

SUN	MON	TUE	WED	THUR	FRI	SAT		
<p>10:30 Sunday Mass via Youtube (TR 10:30-11:00am)</p> <p>10:45 Morning Sit & Be Fit w/ Tanya (LR 10:45-11:45am)</p> <p>11:30 Resident & Family Sunday Brunch (DR)</p> <p>1:30 Sing-Along & Rhythm w/ Tanya (LR 1:30-2:15pm)</p> <p>2:15 This Day in History w/ Tanya (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Social Sunday (DR 3:00-4:00pm)</p> <p>4:00 Violin Concert with Albert! (LR 4:00-4:45pm)</p> <p>6:00 Sunday Night Drive-in (LR)</p>	<p>Purim</p> <p>10:30 Rise & Shine with Zinnia (LR 10:30am-11:15am)</p> <p>10:45 Relaxing Hand Massages w/ Andria (SR 10:45-11:45)</p> <p>11:15 Gentle Chair Yoga & Stretching w/ Shelley (LR 11:15-11:45am)</p> <p>1:30 Music & Memories w/ Shelley (LR 1:30-2:15pm)</p> <p>1:30 Story of Joyous Purim w/ Andria (SR 1:30-2:30pm)</p> <p>2:15 Art Appreciation w/ Shelley (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Margarita Monday (DR 3:00-4:00pm)</p> <p>4:00 Puzzles & Sorting w/ Andria (SR 4:00-4:45pm)</p> <p>4:00 Sip & Poetry w/ Shelley (LR 4:00-4:45pm)</p> <p>6:00 Evening Musical (LR)</p>	<p>Celebrating Alexander Graham Bell</p> <p>10:15 Out & About with Shamaris & Leroy</p> <p>10:30 Morning Yoga & Gentle Stretch w/ Ceasarina (LR 10:30-11:00am)</p> <p>11:00 Fun Facts About Alexander Graham Bell w/ Cece (LR 11:00-11:45am)</p> <p>1:30 Marvelous Lavender Spa & Massage w/ Ceasarina (LR 1:30-2:45pm)</p> <p>3:00 Happy Hour: Tea Tuesday (DR 3:00-4:00pm)</p> <p>4:00 Music Therapy & Movement w/ Eric (LR 4-4:45pm)</p> <p>6:00 Classic Movie Night (LR)</p>	<p>10:30 Music Conservatory of Westchester - Music Therapy (LR 10:30-11:30am)</p> <p>11:30 Daily Chronicles & This Day in History w/ Shelley (LR 11:30-11:45am)</p> <p>1:30 Flower Arrangements w/ Shelley (LR 1:30-2:15pm)</p> <p>2:15 Show & Tell Reminiscing w/ Shelley (CR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Wine Down Wednesday (DR 3:00-4:00pm)</p> <p>4:00 Baking Favorite Family Recipes w/ Shelley (DR 4-4:45pm)</p> <p>6:00 Evening Musical (LR)</p>	<p>10:30 Chair Zumba w/ Shelley (LR 10:30-11:00am)</p> <p>10:45 Relaxing Hand Massages w/ Andria (SR 10:45-11:45)</p> <p>11:00 Conversation Ball w/ Shelley (LR 11:00-11:45am)</p> <p>1:30 Mindful Travels w/ Shelley (LR 1:30-2:15pm)</p> <p>1:30 Story Circle w/ Andria (SR 1:30-2:30pm)</p> <p>2:15 Creative Hands w/ Shelley (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Throwback Thursday (DR 3:00-4:00pm)</p> <p>3:45 Oldies Jam with Tommy D! (LR 3:45-4:45pm)</p> <p>6:00 Classic Movie Night (LR)</p>	<p>10:30 Finish the Phrase w/ Shelley (LR 10:30-11:15am)</p> <p>10:45 Morning Sing-Along w/ Andria (SR 10:45-11:45)</p> <p>11:15 Tai Chi w/ Thomas (LR 11:15-11:45am)</p> <p>1:30 Rhythm & Reminiscence w/ Shelley (LR 1:30-2:15pm)</p> <p>1:30 Sorting & Folding w/ Andria (SR 1:30-2:30pm)</p> <p>2:15 Shabbat Prayers w/ Shelley (SR 2:15-2:45pm)</p> <p>2:15 Textures & Treasures w/ Andria (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Flash Back Friday (DR 3:00-4:00pm)</p> <p>4:00 Music Therapy & Movement w/ Eric (LR 4:00-4:45pm)</p> <p>6:00 Evening Musical (LR)</p>	<p>10:30 Music & Motion w/ Shelley (LR 10:30-11:00am)</p> <p>11:15 Daily Chronicles w/ Shelley (LR 11:15-11:45am)</p> <p>1:30 Eversound Silent Dance Party w/ Shelley (LR 1:30-2:15pm)</p> <p>2:15 Story Circle: Stories from a Photo (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Sangria Saturday (DR 3:00-4:00pm)</p> <p>3:45 Classical Piano Concert w/ Nicole & Amino! (LR 3:45-4:45pm)</p> <p>6:00 Evening Musical (LR)</p>		
<p>Daylight Savings Time Begins International Women's Day Happy Birthday Nancy F!</p> <p>10:30 Sunday Mass via Youtube (TR 10:30-11:00am)</p> <p>10:45 Morning Sit & Be Fit w/ Tanya (LR 10:45-11:45am)</p> <p>11:30 Resident & Family Sunday Brunch (DR)</p> <p>1:30 Sing-Along & Rhythm w/ Tanya (LR 1:30-2:15pm)</p> <p>2:15 Famous Women w/ Tanya (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Social Sunday (DR 3:00-4:00pm)</p> <p>3:45 Live Music w/ Grigory! (LR 3:45-4:45pm)</p> <p>6:00 Sunday Night Drive-in (LR)</p>	<p>10:30 Rise & Shine with Zinnia (LR 10:30am-11:15am)</p> <p>10:45 Relaxing Hand Massages w/ Andria (SR 10:45-11:45)</p> <p>11:15 Gentle Chair Yoga & Stretching w/ Shelley (LR 11:15-11:45am)</p> <p>1:30 Music & Memories w/ Shelley (LR 1:30-2:15pm)</p> <p>1:30 Round Robin Story Telling w/ Andria (SR 1:30-2:30pm)</p> <p>2:15 Art Appreciation w/ Shelley (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Margarita Monday (DR 3:00-4:00pm)</p> <p>4:00 Bowling w/ Shelley (LR 4:00-4:45pm)</p> <p>4:00 Puzzles & Sorting w/ Andria (SR 4:00-4:45pm)</p> <p>6:00 Evening Musical (LR)</p>	<p>10:15 Out & About with Shamaris & Leroy</p> <p>10:30 Morning Yoga & Gentle Stretch w/ Ceasarina (LR 10:30-11:00am)</p> <p>11:00 Name that Song w/ Ceasarina (LR 11:00-11:45am)</p> <p>1:30 Marvelous Lavender Spa & Massage w/ Ceasarina (LR 1:30-2:45pm)</p> <p>3:00 Happy Hour: Tea Tuesday (DR 3:00-4:00pm)</p> <p>4:00 Music Therapy & Movement w/ Eric (LR 4-4:45pm)</p> <p>6:00 Classic Movie Night (LR)</p>	<p>Johnny Appleseed Day</p> <p>10:30 Music Conservatory of Westchester - Music Therapy (LR 10:30-11:30am)</p> <p>11:30 Daily Chronicles & This Day in History w/ Shelley (LR 11:30-11:45am)</p> <p>1:30 Flower Arrangements w/ Shelley (LR 1:30-2:15pm)</p> <p>2:15 Show & Tell Reminiscing w/ Shelley (CR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Wine Down Wednesday (DR 3:00-4:00pm)</p> <p>4:00 Baking Favorite Family Recipes w/ Shelley (DR 4-4:45pm)</p> <p>6:00 Evening Musical (LR)</p>	<p>Learn About Butterflies Day</p> <p>10:30 Chair Zumba w/ Shelley (LR 10:30-11:00am)</p> <p>10:45 Relaxing Hand Massages w/ Andria (SR 10:45-11:45)</p> <p>11:00 Conversation Ball w/ Shelley (LR 11:00-11:45am)</p> <p>1:30 Butterfly Basics w/ Shelley (LR 1:30-2:15pm)</p> <p>1:30 Story Circle w/ Andria (SR 1:30-2:30pm)</p> <p>2:15 Butterfly Garden Club w/ Shelley (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Throwback Thursday (DR 3:00-4:00pm)</p> <p>4:00 Rock N Roll with Lou Patrick! (LR 4:00-5:00pm)</p> <p>6:00 Classic Movie Night (LR)</p>	<p>10:30 Finish the Phrase w/ Shelley (LR 10:30-11:15am)</p> <p>10:45 Morning Sing-Along w/ Andria (SR 10:45-11:45)</p> <p>11:15 Tai Chi w/ Thomas (LR 11:15-11:45am)</p> <p>1:30 Rhythm & Reminiscence w/ Shelley (LR 1:30-2:15pm)</p> <p>1:30 Sorting & Folding w/ Andria (SR 1:30-2:30pm)</p> <p>2:15 Shabbat Prayers w/ Shelley (SR 2:15-2:45pm)</p> <p>2:15 Textures & Treasures w/ Andria (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Flash Back Friday (DR 3:00-4:00pm)</p> <p>4:00 Music Therapy & Movement w/ Eric (LR 4:00-4:45pm)</p> <p>6:00 Evening Musical (LR)</p>	<p>10:30 Music & Motion w/ Shelley (LR 10:30-11:00am)</p> <p>11:15 Daily Chronicles w/ Shelley (LR 11:15-11:45am)</p> <p>1:30 Eversound Silent Dance Party w/ Shelley (LR 1:30-2:15pm)</p> <p>2:15 Story Circle: Stories from a Photo (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Sangria Saturday (DR 3:00-4:00pm)</p> <p>3:45 Lead Me Your Ears Music w/ Marilana (LR 4-4:45pm)</p> <p>6:00 Evening Musical (LR)</p>		
<p>Oscar Night</p> <p>10:30 Sunday Mass via Youtube (TR 10:30-11:00am)</p> <p>10:45 Morning Sit & Be Fit w/ Tanya (LR 10:45-11:45am)</p> <p>11:30 Resident & Family Sunday Brunch (DR)</p> <p>1:30 Sing-Along & Rhythm w/ Tanya (LR 1:30-2:15pm)</p> <p>2:15 This Day in History w/ Tanya (LR 2:15-2:45pm)</p> <p>3:00 The Red Carpet Social (DR 3:00-4:00pm)</p> <p>4:00 Oldies w/ Tommy Spin! (LR 4:00-4:45pm)</p> <p>6:00 Sunday Night Drive-in (LR)</p>	<p>10:30 Rise & Shine with Zinnia (LR 10:30am-11:15am)</p> <p>10:45 Relaxing Hand Massages w/ Andria (SR 10:45-11:45)</p> <p>11:15 Gentle Chair Yoga & Stretching w/ Shelley (LR 11:15-11:45am)</p> <p>1:30 Music & Memories w/ Shelley (LR 1:30-2:15pm)</p> <p>1:30 Round Robin Story Telling w/ Andria (SR 1:30-2:30pm)</p> <p>2:15 Art Appreciation w/ Shelley (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Margarita Monday (DR 3:00-4:00pm)</p> <p>4:00 Puzzles & Sorting w/ Andria (SR 4:00-4:45pm)</p> <p>4:00 Sip & Poetry w/ Shelley (LR 4:00-4:45pm)</p> <p>6:00 Evening Musical (LR)</p>	<p>St. Patrick's Day</p> <p>10:15 Out & About with Shamaris & Leroy</p> <p>10:30 Four-Leaf Clover Fitness & Sing-Along w/ Ceasarina (LR 10:30-11:00am)</p> <p>11:00 A wee Bit O' Irish Humor w/ Ceasarina (LR 11:00-11:45am)</p> <p>1:30 Feeling Lucky Spa Day w/ Ceasarina (LR 1:30-2:45pm)</p> <p>3:00 Clover Cocktail Hour (DR 3:00-4:00pm)</p> <p>4:00 Music Therapy & Movement w/ Eric (LR 4-4:45pm)</p> <p>6:00 Classic Movie Night (LR)</p>	<p>10:30 Music Conservatory of Westchester - Music Therapy (LR 10:30-11:30am)</p> <p>11:30 Daily Chronicles & This Day in History w/ Shelley (LR 11:30-11:45am)</p> <p>1:30 Flower Arrangements w/ Shelley (LR 1:30-2:15pm)</p> <p>2:15 Show & Tell Reminiscing w/ Shelley (CR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Wine Down Wednesday (DR 3:00-4:00pm)</p> <p>4:00 Baking Favorite Family Recipes w/ Shelley (DR 4-4:45pm)</p> <p>6:00 Evening Musical (LR)</p>	<p>10:30 Chair Zumba w/ Shelley (LR 10:30-11:00am)</p> <p>10:45 Relaxing Hand Massages w/ Andria (SR 10:45-11:45)</p> <p>11:00 Conversation Ball w/ Shelley (LR 11:00-11:45am)</p> <p>1:30 Mindful Travels w/ Shelley (LR 1:30-2:15pm)</p> <p>1:30 Pet Therapy on the Move w/ Linda (1:30pm-3pm)</p> <p>1:30 Story Circle w/ Andria (SR 1:30-2:30pm)</p> <p>2:15 Creative Hands w/ Shelley (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Throwback Thursday (DR 3:00-4:00pm)</p> <p>3:45 Howard Cohen on the Cello! (LR 3:45-4:45pm)</p> <p>6:00 Classic Movie Night (LR)</p>	<p>10:30 Finish the Phrase w/ Shelley (LR 10:30-11:15am)</p> <p>10:45 Morning Sing-Along w/ Andria (SR 10:45-11:45)</p> <p>11:15 Tai Chi w/ Thomas (LR 11:15-11:45am)</p> <p>1:30 Rhythm & Reminiscence w/ Shelley (LR 1:30-2:15pm)</p> <p>1:30 Sorting & Folding w/ Andria (SR 1:30-2:30pm)</p> <p>2:15 Shabbat Prayers w/ Shelley (SR 2:15-2:45pm)</p> <p>2:15 Textures & Treasures w/ Andria (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Flash Back Friday (DR 3:00-4:00pm)</p> <p>4:00 Music Therapy & Movement w/ Eric (LR 4:00-4:45pm)</p> <p>6:00 Evening Musical (LR)</p>	<p>National Fragrance Day</p> <p>10:30 Music & Motion w/ Shelley (LR 10:30-11:00am)</p> <p>11:15 Daily Chronicles w/ Shelley (LR 11:15-11:45am)</p> <p>1:30 DIY Scented Sachets w/ Shelley (LR 1:30-2:15pm)</p> <p>2:15 Story Circle: Stories from a Photo (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Sangria Saturday (DR 3:00-4:00pm)</p> <p>3:45 Howard Cohen on the Cello! (LR 3:45-4:45pm)</p> <p>6:00 Evening Musical (LR)</p>		
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<p>Palm Sunday Happy Birthday Ralph W!</p> <p>10:30 Sunday Mass via Youtube (TR 10:30-11:00am)</p> <p>10:45 Morning Sit & Be Fit w/ Tanya (LR 10:45-11:45am)</p> <p>11:30 Resident & Family Sunday Brunch (DR)</p> <p>1:30 Sing-Along & Rhythm w/ Tanya (LR 1:30-2:15pm)</p> <p>2:15 This Day in History w/ Tanya (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Social Sunday (DR 3:00-4:00pm)</p> <p>3:45 A.J Freeman Sings Songs from The Golden Age! (LR 3:45-4:45pm)</p> <p>6:00 Sunday Night Drive-in (LR)</p>	<p>10:30 Rise & Shine with Zinnia (LR 10:30am-11:15am)</p> <p>10:45 Relaxing Hand Massages w/ Andria (SR 10:45-11:45)</p> <p>11:15 Gentle Chair Yoga & Stretching w/ Shelley (LR 11:15-11:45am)</p> <p>1:30 Music & Memories w/ Shelley (LR 1:30-2:15pm)</p> <p>1:30 Round Robin Story Telling w/ Andria (SR 1:30-2:30pm)</p> <p>2:15 Art Appreciation w/ Shelley (LR 2:15-2:45pm)</p> <p>3:00 Happy Hour: Margarita Monday (DR 3:00-4:00pm)</p> <p>4:00 Puzzles & Sorting w/ Andria (SR 4:00-4:45pm)</p> <p>4:00 Sip & Poetry w/ Shelley (LR 4:00-4:45pm)</p> <p>6:00 Evening Musical (LR)</p>	<p>10:15 Out & About with Shamaris & Leroy</p> <p>10:30 Morning Yoga & Gentle Stretch w/ Ceasarina (LR 10:30-11:00am)</p> <p>11:00 Name that Instrument w/ Ceasarina (LR 11:00-11:45am)</p> <p>1:30 Marvelous Lavender Spa & Massage w/ Ceasarina (LR 1:30-2:45pm)</p> <p>3:00 Happy Hour: Tea Tuesday (DR 3:00-4:00pm)</p> <p>4:00 Music Therapy & Movement w/ Eric (LR 4-4:45pm)</p> <p>6:00 Classic Movie Night (LR)</p>	<p><i>This is a projected calendar for the month of March 2026. For a more detailed schedule, please refer to the daily activity sheet. For any further questions or comments, please contact:</i></p> <p><i>Shamaris Mercado,</i> <i>Life Enrichment Manager.</i> <i>SMercado@KensingtonSL.com</i></p>			<p>Bus Schedule</p> <p>Outing Days- AL & Haven Tuesdays, KClub & Connections Wednesdays</p> <p>Medical Appointment Days- Monday, Thursday, & Fridays</p> <p>Errand Days- Wednesday Afternoons</p> <p>For further information on scheduling transportation for medical appointments & errands please contactt</p> <p>Jennifer Blair, Transportation Transportation@KensingtonSL.com</p>	<p>Location Key</p> <p>LR- Sun Room</p> <p>LR- Living Room</p> <p>DR- Dining Room</p> <p>TR- Tranquility Room</p>	<p>Happy St. Patrick's Day</p>

March 2026

Haven Calendar

The Kensington White Plains 100 Maple Avenue White Plains, NY, 10601

