

SUNMONTUEWEDTHURFRI SAT



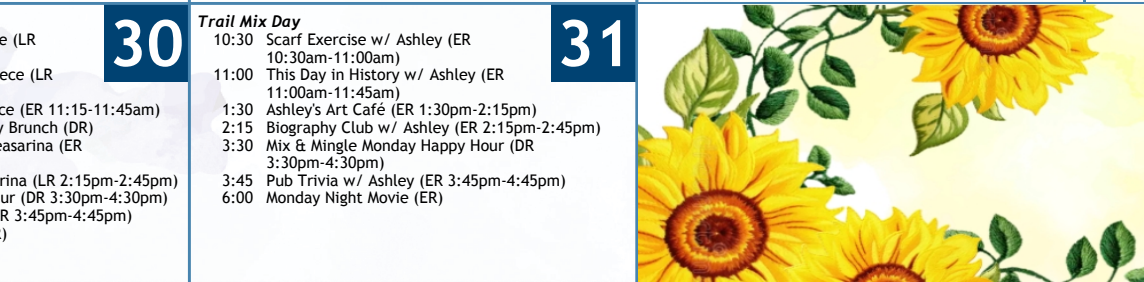
“BREATHE THE SWEETNESS
THAT HOVERS IN AUGUST.”
— DENISE LEVERTOV

*This is a projected calendar for the month of August 2026.
For a more detailed schedule, please refer to the daily activity sheet.
For any further questions or comments, please contact:
Shamaris Mercado, Life Enrichment Manager.
SMercado@KensingtonSL.com (914)-390-0090 Ext. 2024*



Disc Golf Day
10:30 Moving & Groovin' with Tanya (ER 10:30am-11:00am)
11:15 Word Categories w/ Tanya (ER 11:15am-11:45am)
1:30 Silent Dance Party & Games w/ Tanya (ER 1:30pm-2:15pm)
2:15 Say it with Music w/ Tanya (ER 2:15pm-2:45pm)
3:30 Sangria Saturday Happy Hour (DR 3:30pm-4:30pm)
3:45 Bingo Hour w/ Tanya (DR 3:45pm-4:45pm)
6:00 Saturday Night Movies (ER)

Ice Cream Sandwich Day 10:15 Catholic Mass via YouTube (LR 10:15am-10:45am) 10:45 Holy Rosary Circle with Cece (LR 10:45am-11:15am) 11:15 Melodies & Motion w/ Cece (ER 11:15-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:30 Who, What, Where w/ Ceasarina (ER 1:30pm-2:15pm) 2:30 Violin Concert with Albert! (LR 2:30pm-3:15pm) 3:30 Smooth Sunday Happy Hour (DR 3:30pm-4:30pm) 3:45 Cece's Creative Corner (ER 3:45pm-4:45pm) 6:00 Sunday Night Drive-in (ER)	Watermelon Day 10:30 Scarf Exercise w/ Ashley (ER 10:30am-11:00am) 11:00 This Day in History w/ Ashley (ER 11:00am-11:45am) 1:30 Ashley's Art Café (ER 1:30pm-2:15pm) 2:15 Biography Club w/ Ashley (ER 2:15pm-2:45pm) 3:30 Mix & Mingle Monday Happy Hour (DR 3:30pm-4:30pm) 3:45 Pub Trivia w/ Ashley (ER 3:45pm-4:45pm) 6:00 Monday Night Movie (ER)	U.S Coast Guard Day 10:30 Mind Matters Trivia w/ Ashley (LR 10:30am-11:00am) 11:00 Tai Chi w/ Thomas (LR 11:00am-11:45am) 1:30 Word Mining w/ Ashley (ER 1:30pm-2:00pm) 2:00 Sports League: Volleyball w/ Ashley (ER 2:00pm-2:45pm) 3:30 Tunes Tuesday Happy Hour (DR 3:30pm-4:30pm) 3:45 A.J Freeman Sings Songs from The Golden Age! (ER 3:45pm-4:45pm) 6:00 Tuesday Night Musical (ER)	Garage Sale Day 10:30 Out & About with Shamaris & Jen 10:30 Wellness Wednesday Workout w/ Mark (ER 10:30am-11:00am) 11:00 Song Pictionary w/ Mark (ER 11:00am-11:45am) 1:30 Brain Teasers w/ Mark (ER 1:30pm-2:00pm) 2:15 Cliche Trivia w/ Mark (ER 2:15pm - 2:45pm) 3:30 Wine Down Wednesday Happy Hour (DR 3:30pm-4:30pm) 3:45 Sounds of The Soul w/ Rhonda! (DR 3:45pm-4:45pm) 6:00 Movie Night (ER)	Rootbeer Float Day 10:30 Mercy College Graduate Discussion group (ER 10:30am-11:15am) 11:00 AWEN Horticultural Therapy w/ Meghann (2nd Flr CR 11:00am-12:00pm) 11:15 Crosswords Puzzles w/ Cece (ER 11:15am-11:45am) 1:30 Armchair Travelogue w/ Cece (ER 1:30pm-2:15pm) 2:00 Oldies Jam with Tommy D! (ER 2:00pm-3:00pm) 3:30 Throwback Thursday Happy Hour (DR 3:30pm-4:30pm) 3:45 Sip & Poetry w/ Cece (ER 3:45pm-4:45pm) 6:00 Thursday at the Theater (ER)	International Cat Day 10:30 Moving & Groovin' with Tanya (ER 10:30am-11:00am) 11:15 Word Categories w/ Tanya (ER 11:15am-11:45am) 1:30 Afternoon Active Games w/ Tanya (ER 1:30pm-2:00pm) 2:00 Oldies Jam with Tommy D! (ER 2:00pm-3:00pm) 3:30 Sangria Saturday Happy Hour (DR 3:30pm-4:30pm) 3:45 Bingo Hour w/ Tanya (DR 3:45pm-4:45pm) 6:00 Saturday Night Movies (ER)
Book Lover's Day 10:15 Catholic Mass via YouTube (LR 10:15am-10:45am) 10:45 Holy Rosary Circle with Cece (LR 10:45am-11:15am) 11:15 Melodies & Motion w/ Cece (ER 11:15-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:30 Who, What, Where w/ Ceasarina (ER 1:30pm-2:15pm) 2:15 Literature Club w/ Ceasarina (LR 2:15pm-2:45pm) 3:30 Smooth Sunday Happy Hour (DR 3:30pm-4:30pm) 3:45 Jammin with Mike Bram! (ER 3:45pm-4:45pm) 6:00 Sunday Night Drive-in (ER)	Lazy Day Happy Birthday Joan W! 10:30 Musical Movement & Memories w/ Ashley (ER 10:30am-11:00am) 11:00 Word Mining w/ Ashley (ER 11:00am-11:45am) 1:30 Ashley's Art Café (ER 1:30pm-2:15pm) 2:15 Biography Club w/ Ashley (ER 2:15pm-2:45pm) 3:30 Mix & Mingle Monday Happy Hour (DR 3:30pm-4:30pm) 3:45 Decades Music Challenge w/ Ashley (ER 3:45pm-4:45pm) 6:00 Monday Night Movie (ER)	Son & Daughter Day 10:30 Mind Stretchers w/ Ashley (LR 10:30am-11:00am) 11:00 Tai Chi w/ Thomas (LR 11:00am-11:45am) 1:30 Scattegories w/ Ashley (ER 1:30pm-2:00pm) 2:00 Sports League: Bowling w/ Ashley (ER 2:00pm-2:45pm) 3:30 Tunes Tuesday Happy Hour (DR 3:30pm-4:30pm) 3:45 Violin Concert with Albert! (ER 3:45pm-4:45pm) 6:00 Tuesday Night Musical (ER)	Vinyl Record Day 10:30 Guided Meditation & Yoga w/ Mark (ER 10:30am-11:00am) 10:30 Out & About with Shamaris & Jen 11:00 Positive News Stories w/ Mark (ER 11:00am-11:45am) 1:30 Brain Teasers w/ Mark (ER 1:30pm-2:00pm) 2:00 Music Therapy with the Music Conservatory of Westchester (ER 2:00-3:00pm) 3:30 Wine Down Wednesday Happy Hour (DR 3:30pm-4:30pm) 3:45 Musical Bingo w/ Mark (DR 3:45pm-4:45pm) 6:00 Movie Night (ER)	Around The World in One Night! 10:30 Mercy College Graduate Discussion group (ER 10:30am-11:15am) 11:15 Crosswords Puzzles w/ Cece (ER 11:15am-11:45am) 1:30 Armchair Travelogue w/ Cece (ER 1:30pm-2:15pm) 2:15 Cece's Creative Corner (LR 2:15pm-2:45pm) 3:45 Rock N Roll with Lou Patrick! (ER 3:45pm-4:45pm) 4:00 Family Night: Around The World in One Night ((Atrium, Parlor, DR)) 6:00 Thursday at the Theater (ER)	Creamsicle Day 10:30 Swing Into Fitness w/ Ashley (ER 10:30am-11:00am) 11:15 Finish The Lyrics w/ Ashley (ER 11:15am-11:45am) 1:30 Aromas & Memories w/ Ashley (ER 1:30pm-2:00pm) 2:00 Hands & Hearts Baking w/ Ashley (ER 2:00pm-2:45pm) 3:30 Feel-Good Friday Happy Hour (DR 3:30pm-4:30pm) 3:45 Afternoon Puzzles & Table Games w/ Ashley (DR 3:45pm-4:40pm) 4:30 Shabbat Prayers w/ Shelley (LR 4:30pm-5:00pm) 6:00 Friday Night Flick (ER)
National Rum Day 10:15 Catholic Mass via YouTube (LR 10:15am-10:45am) 10:45 Holy Rosary Circle with Cece (LR 10:45am-11:15am) 11:15 Melodies & Motion w/ Cece (ER 11:15-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:30 Who, What, Where w/ Ceasarina (ER 1:30pm-2:15pm) 2:15 Live Music w/ Grigory! (LR 2:15pm-3:00pm) 3:30 Smooth Sunday Happy Hour (DR 3:30pm-4:30pm) 3:45 Cece's Creative Corner (ER 3:45pm-4:45pm) 6:00 Sunday Night Drive-in (ER)	Thriftshop Day 10:30 Scarf Exercise w/ Ashley (ER 10:30am-11:00am) 11:00 This Day in History w/ Ashley (ER 11:00am-11:45am) 1:30 Ashley's Art Café (ER 1:30pm-2:15pm) 2:15 Biography Club w/ Ashley (ER 2:15pm-2:45pm) 3:30 Mix & Mingle Monday Happy Hour (DR 3:30pm-4:30pm) 3:45 Pub Trivia w/ Ashley (ER 3:45pm-4:45pm) 6:00 Monday Night Movie (ER)	Fajita Day Happy Birthday Carol K! 10:30 Mind Matters Trivia w/ Ashley (LR 10:30am-11:00am) 11:00 Tai Chi w/ Thomas (LR 11:00am-11:45am) 1:30 Word Mining w/ Ashley (ER 1:30pm-2:00pm) 2:00 Sports League: Volleyball w/ Ashley (ER 2:00pm-2:45pm) 3:30 Tunes Tuesday Happy Hour (DR 3:30pm-4:30pm) 3:45 Golden Oldies w/ Tommy Spin (ER 3:45pm-4:45pm) 6:00 Tuesday Night Musical (ER)	Photography Day 10:30 Out & About with Shamaris & Jen 10:30 Wellness Wednesday Workout w/ Mark (ER 10:30am-11:00am) 11:00 Song Pictionary w/ Mark (ER 11:00am-11:45am) 1:30 Brain Teasers w/ Mark (ER 1:30pm-2:00pm) 2:00 Music Therapy with the Music Conservatory of Westchester (ER 2:00-3:00pm) 3:30 Wine Down Wednesday Happy Hour (DR 3:30pm-4:30pm) 3:45 Bingo w/ Mark (DR 3:45pm-4:45pm) 6:00 Movie Night (ER)	Bacon Lovers Day 10:30 Mercy College Graduate Discussion group (ER 10:30am-11:15am) 11:00 Vocal Gym w/ Joanne (Atrium 11-12am) 11:15 Crosswords Puzzles w/ Cece (ER 11:15am-11:45am) 1:30 Armchair Travelogue w/ Cece (ER 1:30pm-2:15pm) 2:15 Cece's Creative Corner (LR 2:15pm-2:45pm) 3:30 Throwback Thursday Happy Hour (DR 3:30pm-4:30pm) 3:45 Live Music w/ Michael Shofi! (ER 3:45pm-4:45pm) 6:00 Thursday at the Theater (ER)	Poets Day 10:30 Fitness Friday w/ Ashley (ER 10:30am-11:00am) 11:15 Finish The Lines w/ Ashley (ER 11:15am-11:45am) 1:30 Aromas & Memories w/ Ashley (ER 1:30pm-2:00pm) 2:00 Hands & Hearts Baking w/ Ashley (ER 2:00pm-2:45pm) 3:30 Feel-Good Friday Happy Hour (DR 3:30pm-4:30pm) 3:45 Afternoon Puzzles & Table Games w/ Ashley (DR 3:45pm-4:40pm) 4:30 Shabbat Prayers w/ Shelley (LR 4:30pm-5:00pm) 6:00 Friday Night Flick (ER)
Grilled Veggies Day 10:15 Catholic Mass via YouTube (LR 10:15am-10:45am) 10:45 Holy Rosary Circle with Cece (LR 10:45am-11:15am) 11:15 Melodies & Motion w/ Cece (ER 11:15-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:30 Who, What, Where w/ Ceasarina (ER 1:30pm-2:15pm) 2:15 Literature Club w/ Ceasarina (LR 2:15pm-2:45pm) 3:30 Smooth Sunday Happy Hour (DR 3:30pm-4:30pm) 3:45 Jammin with Mike Bram! (ER 3:45pm-4:45pm) 6:00 Sunday Night Drive-in (ER)	Waffle Day 10:30 Musical Movement & Memories w/ Ashley (ER 10:30am-11:00am) 11:00 Word Mining w/ Ashley (ER 11:00am-11:45am) 1:30 Ashley's Art Café (ER 1:30pm-2:15pm) 2:15 Will It Waffle? w/ Ashley (ER 2:15pm-2:45pm) 3:30 Mix & Mingle Monday Happy Hour (DR 3:30pm-4:30pm) 3:45 Decades Music Challenge w/ Ashley (ER 3:45pm-4:45pm) 6:00 Monday Night Movie (ER)	Banana Split Day 10:30 Mind Stretchers w/ Ashley (LR 10:30am-11:00am) 11:00 Tai Chi w/ Thomas (LR 11:00am-11:45am) 1:30 Scattegories w/ Ashley (ER 1:30pm-2:00pm) 2:00 Sports League: Bowling w/ Ashley (ER 2:00pm-2:45pm) 3:30 Tunes Tuesday Happy Hour (DR 3:30pm-4:30pm) 3:45 Golden Oldies Karaoke w/ Ashley (ER 3:45pm-4:45pm) 6:00 Tuesday Night Musical (ER)	Women's Equality Day 10:30 Guided Meditation & Yoga w/ Mark (ER 10:30am-11:00am) 10:30 Out & About with Shamaris & Jen 11:00 Positive News Stories w/ Mark (ER 11:00am-11:45am) 1:30 Brain Teasers w/ Mark (ER 1:30pm-2:00pm) 2:00 Music Therapy with the Music Conservatory of Westchester (ER 2:00-3:00pm) 3:30 Wine Down Wednesday Happy Hour (DR 3:30pm-4:30pm) 3:45 Musical Bingo w/ Mark (DR 3:45pm-4:45pm) 6:00 Movie Night (ER)	Lottery Day 10:30 Mercy College Graduate Discussion group (ER 10:30am-11:15am) 11:00 Vocal Gym w/ Joanne (Atrium 11-12am) 11:15 Crosswords Puzzles w/ Cece (ER 11:15am-11:45am) 1:30 Armchair Travelogue w/ Cece (ER 1:30pm-2:15pm) 2:15 Cece's Creative Corner (LR 2:15pm-2:45pm) 3:30 Throwback Thursday Happy Hour (DR 3:30pm-4:30pm) 3:45 That's Entertainment with Gigil! (ER 3:45pm-4:45pm) 6:00 Thursday at the Theater (ER)	Stuffed Green Bell Pepper 10:30 Swing Into Fitness w/ Ashley (ER 10:30am-11:00am) 11:15 Finish The Lyrics w/ Ashley (ER 11:15am-11:45am) 1:30 Aromas & Memories w/ Ashley (ER 1:30pm-2:00pm) 2:00 Hands & Hearts Baking w/ Ashley (ER 2:00pm-2:45pm) 3:30 Feel-Good Friday Happy Hour (DR 3:30pm-4:30pm) 3:45 Afternoon Puzzles & Table Games w/ Ashley (DR 3:45pm-4:40pm) 4:30 Shabbat Prayers w/ Shelley (LR 4:30pm-5:00pm) 6:00 Friday Night Flick (ER)
Beach Day 10:15 Catholic Mass via YouTube (LR 10:15am-10:45am) 10:45 Holy Rosary Circle with Cece (LR 10:45am-11:15am) 11:15 Melodies & Motion w/ Cece (ER 11:15-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:30 Who, What, Where w/ Ceasarina (ER 1:30pm-2:15pm) 2:15 Literature Club w/ Ceasarina (LR 2:15pm-2:45pm) 3:30 Smooth Sunday Happy Hour (DR 3:30pm-4:30pm) 3:45 Cece's Creative Corner (ER 3:45pm-4:45pm) 6:00 Sunday Night Drive-in (ER)	Trail Mix Day 10:30 Scarf Exercise w/ Ashley (ER 10:30am-11:00am) 11:00 This Day in History w/ Ashley (ER 11:00am-11:45am) 1:30 Ashley's Art Café (ER 1:30pm-2:15pm) 2:15 Biography Club w/ Ashley (ER 2:15pm-2:45pm) 3:30 Mix & Mingle Monday Happy Hour (DR 3:30pm-4:30pm) 3:45 Pub Trivia w/ Ashley (ER 3:45pm-4:45pm) 6:00 Monday Night Movie (ER)				



Location Key:
LR- Living Room
DR-Dining Room
ER- EntertainmentRoom
P- Patio

Bus Schedule
Outing Days- AL & Haven Tuesdays, KClub & Connections Wednesdays
Medical Appointment Days- Monday, Thursday, & Fridays
Errand Days- Wednesday Afternoons

*For further information on scheduleing transportation
for medical appointments & errands please contact:
Jennifer Blair, Transportation. Transportation@KensingtonSL.com*

