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Hello May!

"MAY IS THE MONTH OF EXPECTATION, THE MONTH OF WISHES, THE MONTH OF HOPE."

- EMILY BRONTË

This is a projected calendar for the month of May 2026. For a more detailed schedule, please refer to the daily activity sheet. For any further questions or comments, please contact: Shamaris Mercado, Life Enrichment Manager. SMercado@KensingtonSL.com (914)-390-0090 Ext. 2024

May Day

- 10:30 Fitness Friday w/ Andria (ER 10:30am-11:00am)
11:15 Scattergories w/ Andria (ER 11:15am-11:45am)
1:30 May Day Tunes w/ Andria (ER 1:30pm-2:15pm)
2:15 The Symbols of May Day w/ Andria (ER 2:15pm-2:45pm)
3:30 Happy Hour: Flash Back Friday (DR 3:30pm-4:30pm)
3:45 Baking Favorite Family Recipes w/ Andria (DR 3:45pm-4:40pm)
4:30 Shabbat Prayers w/ Shelley (LR 4:30pm-5:00pm)
6:00 Friday Night Flick (ER)

- 10:30 Moving & Groovin' with Tanya (ER 10:30am-11:00am)
11:15 Trivia Challenge w/ Tanya (ER 11:15am-11:45am)
1:30 Silent Dance Party & Games w/ Tanya (ER 1:30pm-2:15pm)
2:15 Name 10 w/ Tanya (ER 2:15pm-2:45pm)
3:30 Happy Hour: Sangria Saturday (DR 3:30pm-4:30pm)
3:45 Lend Me Your Ears Music w/ Marlana! (DR 3:45pm-4:45pm)
6:00 Saturday Night Movies (ER)

- 10:15 Catholic Mass via YouTube (LR 10:15am-10:45am)
10:45 Holy Rosary Circle with Cece (LR 10:45am-11:15am)
11:15 Music & Motion w/ Cece (ER 11:15-11:45am)
11:30 Resident & Family Sunday Brunch (DR)
1:30 Who, What, Where w/ Ceasarina (ER 1:30pm-2:15pm)
2:15 Literature Club w/ Ceasarina (LR 2:15pm-2:45pm)
3:30 Happy Hour: Social Sunday (DR 3:30pm-4:30pm)
3:45 Jammin with Mike Bram! (ER 3:45pm-4:45pm)
6:00 Sunday Night Drive-in (ER)

- 10:30 Move-It Monday with Ceasarina (ER 10:30am-11:00am)
11:00 This Day in History & Daily Chronicles w/ Cece (ER 11:00am-11:45am)
1:30 Cece's Creative Corner (ER 1:30pm-2:15pm)
2:15 Language Lovers Club w/ Ceasarina (ER 2:15pm-2:45pm)
3:30 Happy Hour: Margarita Monday! (DR 3:30pm-4:30pm)
3:45 Sip & Poetry w/ Ceasarina (ER 3:45pm-4:45pm)
6:00 Monday Night Movie (ER)

- 10:30 Spanish 101 w/ Mark (LR 10:30am-11:00am)
11:00 Tai Chi w/ Thomas (LR 11:00am-11:45am)
1:30 Armchair Travel: Mexico w/ Mark (ER 1:30pm-2:00pm)
2:00 Cinco De Mayo Word Games w/ Mark (ER 2:15pm-2:45pm)
3:30 Tequila Sunset Social (DR 3:30pm-4:30pm)
3:45 Karaoke Fiesta w/ Mark (DR 3:45pm-4:45pm)
6:00 Tuesday Night Musical (ER)

- 10:30 Out & About with Shamaris & Jen
10:30 Wellness Wednesday Workout w/ Mark (ER 10:30am-11:00am)
11:00 By the Numbers Quiz w/ Mark (ER 11:00am-11:45am)
1:30 Watercolor Wednesday w/ Mark (ER 1:30pm-2:15pm)
2:15 Word Teasers w/ Evie (ER 2:15pm - 2:45pm)
3:30 Happy Hour: Wine Down Wednesday (DR 3:30pm-4:30pm)
3:45 Sounds of The Soul w/ Rhonda! (DR 3:45pm-4:45pm)
6:00 Movie Night (ER)

- 10:30 Mercy College Graduate Discussion group (ER 10:30am-11:15am)
11:00 AWEN Horticultural Therapy w/ Meghann (2nd Flr CR 11:00am-12:00pm)
11:15 Crosswords Puzzles w/ Mark (ER 11:15am-11:45am)
1:30 Gardening Club/ Mark (P 1:30pm-2:00pm)
2:00 Oldies w/ Tommy D! (ER 2:00pm-3:00pm)
3:30 Happy Hour: Throwback Thursday (DR 3:30pm-4:30pm)
3:45 Balloon Badminton w/ Mark (ER 3:45pm-4:45pm)
6:00 Thursday at the Theater (ER)

- 10:30 Fitness Friday w/ Andria (ER 10:30am-11:00am)
11:15 Scattergories w/ Andria (ER 11:15am-11:45am)
1:30 Name That Tune w/ Andria (ER 1:30pm-2:15pm)
2:15 Round Robin Story Telling w/ Andria (ER 2:15pm-2:45pm)
3:30 Happy Hour: Flash Back Friday (DR 3:30pm-4:30pm)
3:45 Baking Favorite Family Recipes w/ Andria (DR 3:45pm-4:40pm)
4:30 Shabbat Prayers w/ Shelley (LR 4:30pm-5:00pm)
6:00 Friday Night Flick (ER)

- 10:30 Moving & Groovin' with Tanya (ER 10:30am-11:00am)
11:15 Trivia Challenge w/ Tanya (ER 11:15am-11:45am)
1:30 Afternoon Active Games w/ Tanya (ER 1:30pm-2:00pm)
2:00 Oldies Jam with Tommy D! (ER 2:00pm-2:45pm)
3:30 Happy Hour: Sangria Saturday (DR 3:30pm-4:30pm)
3:45 Bingo Hour w/ Tanya (DR 3:45pm-4:45pm)
6:00 Saturday Night Movies (ER)

- 10:15 Catholic Mass via YouTube (LR 10:15am-10:45am)
10:45 Holy Rosary Circle with Cece (LR 10:45am-11:15am)
11:15 Music & Motion w/ Cece (ER 11:15-11:45am)
11:30 Love You A Brunch (DR)
1:30 Mother's Day Jeopardy Trivia w/ Cece (ER 1:30pm-2:15pm)
2:15 Mom's Poetry Circle w/ Cece (LR 2:15pm-2:45pm)
3:30 Mom-osa Hour (DR 3:30pm-4:30pm)
3:45 Mother's Day Special w/ Deuces Wild (ER 3:45pm-4:45pm)
6:00 Sunday Night Drive-in (ER)

- 10:30 Move-It Monday with Ceasarina (ER 10:30am-11:00am)
11:00 This Day in History & Daily Chronicles w/ Cece (ER 11:00am-11:45am)
1:30 Cece's Creative Corner (ER 1:30pm-2:15pm)
2:15 Language Lovers Club w/ Ceasarina (ER 2:15pm-2:45pm)
3:30 Happy Hour: Margarita Monday! (DR 3:30pm-4:30pm)
3:45 Sip & Poetry w/ Ceasarina (ER 3:45pm-4:45pm)
6:00 Monday Night Movie (ER)

- 10:30 Activity Connections Trivia w/ Mark (LR 10:30am-11:00am)
11:00 Tai Chi w/ Thomas (LR 11:00am-11:45am)
1:30 Word Mining w/ Mark (ER 1:30pm-2:00pm)
2:00 Word Picture Puzzles w/ Mark (ER 2:15pm-2:45pm)
3:30 Happy Hour: Tea Tuesday (DR 3:30pm-4:30pm)
3:45 Golden Oldies Karaoke w/ Mark (DR 3:45pm-4:45pm)
6:00 Tuesday Night Musical (ER)

- 10:30 Out & About with Shamaris & Jen
10:30 Wellness Wednesday Workout w/ Mark (ER 10:30am-11:00am)
11:00 By the Numbers Quiz w/ Mark (ER 11:00am-11:45am)
1:30 Watercolor Wednesday w/ Mark (ER 1:30pm-2:15pm)
2:00 Music Therapy with the Music Conservatory of Westchester (ER 2:00-3:00pm)
3:30 Happy Hour: Wine Down Wednesday (DR 3:30pm-4:30pm)
3:45 Musical Bingo w/ Evie (DR 3:45pm-4:45pm)
6:00 Movie Night (ER)

- 10:30 Mercy College Graduate Discussion group (ER 10:30am-11:15am)
11:15 Crosswords Puzzles w/ Mark (ER 11:15am-11:45am)
1:30 Clay Creations w/ Mark (P 1:30pm-2:15pm)
2:15 Mind Joggers w/ Mark (P 2:15pm-2:45pm)
3:30 Happy Hour: Throwback Thursday (DR 3:30pm-4:30pm)
4:00 Great Gatsby Family Night! (Atrium, Cafe, Dining Room)
4:00 Rock N Roll with Lou Patrick! (ER 4:00pm-4:45pm)
6:00 Thursday at the Theater (ER)

- 10:30 Fitness Friday w/ Andria (ER 10:30am-11:00am)
11:15 Scattergories w/ Andria (ER 11:15am-11:45am)
1:30 Name That Tune w/ Andria (ER 1:30pm-2:15pm)
2:15 Round Robin Story Telling w/ Andria (ER 2:15pm-2:45pm)
3:30 Happy Hour: Flash Back Friday (DR 3:30pm-4:30pm)
3:45 Baking Favorite Family Recipes w/ Andria (DR 3:45pm-4:40pm)
4:30 Shabbat Prayers w/ Shelley (LR 4:30pm-5:00pm)
6:00 Friday Night Flick (ER)

- 10:30 Moving & Groovin' with Tanya (ER 10:30am-11:00am)
11:15 Military Slang w/ Tanya (ER 11:15am-11:45am)
1:30 Silent Dance Party & Games w/ Tanya (ER 1:30pm-2:15pm)
2:00 Howard Cohen on the Cello! (ER 2:00-3:00pm)
3:30 Happy Hour: Sangria Saturday (DR 3:30pm-4:30pm)
3:45 Bingo Hour w/ Tanya (DR 3:45pm-4:45pm)
6:00 Saturday Night Movies (ER)

- 10:15 Catholic Mass via YouTube (LR 10:15am-10:45am)
10:45 Holy Rosary Circle with Cece (LR 10:45am-11:15am)
11:15 Music & Motion w/ Cece (ER 11:15-11:45am)
11:30 Resident & Family Sunday Brunch (DR)
1:30 Who, What, Where w/ Ceasarina (ER 1:30pm-2:15pm)
2:15 Live Music w/ Grigory! (LR 2:15pm-2:45pm)
3:30 Happy Hour: Social Sunday (DR 3:30pm-4:30pm)
3:45 Jammin with Mike Bram! (ER 3:45pm-4:45pm)
6:00 Sunday Night Drive-in (ER)

- 10:30 Move-It Monday with Ceasarina (ER 10:30am-11:00am)
11:00 This Day in History & Daily Chronicles w/ Cece (ER 11:00am-11:45am)
1:30 Cece's Creative Corner (ER 1:30pm-2:15pm)
2:15 Language Lovers Club w/ Ceasarina (ER 2:15pm-2:45pm)
3:30 Happy Hour: Margarita Monday! (DR 3:30pm-4:30pm)
3:45 Queen Victoria & Victorian Literature w/ Cece (ER 3:45pm-4:45pm)
6:00 Monday Night Movie (ER)

- 10:30 Activity Connections Trivia w/ Mark (LR 10:30am-11:00am)
11:00 Tai Chi w/ Thomas (LR 11:00am-11:45am)
1:30 Word Mining w/ Mark (ER 1:30pm-2:00pm)
2:00 Word Picture Puzzles w/ Mark (ER 2:15pm-2:45pm)
3:30 Happy Hour: Tea Tuesday (DR 3:30pm-4:30pm)
3:45 Live Music w/ James Dowell! (DR 3:45pm-4:45pm)
6:00 Tuesday Night Musical (ER)

- 10:30 Out & About with Shamaris & Jen
10:30 Wellness Wednesday Workout w/ Mark (ER 10:30am-11:00am)
11:00 By the Numbers Quiz w/ Mark (ER 11:00am-11:45am)
1:30 Watercolor Wednesday w/ Mark (ER 1:30pm-2:15pm)
2:00 Music Therapy with the Music Conservatory of Westchester (ER 2:00-3:00pm)
3:30 Happy Hour: Wine Down Wednesday (DR 3:30pm-4:30pm)
3:45 Musical Bingo w/ Evie (DR 3:45pm-4:45pm)
6:00 Movie Night (ER)

- 10:30 Mercy College Graduate Discussion group (ER 10:30am-11:15am)
11:00 Vocal Gym w/ Joanne (Atrium 11-12am)
11:15 Crosswords Puzzles w/ Mark (ER 11:15am-11:45am)
1:00 Pet Therapy on the Move w/ Linda (1:00pm-2:30pm)
1:30 Gardening Club/ Mark (P 1:30pm-2:15pm)
2:15 Mind Joggers w/ Mark (LR 2:15pm-2:45pm)
3:30 Happy Hour: Throwback Thursday (DR 3:30pm-4:30pm)
3:45 Balloon Badminton w/ Mark (ER 3:45pm-4:45pm)
6:00 Thursday at the Theater (ER)

- 10:30 Fitness Friday w/ Andria (ER 10:30am-11:00am)
11:15 Scattergories w/ Andria (ER 11:15am-11:45am)
1:30 Name That Tune w/ Andria (ER 1:30pm-2:15pm)
2:15 Round Robin Story Telling w/ Andria (ER 2:15pm-2:45pm)
3:30 Happy Hour: Flash Back Friday (DR 3:30pm-4:30pm)
3:45 Baking Favorite Family Recipes w/ Andria (DR 3:45pm-4:40pm)
4:30 Shabbat Prayers w/ Shelley (LR 4:30pm-5:00pm)
6:00 Friday Night Flick (ER)

- 10:30 Moving & Groovin' with Tanya (ER 10:30am-11:00am)
11:15 Trivia Challenge w/ Tanya (ER 11:15am-11:45am)
1:30 Afternoon Active Games w/ Tanya (ER 1:30pm-2:00pm)
2:15 Name 10 w/ Tanya (ER 2:15pm-2:45pm)
3:30 Happy Hour: Sangria Saturday (DR 3:30pm-4:30pm)
3:45 A.J Freeman Sings Songs from The Golden Age! (DR 3:45pm-4:45pm)
6:00 Saturday Night Movies (ER)

- 10:15 Catholic Mass via YouTube (LR 10:15am-10:45am)
10:45 Holy Rosary Circle with Cece (LR 10:45am-11:15am)
11:15 Music & Motion w/ Cece (ER 11:15-11:45am)
11:30 Resident & Family Sunday Brunch (DR)
1:30 Who, What, Where w/ Ceasarina (ER 1:30pm-2:15pm)
2:15 Violin Concert with Albert! (LR 2:15pm-2:45pm)
3:30 Happy Hour: Social Sunday (DR 3:30pm-4:30pm)
3:45 Literature Club w/ Cece (ER 3:45-4:45pm)
6:00 Sunday Night Drive-in (ER)

- 10:30 Move-It Monday with Ceasarina (ER 10:30am-11:00am)
11:00 This Day in History & Daily Chronicles w/ Cece (ER 11:00am-11:45am)
1:30 Finish The Scene: Poppies w/ Cece (ER 1:30pm-2:15pm)
2:15 Orgins of Memorial Day w/ Ceasarina (ER 2:15pm-2:45pm)
3:30 Happy Hour: Margarita Monday! (DR 3:30pm-4:30pm)
3:45 Patriotic Sing Along w/ Ceasarina (ER 3:45pm-4:45pm)
6:00 Monday Night Movie (ER)

- 10:30 Activity Connections Trivia w/ Mark (LR 10:30am-11:00am)
11:00 Tai Chi w/ Thomas (LR 11:00am-11:45am)
1:30 Word Mining w/ Mark (ER 1:30pm-2:00pm)
2:00 Word Picture Puzzles w/ Mark (ER 2:15pm-2:45pm)
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11:00 Vocal Gym w/ Joanne (Atrium 11-12am)
11:15 Crosswords Puzzles w/ Mark (ER 11:15am-11:45am)
1:30 Armchair Travel w/ Mark (ER 1:30pm-2:15pm)
2:15 Mind Joggers w/ Mark (LR 2:15pm-2:45pm)
3:30 Happy Hour: Throwback Thursday (DR 3:30pm-4:30pm)
4:00 That's Entertainment w/ Gigil! (ER 4:00pm-4:45pm)
6:00 Thursday at the Theater (ER)

- 10:30 Fitness Friday w/ Andria (ER 10:30am-11:00am)
11:15 Scattergories w/ Andria (ER 11:15am-11:45am)
1:30 Name That Tune w/ Andria (ER 1:30pm-2:15pm)
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- 10:15 Catholic Mass via YouTube (LR 10:15am-10:45am)
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1:30 Who, What, Where w/ Ceasarina (ER 1:30pm-2:15pm)
2:15 Literature Club w/ Ceasarina (LR 2:15pm-2:45pm)
3:30 Happy Hour: Social Sunday (DR 3:30pm-4:30pm)
3:45 Literature Club w/ Cece (ER 3:45pm-4:45pm)
6:00 Sunday Night Drive-in (ER)



Bus Schedule
Outing Days- AL & Haven Tuesdays, KClub & Connections Wednesdays
Medical Appointment Days- Monday, Thursday, & Fridays
Errand Days- Wednesday Afternoons
For further information on scheduling transportation for medical appointments & errands please contact: Jennifer Blair, Transportation. Transportation@KensingtonSL.com

Location Key:
ER- Entertainment Room
LR- Living Room
DR-Dining Room
P- Patio



May 2026

Connections Calendar

The Kensington White Plains 100 Maple Avenue White Plains, NY, 10601

