

SUNMONTUEWEDTHURFRI SAT



Hello August



"BREATHE THE SWEETNESS
THAT HOVERS IN AUGUST."
— DENISE LEVERTOV

This is a projected calendar for the month of August 2026.
For a more detailed schedule, please refer to the daily activity sheet.
For any further questions or comments, please contact:
Shamaris Mercado, Life Enrichment Manager.
SMercado@KensingtonSL.com (914)-390-0090 Ext. 2024



Disc Golf Day
10:30 Stretch & Strengthen Saturday w/ Shelley (LR 10:30am-11:00am)
11:15 Mind Stretchers w/ Shelley (LR 11:15am-11:45am)
1:30 Creative Hands w/ Shelley (LR 1:30pm-2:15pm)
2:15 Story Circle: Stories from a Photo (LR 2:15pm-2:45pm)
3:00 Happy Hour: Sangria Saturday (DR 3:00pm-4:00pm)
3:45 A.J. Freeman Sings Songs from The Golden Age! (LR 3:45pm-4:45pm)
6:00 Evening Musical (LR)

Ice Cream Sandwich Day 10:30 Sunday Mass via Youtube (TR 10:30am-11:00am) 10:45 Movin' & Groovin' w/ Tanya (LR 10:45am-11:15am) 11:15 This Day in History w/ Tanya (LR 11:15am-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:30 Let's Get Crafty w/ Tanya (LR 1:30pm-2:15pm) 2:15 Sensory Exploration w/ Tanya (LR 2:15pm-2:45pm) 3:00 Happy Hour: Social Sunday (DR 3:00pm-4:00pm) 4:00 Violin Concert with Albert! (LR 4:00-4:45pm) 6:00 Sunday Night Drive-in (LR)	2	Watermelon Day 10:30 Scarf Exercise w/ Shelley (LR 10:30am-11:15am) 10:45 Hands & Hearts Baking w/ Andria (SR 10:45am-11:45am) 11:15 Who Am I? w/ Shelley (LR 11:15am-11:45am) 1:30 Artist Impressions w/ Shelley (LR 1:30pm-2:15pm) 1:30 Relaxing Hand Massages w/ Andria (SR 1:30pm-2:30pm) 2:15 Monday Melodies w/ Shelley (LR 2:15pm-2:45pm) 3:00 Happy Hour: Margarita Monday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	3	U.S Coast Guard Day 10:15 Out & About with Shamaris & Jen 10:30 Action Rhyme w/ Shelley (LR 10:30am-11:00am) 11:00 Name that Tune w/ Shelley (LR 11:00am-11:45am) 1:30 Marvelous Lavender Spa & Massage w/ Andria (LR 1:30pm-2:45pm) 3:00 Happy Hour: Tea Tuesday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Classic Movie Night (LR)	4	Garage Sale Day 10:30 Music Conservatory of Westchester - Music Therapy (LR 10:30am-11:30am) 11:30 Morning Connections & Melodies w/ Shelley (LR 11:30am-11:45am) 1:30 Watercolor Wednesday w/ Shelley (SR 1:30pm-2:15pm) 2:15 Sensory Stories w/ Shelley (SR 2:15pm-2:45pm) 3:00 Happy Hour: Wine Down Wednesday (DR 3:00pm-4:00pm) 4:00 Musical Bingo w/ Shelley (DR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	5	Rootbeer Float Day 10:30 Swing into Fitness w/ Shelley (LR 10:30am-11:00am) 10:45 Hands & Hearts Baking w/ Andria (SR 10:45am-11:45am) 11:00 AWEH Horticultural Therapy w/ Meghann (2nd Fir CR 11:00am-12:00pm) 11:00 Positive New Stories w/ Shelley (LR 11:00am-11:45am) 1:30 Story Circle w/ Andria (SR 1:30pm-2:30pm) 1:30 Table Top Games w/ Shelley (LR 1:30pm-2:15pm) 2:15 Aromas & Memories w/ Shelley (LR 2:15pm-2:45pm) 3:00 Happy Hour: Throwback Thursday (DR 3:00pm-4:00pm) 3:45 Oldies Jam with Tommy Di! (LR 3:45pm-4:45pm) 6:00 Classic Movie Night (LR)	6	10:30 Flashback Friday w/ Shelley (LR 10:30am-11:15am) 10:45 Hands & Hearts Baking w/ Andria (SR 10:45am-11:45am) 11:15 Tai Chi w/ Thomas (LR 11:15am-11:45am) 1:30 Armchair Travelogue w/ Andria (LR 1:30pm-2:15pm) 1:30 Sensory Garden Club w/ Shelley (SR 1:30pm-2:00pm) 2:15 Cliche Trivia w/ Andria (LR 2:15pm-2:45pm) 2:15 Shabbat Prayers w/ Shelley (SR 2:15pm-2:45pm) 3:00 Happy Hour: Flash Back Friday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	7	International Cat Day 10:30 Music & Motion w/ Shelley (LR 10:30am-11:00am) 11:15 Finish The Phrase w/ Shelley (LR 11:15am-11:45am) 1:30 Creative Hands w/ Shelley (LR 1:30pm-2:15pm) 2:15 Piece-ful Puzzles w/ Shelley (LR 2:15pm-2:45pm) 3:00 Happy Hour: Sangria Saturday (DR 3:00pm-4:00pm) 3:45 Lend Me Your Ears Music w/ Marlanal! (LR 3:45pm-4:45pm) 6:00 Evening Musical (LR)	8
Book Lover's Day 10:30 Sunday Mass via Youtube (TR 10:30am-11:00am) 10:45 Balloon Games w/ Tanya (LR 10:45am-11:15am) 11:15 Cliche Trivia w/ Tanya (LR 11:15am-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:30 Afternoon Puzzles & Sorting w/ Tanya (LR 1:30pm-2:15pm) 2:15 Literature Club w/ Tanya (LR 2:15pm-2:45pm) 3:00 Happy Hour: Social Sunday (DR 3:00pm-4:00pm) 4:00 Eversound Silent Dance Party w/ Tanya (LR 4:00pm-4:45pm) 6:00 Sunday Night Drive-in (LR)	9	Lazy Day 10:30 Musical Movement & Memories w/ Shelley (LR 10:30am-11:15am) 10:45 Hands & Hearts Baking w/ Andria (SR 10:45am-11:45am) 11:15 Mindful Travels w/ Shelley (LR 11:15am-11:45am) 1:30 Relaxing Hand Massages w/ Andria (SR 1:30pm-2:30pm) 1:30 Stories Circle: Stories from a Photo w/ Shelley (LR 1:30pm-2:15pm) 2:15 The Comfort Garden w/ Shelley (LR 2:15pm-2:45pm) 3:00 Happy Hour: Margarita Monday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	10	Son & Daughter Day Happy Birthday James! 10:15 Out & About with Shamaris & Jen 10:30 Gentle Yoga & Guided Meditation w/ Shelley (LR 10:30am-11:00am) 11:00 Song Pictionary w/ Shelley (LR 11:00am-11:45am) 1:30 Marvelous Lavender Spa & Massage w/ Andria (LR 1:30pm-2:45pm) 3:00 Happy Hour: Tea Tuesday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Classic Movie Night (LR)	11	Vinyl Record Day 10:30 Music Conservatory of Westchester - Music Therapy (LR 10:30am-11:30am) 11:30 Morning Connections & Melodies w/ Shelley (LR 11:30am-11:45am) 1:30 Mosaic Creations w/ Shelley (SR 1:30pm-2:15pm) 2:15 Biography Club w/ Shelley (SR 2:15pm-2:45pm) 3:00 Happy Hour: Wine Down Wednesday (DR 3:00pm-4:00pm) 4:00 Golden Oldies Karaoke w/ Shelley (DR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	12	Around The World In One Night! 10:30 Sit & Be Fit w/ Shelley (LR 10:30am-11:00am) 10:45 Hands & Hearts Baking w/ Andria (SR 10:45am-11:45am) 11:00 Daily Chronicles w/ Shelley (LR 11:00am-11:45am) 1:30 Flower Arrangements w/ Shelley (LR 1:30pm-2:15pm) 1:30 Story Circle w/ Andria (SR 1:30pm-2:30pm) 2:15 Natural History Club w/ Shelley (LR 2:15pm-2:45pm) 3:00 Happy Hour: Throwback Thursday (DR 3:00pm-4:00pm) 3:45 Rock N Roll with Lou Patrick! (LR 3:45pm-4:45pm) 4:00 Family Night: Around The World in One Night (Atrium, Parlor, DR) 6:00 Classic Movie Night (LR)	13	Creamsicle Day 10:30 Broadway Spotlight w/ Shelley (LR 10:30am-11:15am) 10:45 Hands & Hearts Baking w/ Andria (SR 10:45am-11:45am) 11:15 Tai Chi w/ Thomas (LR 11:15am-11:45am) 1:30 Bean Bag Challenge w/ Andria (LR 1:30pm-2:15pm) 1:30 Sensory Garden Club w/ Shelley (SR 1:30pm-2:00pm) 2:15 Cliche Trivia w/ Andria (LR 2:15pm-2:45pm) 2:15 Shabbat Prayers w/ Shelley (SR 2:15pm-2:45pm) 3:00 Happy Hour: Flash Back Friday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	14	Relaxation Day 10:30 Stretch & Strengthen Saturday w/ Shelley (LR 10:30am-11:00am) 11:15 Mind Stretchers w/ Shelley (LR 11:15am-11:45am) 1:30 Creative Hands w/ Shelley (LR 1:30pm-2:15pm) 2:15 Story Circle: Stories from a Photo (LR 2:15pm-2:45pm) 3:00 Happy Hour: Sangria Saturday (DR 3:00pm-4:00pm) 3:45 A.J. Freeman Sings Songs from The Golden Age! (LR 3:45pm-4:45pm) 6:00 Evening Musical (LR)	15
National Rum Day 10:30 Sunday Mass via Youtube (TR 10:30am-11:00am) 10:45 Movin' & Groovin' w/ Tanya (LR 10:45am-11:15am) 11:15 This Day in History w/ Tanya (LR 11:15am-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:30 Let's Get Crafty w/ Tanya (LR 1:30pm-2:15pm) 2:15 Sensory Exploration w/ Tanya (LR 2:15pm-2:45pm) 3:00 Happy Hour: Social Sunday (DR 3:00pm-4:00pm) 4:00 Live Entertainment w/ Grigory Mulad! (LR 4:00-4:45pm) 6:00 Sunday Night Drive-in (LR)	16	Thrifshop Day 10:30 Scarf Exercise w/ Shelley (LR 10:30am-11:15am) 10:45 Hands & Hearts Baking w/ Andria (SR 10:45am-11:45am) 11:15 Who Am I? w/ Shelley (LR 11:15am-11:45am) 1:30 Artist Impressions w/ Shelley (LR 1:30pm-2:15pm) 1:30 Relaxing Hand Massages w/ Andria (SR 1:30pm-2:30pm) 2:15 Monday Melodies w/ Shelley (LR 2:15pm-2:45pm) 3:00 Happy Hour: Margarita Monday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	17	Fajita Day 10:15 Out & About with Shamaris & Jen 10:30 Action Rhyme w/ Shelley (LR 10:30am-11:00am) 11:00 Name that Tune w/ Shelley (LR 11:00am-11:45am) 1:30 Marvelous Lavender Spa & Massage w/ Andria (LR 1:30pm-2:45pm) 3:00 Happy Hour: Tea Tuesday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Classic Movie Night (LR)	18	Photography Day 10:30 Music Conservatory of Westchester - Music Therapy (LR 10:30am-11:30am) 11:30 Morning Connections & Melodies w/ Shelley (LR 11:30am-11:45am) 1:30 Watercolor Wednesday w/ Shelley (SR 1:30pm-2:15pm) 2:15 Sensory Stories w/ Shelley (SR 2:15pm-2:45pm) 3:00 Happy Hour: Wine Down Wednesday (DR 3:00pm-4:00pm) 4:00 Musical Bingo w/ Shelley (DR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	19	Bacon Lovers Day 10:30 Swing into Fitness w/ Shelley (LR 10:30am-11:00am) 10:45 Hands & Hearts Baking w/ Andria (SR 10:45am-11:45am) 11:00 Positive New Stories w/ Shelley (LR 11:00am-11:45am) 1:30 Story Circle w/ Andria (SR 1:30pm-2:30pm) 1:30 Table Top Games w/ Shelley (LR 1:30pm-2:15pm) 2:15 Aromas & Memories w/ Shelley (LR 2:15pm-2:45pm) 3:00 Happy Hour: Throwback Thursday (DR 3:00pm-4:00pm) 3:45 Live Entertainment w/ Joe Blanco! (LR 3:45pm-4:45pm) 6:00 Classic Movie Night (LR)	20	Poets Day 10:30 Flashback Friday w/ Shelley (LR 10:30am-11:15am) 10:45 Hands & Hearts Baking w/ Andria (SR 10:45am-11:45am) 11:15 Tai Chi w/ Thomas (LR 11:15am-11:45am) 1:30 Armchair Travelogue w/ Andria (LR 1:30pm-2:15pm) 1:30 Sensory Garden Club w/ Shelley (SR 1:30pm-2:00pm) 2:15 Cliche Trivia w/ Andria (LR 2:15pm-2:45pm) 2:15 Shabbat Prayers w/ Shelley (SR 2:15pm-2:45pm) 3:00 Happy Hour: Flash Back Friday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	21	Daffodil Day 10:30 Music & Motion w/ Shelley (LR 10:30am-11:00am) 11:15 Finish The Phrase w/ Shelley (LR 11:15am-11:45am) 1:30 Creative Hands w/ Shelley (LR 1:30pm-2:15pm) 2:15 Oldies Jam with Tommy Di! (LR 2:15pm-2:45pm) 3:00 Happy Hour: Sangria Saturday (DR 3:00pm-4:00pm) 4:00 Puzzles & Sorting w/ Shelley (DR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	22
Grilled Veggies Day Happy Birthday Britt! 10:30 Sunday Mass via Youtube (TR 10:30am-11:00am) 10:45 Balloon Games w/ Tanya (LR 10:45am-11:15am) 11:15 Cliche Trivia w/ Tanya (LR 11:15am-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:30 Afternoon Puzzles & Sorting w/ Tanya (LR 1:30pm-2:15pm) 2:15 Literature Club w/ Tanya (LR 2:15pm-2:45pm) 3:00 Happy Hour: Social Sunday (DR 3:00pm-4:00pm) 3:45 Live Music w/ James Dower! (LR 3:45pm-4:45pm) 6:00 Sunday Night Drive-in (LR)	23	Waffle Day 10:30 Musical Movement & Memories w/ Shelley (LR 10:30am-11:15am) 10:45 Hands & Hearts Baking w/ Andria (SR 10:45am-11:45am) 11:15 Mindful Travels w/ Shelley (LR 11:15am-11:45am) 1:30 Relaxing Hand Massages w/ Andria (SR 1:30pm-2:30pm) 1:30 Stories Circle: Stories from a Photo w/ Shelley (LR 1:30pm-2:15pm) 2:15 The Comfort Garden w/ Shelley (LR 2:15pm-2:45pm) 3:00 Happy Hour: Margarita Monday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	24	Banana Split Day 10:15 Out & About with Shamaris & Jen 10:30 Gentle Yoga & Guided Meditation w/ Shelley (LR 10:30am-11:00am) 11:00 Song Pictionary w/ Shelley (LR 11:00am-11:45am) 1:30 Marvelous Lavender Spa & Massage w/ Andria (LR 1:30pm-2:45pm) 3:00 Happy Hour: Tea Tuesday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Classic Movie Night (LR)	25	Women's Equality Day 10:30 Music Conservatory of Westchester - Music Therapy (LR 10:30am-11:30am) 11:30 Morning Connections & Melodies w/ Shelley (LR 11:30am-11:45am) 1:30 Mosaic Creations w/ Shelley (SR 1:30pm-2:15pm) 2:15 Biography Club w/ Shelley (SR 2:15pm-2:45pm) 3:00 Happy Hour: Wine Down Wednesday (DR 3:00pm-4:00pm) 4:00 Golden Oldies Karaoke w/ Shelley (DR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	26	Lottery Day 10:30 Sit & Be Fit w/ Shelley (LR 10:30am-11:00am) 10:45 Hands & Hearts Baking w/ Andria (SR 10:45am-11:45am) 11:00 Daily Chronicles w/ Shelley (LR 11:00am-11:45am) 1:30 Flower Arrangements w/ Shelley (LR 1:30pm-2:15pm) 1:30 Story Circle w/ Andria (SR 1:30pm-2:30pm) 2:15 Natural History Club w/ Shelley (LR 2:15pm-2:45pm) 3:00 Happy Hour: Throwback Thursday (DR 3:00pm-4:00pm) 3:45 Thats Entertainment with Gigit! (LR 3:45pm-4:45pm) 6:00 Classic Movie Night (LR)	27	Stuffed Green Bell Peppers Day 10:30 Broadway Spotlight w/ Shelley (LR 10:30am-11:15am) 10:45 Hands & Hearts Baking w/ Andria (SR 10:45am-11:45am) 11:15 Tai Chi w/ Thomas (LR 11:15am-11:45am) 1:30 Bean Bag Challenge w/ Andria (LR 1:30pm-2:15pm) 1:30 Sensory Garden Club w/ Shelley (SR 1:30pm-2:00pm) 2:15 Cliche Trivia w/ Andria (LR 2:15pm-2:45pm) 2:15 Shabbat Prayers w/ Shelley (SR 2:15pm-2:45pm) 3:00 Happy Hour: Flash Back Friday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	28	Left Handers Day 10:30 Stretch & Strengthen Saturday w/ Shelley (LR 10:30am-11:00am) 11:15 Mind Stretchers w/ Shelley (LR 11:15am-11:45am) 1:30 Creative Hands w/ Shelley (LR 1:30pm-2:15pm) 2:15 Story Circle: Stories from a Photo (LR 2:15pm-2:45pm) 3:00 Happy Hour: Sangria Saturday (DR 3:00pm-4:00pm) 3:45 Howard Cohen on the Cello! (LR 3:45pm-4:45pm) 6:00 Evening Musical (LR)	29
Beach Day Happy Birthday Raymond! 10:30 Sunday Mass via Youtube (TR 10:30am-11:00am) 10:45 Movin' & Groovin' w/ Tanya (LR 10:45am-11:15am) 11:15 This Day in History w/ Tanya (LR 11:15am-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:30 Let's Get Crafty w/ Tanya (LR 1:30pm-2:15pm) 2:15 Sensory Exploration w/ Tanya (LR 2:15pm-2:45pm) 3:00 Happy Hour: Social Sunday (DR 3:00pm-4:00pm) 4:00 Eversound Silent Dance Party w/ Tanya (LR 4:00-4:45pm) 6:00 Sunday Night Drive-in (LR)	30	Trail Mix Day 10:30 Scarf Exercise w/ Shelley (LR 10:30am-11:15am) 10:45 Hands & Hearts Baking w/ Andria (SR 10:45am-11:45am) 11:15 Who Am I? w/ Shelley (LR 11:15am-11:45am) 1:30 Artist Impressions w/ Shelley (LR 1:30pm-2:15pm) 1:30 Relaxing Hand Massages w/ Andria (SR 1:30pm-2:30pm) 2:15 Monday Melodies w/ Shelley (LR 2:15pm-2:45pm) 3:00 Happy Hour: Margarita Monday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	31	 Location Key: LR- Living Room DR-Dining Room SR- Sun Room TR- Tranquility Room Bus Schedule Outing Days- AL & Haven Tuesdays, KClub & Connections Wednesdays Medical Appointment Days- Monday, Thursday, & Fridays Errand Days- Wednesday Afternoons <i>For further information on scheduling transportation for medical appointments & errands please contact:</i> Jennifer Blair, Transportation. Transportation@KensingtonSL.com									