

SUN MON TUE WED THUR FRI SAT

Happy Birthday Deirdre L!
 10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)
 10:30 Crochet Circle w/ Shammy (Library 10:30-11:15am)
 11:15 Trivia Challenge w/ Mark (CR 11:15am-11:45am)
 11:30 Resident & Family Sunday Brunch (DR)
 1:45 Bingo Hour w/ Mark! (CR 1:45-2:45)
 3:00 Afternoon Documentary (CR)
3:45 Classic Hits with Harry Strunk! (Atrium 3:45-4:45pm)
 3:45 Happy Hour: Karaoke & Cocktails (DR 3:45-4:45pm)
 6:00 Sunday Night Series Presents The Pitt (CR)

Purim
10:15 Tai Chi w/Thomas (CR 45 Minute Session)
 11:15 Language Lovers Club w/ Mark (CR 11:15am-11:45am)
 1:30 Baking Favorite Family Recipes: Hamantaschen w/ Mark (CR 1:30-2:15pm)
 2:15 Story of Joyous Purim w/ Mark (CR 2:15-2:45pm)
 3:00 Afternoon Documentary (CR)
 3:45 Happy Hour: Margarita Mondays (DR 3:45-4:45pm)
3:45 Music w/ James Dower! (Atrium 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

Celebrating Alexander Graham Bell Happy Birthday Leslie F!
10:15 Tai Chi w/Thomas (CR 45 Minute Session)
 10:45 Mahjong Club w/ Steven (Library 10:45-11:45am)
 11:00 Monthly Gazette w/ Mark (CR 11:00-11:45am)
 1:30 Anagrams with Mark (CR 1:30pm-2:15pm)
 1:30 Social 1-1 Visits with Steven
 2:15 Fun Facts About Alexander Graham Bell w/ Mark (CR 2:15-2:45pm)
 3:00 PBS Documentary (CR)
3:45 Classic Hits with Harry Strunk! (Atrium 3:45-4:45pm)
 3:45 Happy Hour: Tiki Tuesday (DR 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

10:00 Holy Rosary Circle with Mark (CR 10:00am-10:20am)
 10:30 Coffee & Conversations w/ Mark (Cafe 10:30-11:00)
10:30 St. Bernard's Catholic Mass (CR 10:30am-11am)
 10:45 Mahjong Club w/ Steven (Library 10:45-11:45am)
 11:15 Morning Yoga & Meditation w/ Mark (CR 11:15am-11:45am)
 1:30 Women's Group with Liz (CR)
 1:45 Men's Group w/ Steven (Cafe 1:45-2:45pm)
 3:45 Happy Hour: Wine Down Wednesday (DR 3:45-4:45pm)
3:45 Howard Cohen on the Cello! (Atrium 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

10:30 Chair Zumba w/ Steven (CR 10:30am-11am)
11:00 Sue Kronish- Putting Poetry on the Page (CR 11:00-12pm)
 1:15 Social 1-1 Visits with Steven (1:15-2:45pm)
 1:45 Art Studio: Still Life w/ Shammy & Mark (CR 1:45-2:45pm)
 3:00 Afternoon Documentary (CR)
3:45 Classical Piano Concert with Nicole & Amino! (Atrium 3:45-4:45pm)
 3:45 Happy Hour: Throwback Thrusday (DR 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

10:15 Tai Chi w/Thomas (CR 45 Minute Session)
 11:15 News & Views w/ Steven (CR 11:15am-11:45am)
 1:30 Crosswords Puzzles w/ Steven (CR 1:30pm-2:15pm)
 2:30 Shabbat Service (CR 2:30-3:15pm)
 3:30 Fitness Friday- Via YouTube (CR 3:30-4pm)
 3:45 Happy Hour: TGIF (DR 3:45-4:45pm)
3:45 Lend Me Your Ears Music w/ Mariana (Atrium 3:45-4:45pm)
 6:00 Friday Night Thriller! (CR)

10:30 Stretch & Strength Saturday w/ Evie (CR 10:30am-11am)
 11:15 Mind Stretches w/ Evie (CR 11:15am-11:45am)
1:15 Church of the Living God Non-denominational Service (Library 1:15-1:45pm)
1:45 Art Lecture by The Bruce Museum (CR 1:45-2:45pm)
 3:00 PBS Documentary (CR)
 3:45 Happy Hour: Speakeasy Night (DR 3:45-4:45pm)
3:45 Jazz with Miles and Co. (Atrium 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

Daylight Savings Time Begins International Women's Day
 10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)
 10:30 Neal's Kensington Choir (Parlor 10:30-11:00am)
 11:15 Famous Women w/ Mark (CR 11:15am-11:45am)
 11:30 Resident & Family Sunday Brunch (DR)
 1:00 Football Sunday (L)
1:30 Still Significant: Baking Irish Soda Bread w/ NCL Volunteers (CR 1:30-2:45pm)
 3:00 Afternoon Documentary (CR)
 3:45 Happy Hour: Social Sunday (DR 3:45-4:45pm)
3:45 Rock N Roll with Lou Patrick! (Atrium 3:45-4:45pm)
 6:00 Sunday Night Series Presents The Pitt (CR)

10:15 Tai Chi w/Thomas (CR 45 Minute Session)
 11:00 Open-Minded Current Events w/ Julie (CR 11:00-11:45am)
 1:30 Armchair Travel: Ireland w/ Mark (CR 1:30-2:15pm)
2:15 Music Therapy & Movement with Eric (CR 2:15pm-3:00pm)
 3:00 Afternoon Documentary (CR)
3:45 Entertainment w/ Jazmyn Duo! (Atrium 3:45-4:45pm)
 3:45 Happy Hour: Martini Monday (DR 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

10:15 Tai Chi w/Thomas (CR 45 Minute Session)
 10:45 Mahjong Club w/ Steven (Library 10:45-11:45am)
 11:00 This Day in History w/ Mark (CR 11:00am-11:45am)
1:45 Resident Council & Food Committee (CR 1:45-3:00pm)
3:00 Welcome Committee (CR 3pm-3:30pm)
 3:45 Happy Hour: Tequila Tuesday (DR 3:45-4:45pm)
3:45 Live Entertainment w/ Joe Bianco! (Atrium 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

Johnny Appleseed Day Happy Birthday Michael O!
 10:00 Holy Rosary Circle with Mark (CR 10:00am-10:20am)
 10:30 Coffee & Conversations w/ Mark (Cafe 10:30-11:00)
10:30 St. Bernard's Catholic Mass (CR 10:30am-11am)
 10:45 Mahjong Club w/ Steven (Library 10:45-11:45am)
 11:15 Morning Yoga & Meditation w/ Mark (CR 11:15am-11:45am)
 1:15 Social 1-1 Visits with Steven (1:15-2:45pm)
 1:45 Sip & Paint w/ Mark (CR 1:45-2:45pm)
 3:45 Happy Hour: Whiskey Wednesday (DR 3:45-4:45pm)
3:45 Jammin with Mike Bram! (A 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

Learn About Butterflies Day Happy Birthday John D!
10:30 Wellness, THRIVE, & PWR w/ Meshel (CR 10:30am-11:15am)
 11:00 Jeopardy Trivia w/ Steven (CR 11:00-11:30am)
 11:30 Wordle w/ Steven (CR 11:30-11:45am)
 1:15 Social 1-1 Visits with Steven (1:15-2:45pm)
 1:30 Butterfly Basic w/ Mark (CR 1:30-2:00pm)
 2:00 Butterfly Garden Club w/ Mark (CR 2:00-2:45pm)
 3:00 Afternoon Documentary (CR)
3:45 Entertainment with Bosco! (Atrium 3:45-4:45pm)
 3:45 Happy Hour: Tropical Escape Thursday (DR 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

Happy Birthday Diane M! Happy Birthday Julie G!
10:15 Tai Chi w/Thomas (CR 45 Minute Session)
 11:15 News & Views w/ Steven (CR 11:15am-11:45am)
 1:30 Crosswords Puzzles w/ Steven (CR 1:30pm-2:15pm)
1:30 Parkinson's Support Group w/ Joanne (L 1:30-2:30pm)
 2:30 Shabbat Service (CR 2:30-3:15pm)
 3:30 Fitness Friday- Via YouTube (CR 3:30-4pm)
 3:45 Happy Hour: TGIF (DR 3:45-4:45pm)
3:45 Live Entertainment w/ Joe Bianco! (Atrium 3:45-4:45pm)
 6:00 Friday Night Thriller! (CR)

10:30 Stretch & Strength Saturday w/ Evie (CR 10:30am-11am)
 11:15 Mind Stretches w/ Evie (CR 11:15am-11:45am)
1:45 The Women Pioneers Of American TV w/ Evan Weiner (CR 1:45-2:45pm)
 3:00 PBS Documentary (CR)
 3:45 Happy Hour: Smooth Jazz Saturday (DR 3:45-4:45pm)
3:45 Oldies Jam with Tommy D (Atrium 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

Oscar Night
 10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)
 10:30 Crochet Circle w/ Shammy (Library 10:30-11:15am)
 11:15 Trivia Challenge w/ Mark (CR 11:15am-11:45am)
 11:30 Resident & Family Sunday Brunch (DR)
 1:00 Football Sunday (L)
 1:45 Bingo Hour w/ Mark! (CR 1:45-2:45)
 3:00 Afternoon Documentary (CR)
3:45 That's Entertainment with Gigli! (Atrium 3:45-4:45pm)
 3:45 The Red Carpet Social (Atrium & DR 3:45-4:45pm)
 6:00 Sunday Night Series Presents The Pitt (CR)

10:15 Tai Chi w/Thomas (CR 45 Minute Session)
 11:15 Language Lovers Club w/ Mark (CR 11:15am-11:45am)
 1:30 Baking Favorite Family Recipes w/ Mark (CR 1:30-2:15pm)
 2:15 From Mythology to My Fair Lady w/ Mark (CR 2:15-2:45pm)
 3:00 Afternoon Documentary (CR)
 3:45 Happy Hour: Margarita Mondays (DR 3:45-4:45pm)
3:45 Violin Concert with Albert (Atrium 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

St. Patrick's Day
10:15 Tai Chi w/Thomas (CR 45 Minute Session)
 10:45 Mahjong Club w/ Steven (Library 10:45-11:45am)
 11:00 Famous Irish People w/ Mark (CR 11:00-11:45am)
 1:30 Social 1-1 Visits with Steven
 Tales of the Irish with Mark (CR 1:30pm-2:15pm)
 2:15 A wee Bit O' Irish Humor w/ Mark (CR 2:15-2:45pm)
 3:00 PBS Documentary (CR)
 3:45 Clover Cocktail Hour (DR 3:45-4:45pm)
3:45 Sounds of Soul w/ Rhonda (Atrium 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

10:00 Holy Rosary Circle with Mark (CR 10:00am-10:20am)
 10:30 Coffee & Conversations w/ Mark (Cafe 10:30-11:00)
10:30 St. Bernard's Catholic Mass (CR 10:30am-11am)
 10:45 Mahjong Club w/ Steven (Library 10:45-11:45am)
 11:15 Morning Yoga & Meditation w/ Mark (CR 11:15am-11:45am)
 1:15 Social 1-1 Visits with Steven (1:15-2:45pm)
 1:45 Lavender Spa Afternoon with Mark (CR 1:45-2:45pm)
 3:45 Happy Hour: Wine Down Wednesday (DR 3:45-4:45pm)
3:45 Howard Cohen on the Cello! (Atrium 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

10:30 Chair Zumba w/ Steven (CR 10:30am-11am)
 11:00 Jeopardy Trivia w/ Steven (CR 11:00-11:30am)
11:15 Vocal Gym w/ Joanne (Atrium 11:15-11:45am)
 11:30 Wordle w/ Steven (CR 11:30-11:45am)
1:30 Pet Therapy on the Move w/ Linda (1:30pm-3pm)
 1:45 Art Studio: Still Life w/ Shammy & Mark (CR 1:45-2:45pm)
 3:00 Afternoon Documentary (CR)
3:45 A.J Freeman Sings Songs from The Golden Age! (Atrium 3:45-4:45pm)
 3:45 Happy Hour: Throwback Thrusday (DR 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

10:15 Tai Chi w/Thomas (CR 45 Minute Session)
11:00 Still Significant: Sandwich making for Family Coachman Shelter (CR)
 1:30 Crosswords Puzzles w/ Steven (CR 1:30pm-2:15pm)
 2:30 Shabbat Service (CR 2:30-3:15pm)
 3:30 Fitness Friday- Via YouTube (CR 3:30-4pm)
 3:45 Happy Hour: TGIF (DR 3:45-4:45pm)
3:45 Lend Me Your Ears Music w/ Mariana (Atrium 3:45-4:45pm)
 6:00 Friday Night Thriller! (CR)

National Fragrance Day
 10:30 Stretch & Strength Saturday w/ Evie (CR 10:30am-11am)
 11:15 DIY Scented Sachets w/ Evie (CR 11:15am-11:45am)
1:45 Amy Ahler! Present Great Songs from 1930s-1960s Part 3 (CR 1:45-2:45pm)
 3:00 PBS Documentary (CR)
 3:45 Happy Hour: Speakeasy Night (DR 3:45-4:45pm)
3:45 Jazz with Miles and Co. (Atrium 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

Happy Birthday Jennie F! Happy Birthday Daria F!
 10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)
 10:30 Neal's Kensington Choir (Parlor 10:30-11:00am)
 11:15 Activity Connections Trivia w/ Mark (CR 11:15am-11:45am)
 11:30 Resident & Family Sunday Brunch (DR)
 1:00 Football Sunday (L)
 1:45 Bingo Hour w/ Mark! (CR 1:45-2:45)
 3:00 Afternoon Documentary (CR)
3:45 That's Entertainment with Gigli! (Atrium 3:45-4:45pm)
 6:00 Sunday Night Series Presents The Pitt (CR)

10:15 Tai Chi w/Thomas (CR 45 Minute Session)
 11:00 Open-Minded Current Events w/ Julie (CR 11:00-11:45am)
 1:30 Armchair Travel: London w/ Mark (CR 1:30-2:15pm)
2:15 Music Therapy & Movement with Eric (CR 2:15pm-3:00pm)
 3:00 Afternoon Documentary (CR)
 3:45 Happy Hour: Martini Monday (DR 3:45-4:45pm)
3:45 Live Entertainment w/ Lydia! (Atrium 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

10:15 Tai Chi w/Thomas (CR 45 Minute Session)
 10:45 Mahjong Club w/ Steven (Library 10:45-11:45am)
 11:00 This Day in History w/ Mark (CR 11:00am-11:45am)
 1:30 Anagrams with Mark (CR 1:30pm-2:15pm)
 1:30 Social 1-1 Visits with Steven
 2:15 Word Picture Puzzles w/ Mark (CR 2:15-2:45pm)
 3:00 PBS Documentary (CR)
3:45 Entertainment w/ Jazmyn Duo! (Atrium 3:45-4:45pm)
 3:45 Happy Hour: Tequila Tuesday (DR 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

10:00 Holy Rosary Circle with Mark (CR 10:00am-10:20am)
 10:30 Coffee & Conversations w/ Mark (Cafe 10:30-11:00)
10:30 St. Bernard's Catholic Mass (CR 10:30am-11am)
 10:45 Mahjong Club w/ Steven (Library 10:45-11:45am)
 11:15 Morning Yoga & Meditation w/ Mark (CR 11:15am-11:45am)
 1:15 Social 1-1 Visits with Steven (1:15-2:45pm)
 1:45 Sip & Paint w/ Mark (CR 1:45-2:45pm)
 3:45 Happy Hour: Whiskey Wednesday (DR 3:45-4:45pm)
3:45 Jammin with Mike Bram! (A 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

10:30 Wellness, THRIVE, & PWR w/ Meshel (CR 10:30am-11:15am)
 11:00 Jeopardy Trivia w/ Steven (CR 11:00-11:30am)
11:15 Vocal Gym w/ Joanne (Atrium 11:15-11:45am)
 11:30 Wordle w/ Steven (CR 11:30-11:45am)
 1:15 Social 1-1 Visits with Steven (1:15-2:45pm)
 1:45 The Kensington Cash Monthly Auction! (CR 1:45-2:45pm)
 3:00 Afternoon Documentary (CR)
3:45 A.J Freeman Sings Songs from The Golden Age! (Atrium 3:45-4:45pm)
 3:45 Happy Hour: Tropical Escape Thursday (DR 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

Opening Day
10:15 Tai Chi w/Thomas (CR 45 Minute Session)
 11:15 News & Views w/ Steven (CR 11:15am-11:45am)
 1:30 Crosswords Puzzles w/ Steven (CR 1:30pm-2:15pm)
 2:30 Shabbat Service (CR 2:30-3:15pm)
 3:30 Fitness Friday- Via YouTube (CR 3:30-4pm)
 3:45 Happy Hour: TGIF (DR 3:45-4:45pm)
3:45 Magic of Opera w/ Allegro Singers (Atrium 3:45-4:45pm)
 6:00 Friday Night Thriller! (CR)

10:30 Stretch & Strength Saturday w/ Evie (CR 10:30am-11am)
 11:15 Mind Stretches w/ Evie (CR 11:15am-11:45am)
1:45 Magic Lecture Part 1: The Wonder Effect w/ Douglas Frazier (CR 1:45-2:45pm)
 3:00 PBS Documentary (CR)
 3:45 Happy Hour: Smooth Jazz Saturday (DR 3:45-4:45pm)
3:45 Oldies Jam with Tommy D (Atrium 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

Palm Sunday
 10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)
 10:30 Crochet Circle w/ Shammy (Library 10:30-11:15am)
 11:15 Trivia Challenge w/ Mark (CR 11:15am-11:45am)
 11:30 Resident & Family Sunday Brunch (DR)
 1:00 Football Sunday (L)
 1:45 Bingo Hour w/ Mark! (CR 1:45-2:45)
 3:00 Afternoon Documentary (CR)
 3:45 Happy Hour: Karaoke & Cocktails (DR 3:45-4:45pm)
3:45 Rock N Roll with Lou Patrick! (Atrium 3:45-4:45pm)
 6:00 Sunday Night Series Presents The Pitt (CR)

10:15 Tai Chi w/Thomas (CR 45 Minute Session)
 11:15 Language Lovers Club w/ Mark (CR 11:15am-11:45am)
 1:45 Steeped in Tradition: A Journey Through Teatime w/ Mark (CR 1:45-2:45pm)
 3:00 Afternoon Documentary (CR)
3:45 Entertainment with Bosco! (Atrium 3:45-4:45pm)
 3:45 Happy Hour: Margarita Mondays (DR 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

10:15 Tai Chi w/Thomas (CR 45 Minute Session)
 10:45 Mahjong Club w/ Steven (Library 10:45-11:45am)
 11:00 This Day in History w/ Mark (CR 11:00-11:45am)
 1:30 Anagrams with Mark (CR 1:30pm-2:15pm)
 1:30 Social 1-1 Visits with Steven
 2:15 Word Picture Puzzles w/ Mark (CR 2:15-2:45pm)
 3:00 PBS Documentary (CR)
 3:45 Happy Hour: Tiki Tuesday (DR 3:45-4:45pm)
3:45 Live Entertainment w/ Lydia! (Atrium 3:45-4:45pm)
 6:00 Nightly Movie (2nd floor CR)

This is a projected calendar for the month of March 2026. For a more detailed schedule, please refer to the daily activity sheet. For any further questions or comments, please contact: Shamaris Mercado, Life Enrichment Manager. SMercado@KensingtonSL.com

Bus Schedule
Outing Days- AL & Haven Tuesdays, KCLub & Connections Wednesdays
Medical Appointment Days- Monday, Thursday, & Fridays
Errand Days- Wednesday Afternoons
Sign up for outings are located at the concierge desk
 For further information on scheduling transportation for medical appointments & errands please contact Jennifer Blair, Transportation Transportation@KensingtonSL.com

Location Key
 CR- 2nd Floor Community Room
 P- Parlor
 A- Atrium
 DR- Dining Room
 L- Library



March 2026

Assisted Living Calendar

The Kensington White Plains 100 Maple Avenue White Plains, NY, 10601

