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Hello May!

"MAY IS THE MONTH OF EXPECTATION, THE MONTH OF WISHES, THE MONTH OF HOPE."

— EMILY BRONTË

This is a projected calendar for the month of May 2026. For a more detailed schedule, please refer to the daily activity sheet. For any further questions or comments, please contact: Tiffany Barker, KClub Coordinator: TBarker@KensingtonSL.com Shamaris Mercado, Life Enrichment Manager: SMercado@KensingtonSL.com (914)-390-0090 Ext. 2024

May Day

10:00 Feel-Good Friday (Garden Room (G2 10:00-10:45am))
11:15 Brain Boost Challenge w/ Tiffany (Garden Room (G2) 11:15-11:45)
2:15 Opera & Legends Friday w/Tiffany (G2 2:15-3:15pm)
3:45 A.J Freeman Sings Songs from The Golden Age! (Atrium 3:45PM-4:45PM)
3:45 Happy Hour: TGIF (Atrium 3:45PM-4:45PM)
6:00 Friday Night Thriller! (CR)

10:30 Stretch & Strength Saturday w/ Cece (CR 10:30am-11am)
11:15 Mind Stretchers w/ Cece (CR 11:15am-11:45am)
1:15 Church of The Living God Non-denominational Service (L 1:15pm-1:45pm)
1:45 Art & Climate Lecture w/ Sari Nordman (CR 1:45pm-2:45pm)
3:00 PBS Documentary (CR)
3:45 Happy Hour: Speakeasy Night (Atrium 3:45PM-4:45PM)
3:45 Jazz with Miles and Co. (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

10:15 Crochet Circle w/ Shammy (Library 10:30am-11:15am)
10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)
11:15 Activity Connections Trivia w/ Mark (CR 11:15am-11:45am)
11:30 Resident & Family Sunday Brunch (DR)
1:45 Bingo Hour w/ Mark! (CR 1:45pm-2:45pm)
3:00 Afternoon Documentary (CR)
3:45 Happy Hour: Social Sunday (Atrium 3:45PM-4:45PM)
3:45 That's Entertainment with Gigli! (Atrium 3:45PM-4:45PM)
6:00 Sunday Night Series Presents Murder She Wrote (CR)

10:30 Monday Movement (G2 Garden Room)
11:00 Tai-Chi Mondays w/Thomas (G2 11:00am-11:45am)
1:15 News & Smiles w/Tiffany (G2 Garden Room)
2:00 Mind Stretchers (G2 Garden Room)
3:00 Afternoon Documentary (G2 Garden Room)
3:45 Happy Hour: Martini Monday (Atrium 3:45PM-4:45PM)
3:45 Music w/ James Dower! (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

Cinco de Mayo
10:00 Rise & Revive (Garden Room (G2) 10:00-10:45)
11:00 Fiesta Crafts w/ Tiffany (G210:45-11:15)
11:30 The Mariachi & Mimosas Brunch (DR)
2:15 Tuesday Trivia Tracks (Garden Room (G2) 2:15-2:45)
3:45 A.J Freeman Sings Songs from The Golden Age! (Atrium 3:45PM-4:45PM)
3:45 Tequila Sunset Social (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

National Teachers Day
10:00 Woosah Wednesday Yoga (Garden Room (G2) 10:00-10:45)
10:45 Wise Words Wednesday W/ Tiffany (Garden Room (G2) 10:45-11:15)
11:00 Name that Tune W/ Tiffany (Garden Room (G2) 11:00am-11:45am)
2:00 K-Club Stroll & Explore (Outing 2:00 - 3:30)
3:45 Happy Hour: Whiskey Wednesday (A 3:45pm-4:45pm)
3:45 Jammin with Mike Bram! (A 3:45pm-4:45pm)
6:00 Nightly Movie (2nd floor CR)

Garden Meditation Day Happy Birthday Shari W!
10:00 K-Club Movement & Music (Garden Room (G2) 10:00-10:45)
10:00 Peaceful Garden Collage Boards W/ Tiffany (Garden Room (G2) 10:45-11:45am)
1:30 Coffee & Chat W/ Tiffany (Garden 1:30-2:00)
3:45 Classical Piano Concert with Nicole & Amino! (Atrium 3:45PM-4:45PM)
3:45 Happy Hour: Tropical Escape Thursday (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

Happy Birthday Jean B!
10:00 Feel-Good Friday (Garden Room (G2 10:00-10:45am))
11:15 Memory Lane Game w/ Tiffany (Garden Room (G2) 11:15-11:45)
2:15 Classical Icons Friday w/Tiffany (G2 2:15-3:15pm)
3:45 Happy Hour: TGIF (Atrium 3:45PM-4:45PM)
3:45 Lend Me Your Ears Music w/ Marlana (Atrium 3:45PM-4:45PM)
6:00 Friday Night Thriller! (CR)

Hanging Flower Baskets Day
10:30 Stretch & Strength Saturday w/ Cece (CR 10:30am-11am)
11:15 Mind Stretchers w/ Cece (CR 11:15am-11:45am)
1:45 Historical Lecture: First Ladies of Comedy w/ Evan Weiner (CR 1:45pm-2:45pm)
3:00 PBS Documentary (CR)
3:45 Happy Hour: Smooth Jazz Saturday (Atrium 3:45PM-4:45PM)
3:45 Oldies Jam with Tommy D (A 3:45pm-4:45pm)
6:00 Nightly Movie (2nd floor CR)

Mother's Day Happy Birthday Helaine!
10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)
11:15 Mother's Day Jeopardy Trivia w/ Mark (CR 11:15am-11:45am)
11:30 Love You A Brunch (DR)
1:45 Mosaic FlowerPots w/ Mark (CR 1:45pm-2:45pm)
3:00 Afternoon Documentary (CR)
3:45 Mom-osa Hour (Atrium 3:45PM-4:45PM)
3:45 Mother's Day Special w/ Deuces Wild! (Atrium 3:45PM-4:45PM)
6:00 Sunday Night Series Presents Murder She Wrote (CR)

10:30 Monday Movement (G2 Garden Room)
11:00 Tai-Chi Mondays w/Thomas (G2 11:00am-11:45am)
1:15 Hands-On Discovery w/Tiffany (G2 Garden Room)
2:00 Mind Stretchers (G2 Garden Room)
3:00 Afternoon Documentary (G2 Garden Room)
3:45 Entertainment w/ Jazmyn Duo! (Atrium 3:45PM-4:45PM)
3:45 Happy Hour: Margarita Mondays (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

International Nurses Day
10:00 Rise & Revive (Garden Room (G2) 10:00-10:45)
11:00 Armchair Travel w/ Tiffany (G210:45-11:15)
2:15 Tuesday Trivia Tracks (Garden Room (G2) 2:15-2:45)
3:45 Happy Hour: Tiki Tuesday (Atrium 3:45PM-4:45PM)
3:45 Live Entertainment w/ Joe Blanco! (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

National Apple Pie Day
10:00 Woosah Wednesday Yoga (Garden Room (G2) 10:00-10:45)
10:45 Word Whiz Wednesday W/ Tiffany (Garden Room (G2) 10:45-11:15)
11:00 Name that Tune W/ Tiffany (Garden Room (G2) 11:00am-11:45am)
1:15 Racquette Balloon w/Tiffany ((G2 1:15-2:00pm))
2:00 K-Club Fresh Air Club W/ Tiffany (Outing 2:00 - 3:30pm)
3:45 Happy Hour: Wine Down Wednesday (A 3:45pm-4:45pm)
3:45 Howard Cohen on the Cello! (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

World Turtle Day A Roaring Good Time
10:00 K-Club Balloon Volleyball (Garden Room (G2) 10:00-10:45)
10:00 Turtle Art Creations W/ Tiffany (Garden Room (G2) 10:45-11:45am)
1:30 Spring Memories W/ Tiffany (Garden 1:30-2:00)
4:00 Great Gatsby Family Night! (Atrium, Cafe, Dining Room)
6:00 Nightly Movie (2nd floor CR)

10:00 Feel-Good Friday (Garden Room (G2 10:00-10:45am))
11:15 Guess & Discover w/ Tiffany (Garden Room (G2) 11:15-11:45)
2:15 Masters of Music Friday w/Tiffany (G2 2:15-3:15pm)
3:45 Happy Hour: TGIF (Atrium 3:45PM-4:45PM)
3:45 Lend Me Your Ears Music w/ Marlana (Atrium 3:45PM-4:45PM)
6:00 Friday Night Thriller! (CR)

Armed Forces Day
10:30 Stretch & Strength Saturday w/ Cece (CR 10:30am-11am)
11:15 Military Slang Trivia w/Evie (CR 11:15am-11:45am)
1:45 Rye Historical Society Lecture Series: Life in Colonial Rye (CR 1:45pm-2:45pm)
3:00 PBS Documentary (CR)
3:45 Happy Hour: Speakeasy Night (Atrium 3:45PM-4:45PM)
3:45 Jazz with Miles and Co. (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

10:15 Crochet Circle w/ Shammy (Library 10:30am-11:15am)
10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)
11:15 Activity Connections Trivia w/ Mark (CR 11:15am-11:45am)
11:30 Resident & Family Sunday Brunch (DR)
1:45 Bingo Hour w/ Mark! (CR 1:45pm-2:45pm)
3:00 Afternoon Documentary (CR)
3:45 Happy Hour: Social Sunday (Atrium 3:45PM-4:45PM)
3:45 Rock N Roll with Lou Patrick! (Atrium 3:45-4:45pm)
6:00 Sunday Night Series Presents Murder She Wrote (CR)

Victoria Day
10:30 Monday Movement (G2 Garden Room)
11:00 Tai-Chi Mondays w/Thomas (G2 11:00am-11:45am)
1:15 News & Smiles w/Tiffany (G2 Garden Room)
2:00 Mind Stretchers (G2 Garden Room)
3:00 Afternoon Documentary (G2 Garden Room)
3:45 A.J Freeman Sings Songs from The Golden Age! (Atrium 3:45PM-4:45PM)
3:45 Happy Hour: Martini Monday (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

10:00 Rise & Revive (Garden Room (G2) 10:00-10:45)
11:00 Armchair Travel w/ Tiffany (G210:45-11:15)
2:15 Tuesday Trivia Tracks (Garden Room (G2) 2:15-2:45)
3:45 Happy Hour: Tequila Tuesday (Atrium 3:45PM-4:45PM)
3:45 Sounds of Soul w/ Rhonda (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

Amelia Earhart Day Happy Birthday Liz N!
10:00 Woosah Wednesday Yoga (Garden Room (G2) 10:00-10:45)
10:45 Word Circle Wednesday W/ Tiffany (Garden Room (G2) 10:45-11:15)
11:00 Name that Tune W/ Tiffany (Garden Room (G2) 11:00am-11:45am)
2:00 K-Club Scenic Stroll W/ Tiffany (Outing 2:00 - 3:30pm)
3:45 Happy Hour: Whiskey Wednesday (A 3:45pm-4:45pm)
3:45 Jammin with Mike Bram! (A 3:45pm-4:45pm)
6:00 Nightly Movie (2nd floor CR)

World Plant Vegetable Day
10:00 K-Club Kickball (Garden Room (G2) 10:00-10:45)
10:00 Daily Chronicles W/ Tiffany (Garden Room (G2) 10:45-11:45am)
1:00 Pet Therapy on the Move w/ Linda (1:00pm-2:30pm)
1:30 On The Go Flow (Garden 1:30-2:00)
3:45 Entertainment with Bosco! (Atrium 3:45PM-4:45PM)
3:45 Happy Hour: Tropical Escape Thursday (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

10:00 Feel-Good Friday (Garden Room (G2 10:00-10:45am))
11:15 Friday Game Show Hour w/ Tiffany (Garden Room (G2) 11:15-11:45)
2:15 Famous Faces Friday w/Tiffany (G2 2:15-3:15pm)
3:45 Classical Piano Concert with Nicole & Amino! (Atrium 3:45PM-4:45PM)
3:45 Happy Hour: TGIF (Atrium 3:45PM-4:45PM)
6:00 Friday Night Thriller! (CR)

10:30 Stretch & Strength Saturday w/ Cece (CR 10:30am-11am)
11:15 Mind Stretchers w/ Cece (CR 11:15am-11:45am)
1:45 Life Long Learning Lecture Series (CR 1:45pm-2:45pm)
3:00 PBS Documentary (CR)
3:45 Happy Hour: Smooth Jazz Saturday (Atrium 3:45PM-4:45PM)
3:45 Oldies Jam with Tommy D (A 3:45pm-4:45pm)
6:00 Nightly Movie (2nd floor CR)

10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)
11:15 Trivia Challenge w/ Mark (CR 11:15am-11:45am)
11:30 Resident & Family Sunday Brunch (DR)
1:45 Bingo Hour w/ Mark! (CR 1:45pm-2:45pm)
3:00 Afternoon Documentary (CR)
3:45 Happy Hour: Karaoke & Cocktails (Atrium 3:45PM-4:45PM)
3:45 That's Entertainment with Gigli! (Atrium 3:45PM-4:45PM)
6:00 Sunday Night Series Presents Murder She Wrote (CR)

Memorial Day
10:30 Monday Movement (G2 Garden Room)
11:00 Tai-Chi Mondays w/Thomas (G2 11:00am-11:45am)
1:15 Melodies of Remembrance w/Tiffany (G2 Garden Room)
2:00 Mind Stretchers (G2 Garden Room)
3:00 Afternoon Documentary (G2 Garden Room)
3:45 Entertainment w/ Jazmyn Duo! (Atrium 3:45-4:45pm)
3:45 Happy Hour: Stars & Sips (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

10:00 Rise & Revive (Garden Room (G2) 10:00-10:45)
11:00 Armchair Travel w/ Tiffany (G210:45-11:15)
2:15 Tuesday Trivia Tracks (Garden Room (G2) 2:15-2:45)
3:45 Happy Hour: Tiki Tuesday (Atrium 3:45PM-4:45PM)
3:45 Live Entertainment w/ Joe Blanco! (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

10:00 Woosah Wednesday Yoga (Garden Room (G2) 10:00-10:45)
10:45 Word Whiz Wednesday (Garden Room (G2) 10:45-11:15)
11:00 Name that Tune W/ Tiffany (Garden Room (G2) 11:00am-11:45am)
1:15 Racquette Balloon w/Tiffany ((G2 1:15-2:00pm))
2:00 K-Club Gallivant (Outing 2:00 - 3:30)
3:45 Happy Hour: Wine Down Wednesday (A 3:45pm-4:45pm)
3:45 Howard Cohen on the Cello! (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

National Hamburger Day
10:00 K-Club Kickball (Garden Room (G2) 10:00-10:45)
10:00 Buns & Memories W/ Tiffany (Garden Room (G2) 10:45-11:45am)
1:30 On The Go Flow (Garden 1:30-2:00)
3:45 Allegro Singers: Magic of Opera (Atrium 3:45PM-4:45PM)
3:45 Happy Hour: Throwback Thursday (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

Happy Birthday Neal D! Happy Birthday Ruth F!
10:00 Feel-Good Friday (Garden Room (G2 10:00-10:45am))
11:15 Quick Fire Questions w/ Tiffany (Garden Room (G2) 11:15-11:45)
2:15 Famous Faces Friday w/Tiffany (G2 2:15-3:15pm)
3:45 Happy Hour: TGIF (Atrium 3:45PM-4:45PM)
3:45 Lend Me Your Ears Music w/ Marlana (Atrium 3:45PM-4:45PM)
6:00 Friday Night Thriller! (CR)

Mint Julep Day
10:30 Stretch & Strength Saturday w/ Cece (CR 10:30am-11am)
11:15 Mind Stretchers w/ Cece (CR 11:15am-11:45am)
1:45 Life Long Learning Lecture Series (CR 1:45pm-2:45pm)
3:00 PBS Documentary (CR)
3:45 Happy Hour: Speakeasy Night (Atrium 3:45PM-4:45PM)
3:45 Jazz with Miles and Co. (Atrium 3:45am-4:45pm)
6:00 Nightly Movie (2nd floor CR)

National Macaroon Day
10:15 Crochet Circle w/ Shammy (Library 10:30am-11:15am)
10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)
11:15 Activity Connections Trivia w/ Mark (CR 11:15am-11:45am)
11:30 Resident & Family Sunday Brunch (DR)
1:45 Bingo Hour w/ Mark! (CR 1:45pm-2:45pm)
3:00 Afternoon Documentary (CR)
3:45 Happy Hour: Social Sunday (Atrium 3:45PM-4:45PM)
3:45 Violin Concert w/ Albert Mulad! (Atrium 3:45-4:45pm)
6:00 Sunday Night Series Presents Murder She Wrote (CR)



Bus Schedule
Outing Days- AL & Haven Tuesdays, KClub & Connections Wednesdays
Medical Appointment Days- Monday, Thursday, & Fridays
Errand Days- Wednesday Afternoons
For further information on scheduling transportation for medical appointments & errands please contact: Jennifer Blair, Transportation. Transportation@KensingtonSL.com

Location Key:
CR- Community Room
DR- Dining Room
G2- Garden Room
L- Library
A- Atrium
P-Parlor



May 2026

KClub

The Kensington White Plains 100 Maple Avenue White Plains, NY, 10601

