<p><b>President's Day Dog Biscuit Appreciation Day</b></p> <p>10:30 Presidential Fitness Trial with Ceasarina (ER 10:30-11:00am)</p> <p>11:00 This Day in History &amp; Daily Chronicles w/ Cece (ER 11:00am-11:45am)</p> <p>1:30 First Ladies: Who Am I? w/ Ceasarina (ER 1:30-2:15pm)</p> <p>2:15 Presidential Riddles w/ Ceasarina (ER 2:15-2:45pm)</p> <p>3:00 Happy Hour: Margarita Monday (DR 3:00-4:00pm)</p> <p>3:45 Sip &amp; Poetry w/ Ceasarina (ER 3:45-4:45pm)</p> <p>6:00 Monday Night Movie (ER)</p>	<p><b>16</b></p>	<p><b>Beginning of Ramadan Mardi Gras</b></p> <p>10:30 Mardi Gras jeopardy w/ Evie (LR 10:30-11:00am)</p> <p>11:00 Tai Chi w/ Thomas (LR 11:00-11:45am)</p> <p>1:30 Carnival Mask Creations w/ Evie (ER 1:30-2:00pm)</p> <p>2:00 Word Picture Puzzles w/ Evie (ER 2:15-2:45pm)</p> <p>3:00 Happy Hour: Tea Tuesday (DR 3:00-4:00pm)</p> <p>3:45 Music w/ James Dower! (ER 3:45-4:45pm)</p> <p>6:00 Tuesday Night Musical (ER)</p>	<p><b>17</b></p>	<p><b>Ash Wednesday</b></p> <p>10:30 Out &amp; About with Shamaris &amp; Leroy</p> <p>10:30 Wellness Wednesday Workout w/ Evie (ER 10:30-11:00am)</p> <p>11:00 Time Machine Trivia w/ Evie (ER 11:00-11:45am)</p> <p>1:30 Lavender Spa Afternoon with Evie (LR 1:30-2:15pm)</p> <p>2:15 Word Teasers w/ Evie (ER 2:15 - 2:45pm)</p> <p>3:00 Happy Hour: Wine Down Wednesday (DR 3:00-4:00pm)</p> <p>3:45 Live Entertainment! (ER 3:45-4:45pm)</p> <p>6:00 Movie Night (ER)</p>	<p><b>18</b></p>	<p>10:30 Mercy College Graduate Discussion group (ER 10:30-11:15am)</p> <p>11:00 Vocal Gym w/ Joanne (Atrium 11-12am)</p> <p>11:15 Crosswords Puzzles w/ Evie (ER 11:15-11:45am)</p> <p>1:30 Balloon Badminton w/ Evie (ER 1:30-2:15pm)</p> <p>2:15 Mind Joggers w/ Evie (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Throwback Thursday (DR 3:00-4:00pm)</p> <p>3:45 Live Acoustic Afternoon w/Julio (ER 3:45-4:45pm)</p> <p>6:00 Thursday at the Theater (ER)</p>	<p><b>19</b></p>	<p><b>Love Your Pet Day</b></p> <p>10:30 Fitness Friday w/ Evie (ER 10:30-11:00am)</p> <p>11:15 Finish the Lyrics w/ Evie (ER 11:15-11:45am)</p> <p>1:30 Armchair Travel w/ Evie (ER 1:30-2:15pm)</p> <p>2:15 Round Robin Story Telling w/ Evie (ER 2:15-2:45pm)</p> <p>3:00 Happy Hour: Flash Back Friday (DR 3:00-4:00pm)</p> <p>3:45 Baking Favorite Family Recipes w/ Evie (DR 3:45-4:40pm)</p> <p>4:30 Shabbat Prayers w/ Shelley (LR 4:30-5:00)</p> <p>6:00 Friday Night Flick (ER)</p>	<p><b>20</b></p>	<p>10:30 Moving &amp; Groovin' with Tanya (ER 10:30-11:00am)</p> <p>11:15 Trivia Challenge w/ Tanya (ER 11:15-11:45am)</p> <p>1:45 Howard Cohen on the Cello! (ER 1:30-2:15pm)</p> <p>3:00 Happy Hour: Sangria Saturday (DR 3:00-4:00pm)</p> <p>3:45 Bingo Hour w/ Tanya (DR 3:45-4:45pm)</p> <p>6:00 Saturday Night Movies (ER)</p>	<p><b>21</b></p>
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<p><b>George Washington's Birthday</b></p> <p>10:15 Catholic Mass via YouTube (LR 10:15-10:45am)</p> <p>10:45 Morning Yoga &amp; Meditation w/ Ceasarina (ER 10:45-11:15am)</p> <p>11:15 Honoring Black History Month w/ Ceasarina (ER 11:15-11:45am)</p> <p>11:30 Resident &amp; Family Sunday Brunch (DR)</p> <p>1:30 Literature Club w/ Ceasarina (LR 1:30-2:15pm)</p> <p>2:15 Cece's Creative Corner (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Social Sunday (DR 3:00-4:00pm)</p> <p>3:45 Jammin with Mike Bram! (ER 3:45-4:45pm)</p> <p>6:00 Sunday Night Drive-in (ER)</p>	<p><b>22</b></p>	<p>10:30 Move-It Monday with Ceasarina (ER 10:30-11:00am)</p> <p>11:00 This Day in History &amp; Daily Chronicles w/ Cece (ER 11:00am-11:45am)</p> <p>1:30 Music &amp; Memories w/ Ceasarina (ER 1:30-2:15pm)</p> <p>2:15 Finishing Lines w/ Ceasarina (ER 2:15-2:45pm)</p> <p>3:00 Happy Hour: Margarita Monday (DR 3:00-4:00pm)</p> <p>3:45 Sip &amp; Poetry w/ Ceasarina (ER 3:45-4:45pm)</p> <p>6:00 Monday Night Movie (ER)</p>	<p><b>23</b></p>	<p>10:30 Activity Connections Trivia w/ Evie (LR 10:30-11:00am)</p> <p>11:00 Tai Chi w/ Thomas (LR 11:00-11:45am)</p> <p>1:30 Conversation Ball w/ Evie (ER 1:30-2:00pm)</p> <p>2:00 Classical Piano Concert w/ Nicole &amp; Amino! (ER 2:00-2:45pm)</p> <p>3:00 Happy Hour: Tea Tuesday (DR 3:00-4:00pm)</p> <p>3:45 Baking Favorite Family Recipes w/ Evie (DR 3:45-4:45pm)</p> <p>6:00 Tuesday Night Musical (ER)</p>	<p><b>24</b></p>	<p>10:30 Out &amp; About with Shamaris &amp; Leroy</p> <p>10:30 Wellness Wednesday Workout w/ Evie (ER 10:30-11:00am)</p> <p>11:00 Time Machine Trivia w/ Evie (ER 11:00-11:45am)</p> <p>1:30 Music Therapy with the Music Conservatory of Westchester (ER 1:30-2:30pm)</p> <p>2:15 Word Teasers w/ Evie (ER 2:15 - 2:45pm)</p> <p>3:00 Happy Hour: Wine Down Wednesday (DR 3:00-4:00pm)</p> <p>3:45 Craft Creations w/ Evie (DR 3:45-4:45pm)</p> <p>6:00 Movie Night (ER)</p>	<p><b>25</b></p>	<p>10:30 Mercy College Graduate Discussion group (ER 10:30-11:15am)</p> <p>11:00 Vocal Gym w/ Joanne (Atrium 11-12am)</p> <p>11:15 Crosswords Puzzles w/ Evie (ER 11:15-11:45am)</p> <p>1:30 Balloon Badminton w/ Evie (ER 1:30-2:15pm)</p> <p>2:15 Mind Joggers w/ Evie (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Throwback Thursday (DR 3:00-4:00pm)</p> <p>4:00 Thats Entertainment with Gigi! (ER 4:00-4:45pm)</p> <p>6:00 Thursday at the Theater (ER)</p>	<p><b>26</b></p>	<p>10:30 Fitness Friday w/ Evie (ER 10:30-11:00am)</p> <p>11:15 Finish the Lyrics w/ Evie (ER 11:15-11:45am)</p> <p>1:30 Armchair Travel w/ Evie (ER 1:30-2:00pm)</p> <p>2:00 Live Entertainment with Gene DiNapoli! (ER 2:00-3:00pm)</p> <p>3:00 Happy Hour: Flash Back Friday (DR 3:00-4:00pm)</p> <p>3:45 Baking Favorite Family Recipes w/ Evie (DR 3:45-4:40pm)</p> <p>4:30 Shabbat Prayers w/ Shelley (LR 4:30-5:00)</p> <p>6:00 Friday Night Flick (ER)</p>	<p><b>27</b></p>	<p>10:30 Moving &amp; Groovin' with Tanya (ER 10:30-11:00am)</p> <p>11:15 Trivia Challenge w/ Tanya (ER 11:15-11:45am)</p> <p>1:30 Afternoon Active Games w/ Tanya (ER 1:30-2:15pm)</p> <p>2:15 Who, What, Where w/ Tanya (ER 2:15-2:45pm)</p> <p>3:00 Happy Hour: Sangria Saturday (DR 3:00-4:00pm)</p> <p>3:45 Live Acoustic Afternoon w/Julio! (ER 3:45-4:45pm)</p> <p>6:00 Saturday Night Movies (ER)</p>	<p><b>28</b></p>
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This is a projected calendar for the month of February 2026. For a more detailed schedule, please refer to the daily activity sheet. For any further questions or comments, please contact: Shamaris Mercado, Life Enrichment Manager. SMercado@KensingtonSL.com

**Bus Schedule**  
 Outing Days- AL & Haven Tuesdays, KClub & Connections Wednesdays  
**Medical Appointment Days-** Monday, Thursday, & Fridays  
**Errand Days-** Wednesday Afternoons  
**Sign up for outings are located at the concierge desk**  
 For further information on scheduling transportation for medical appointments & errands please contact Jennifer Blair, Transportation Transportation@KensingtonSL.com

**Location Key**  
 ER- Entertainment Room  
 LR- Living Room  
 DR- Dining Room



# February 2026

## Connections Calendar

The Kensington White Plains 100 Maple Avenue White Plains, NY, 10601

