

SUNMONTUEWEDTHURFRI SAT

WELCOME

JULY

SUN IS SHINING. WEATHER IS SWEET. MAKE
YOU WANNA MOVE YOUR DANCING FEET."

– BOB MARLEY

This is a projected calendar for the month of July 2026.
For a more detailed schedule, please refer to the daily activity sheet.
For any further questions or comments, please contact:
Shamaris Mercado, Life Enrichment Manager. SMercado@KensingtonSL.com
Tiffany Posas-Barker, KClub Coordinator. Tbarker@KensingtonSL.com

Canada Day

10:30 Out & About with Shamaris & Jen

10:30 Wellness Wednesday Workout w/ Mark (ER 10:30am-11:00am)

11:00 By the Numbers Quiz w/ Mark (ER 11:00am-11:45am)

1:30 Story Circle: Famous Canadians w/ Mark (ER 1:30pm-2:00pm)

2:15 The History of "O Canada" w/ Mark (ER 2:15pm - 2:45pm)

3:30 Oh Canada! Social (DR 3:30pm-4:30pm)

3:45 Sounds of The Soul w/ Rhonda! (DR 3:45pm-4:45pm)

6:00 Movie Night (ER)

America's 250th Birthday Celebration

10:30 Mercy College Graduate Discussion group (ER 10:30am-11:15am)

11:00 AWEN Horticultural Therapy w/ Meghann (2nd Flr CR 11:00am-12:00pm)

11:15 US Presidents Quiz w/ Cece (ER 11:15am-11:45am)

1:30 Armchair Travel w/ Cece (ER 1:30pm-2:15pm)

2:00 Live Music: Celebrate America w/ Tom Dudley (LR 2:00pm-3:00pm)

3:30 Birthday Bash USA: Happy Hour (DR 3:30pm-4:30pm)

3:45 250 Years of Change in America w/ Cece (ER 3:45pm-4:45pm)

6:00 Thursday at the Theater (ER)

Vanilla Ice Cream Day

10:30 Fitness Friday w/ Ashley (ER 10:30am-11:00am)

11:15 Scattergories w/ Ashley (ER 11:15am-11:45am)

1:30 Name That Tune w/ Ashley (ER 1:30pm-2:15pm)

2:15 This or That Social w/ Ashley (ER 2:15pm-2:45pm)

3:30 Happy Hour: Flash Back Friday (DR 3:30pm-4:30pm)

3:45 The Baking Table w/ Ashley (DR 3:45pm-4:40pm)

4:30 Shabbat Prayers w/ Shelley (LR 4:30pm-5:00pm)

6:00 Friday Night Flick (ER)

Independence Day

10:30 Moving & Groovin' with Tanya (ER 10:30am-11:00am)

11:15 Guess The State w/ Tanya (ER 11:15am-11:45am)

1:45 Howard Cohen on the Cello! (ER 1:45pm-2:45pm)

3:30 Stars & Stripes Social (DR 3:30pm-4:30pm)

3:45 U.S.A Bingo Hour w/ Tanya (DR 3:45pm-4:45pm)

6:00 Saturday Night Movies (ER)

Apple Turnover Day 10:15 Catholic Mass via YouTube (LR 10:15am-10:45am) 10:45 Holy Rosary Circle with Cece (LR 10:45am-11:15am) 11:15 Melodies & Motion w/ Cece (ER 11:15-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:30 Who, What, Where w/ Ceasarina (ER 1:30pm-2:15pm) 2:15 Literature Club w/ Ceasarina (LR 2:15pm-2:45pm) 3:30 Happy Hour: Social Sunday (DR 3:30pm-4:30pm) 3:45 Jammin with Mike Bram! (ER 3:45pm-4:45pm) 6:00 Sunday Night Drive-in (ER)	Fried Chicken Day 10:30 Move-It Monday with Ceasarina (ER 10:30am-11:00am) 11:00 This Day in History & Daily Chronicles w/ Cece (ER 11:00am-11:45am) 1:30 Cece's Creative Corner (ER 1:30pm-2:15pm) 2:15 Language Lovers Club w/ Ceasarina (ER 2:15pm-2:45pm) 3:30 Happy Hour: Margarita Monday! (DR 3:30pm-4:30pm) 3:45 Sip & Poetry w/ Ceasarina (ER 3:45pm-4:45pm) 6:00 Monday Night Movie (ER)	Chocolate Day 10:30 Mind Matters Trivia w/ Ashley (LR 10:30am-11:00am) 11:00 Tai Chi w/ Thomas (LR 11:00am-11:45am) 1:30 Word Mining w/ Ashley (ER 1:30pm-2:00pm) 2:00 Sports League: Volleyball w/ Ashley (ER 2:00pm-2:45pm) 3:30 Happy Hour: Tea Tuesday (DR 3:30pm-4:30pm) 3:45 Piano Concert w/ Jeffrey! (ER 3:45pm-4:45pm) 6:00 Tuesday Night Musical (ER)	Video Games Day 10:30 Out & About with Shamaris & Jen 10:30 Wellness Wednesday Workout w/ Mark (ER 10:30am-11:00am) 11:00 By the Numbers Quiz w/ Mark (ER 11:00am-11:45am) 1:30 Story Circle: Stories From A Photo w/ Mark (ER 1:30pm-2:00pm) 2:00 Music Therapy with the Music Conservatory of Westchester (ER 2:00-3:00pm) 3:30 Happy Hour: Wine Down Wednesday (DR 3:30pm-4:30pm) 3:45 Musical Bingo w/ Mark (DR 3:45pm-4:45pm) 6:00 Movie Night (ER)	Fashion Day 10:30 Mercy College Graduate Discussion group (ER 10:30am-11:15am) 11:15 Fashion Through The Decades w/ Cece (ER 11:15am-11:45am) 1:30 Armchair Travel w/ Cece (ER 1:30pm-2:15pm) 2:15 Mind Joggers w/ Cece (LR 2:15pm-2:45pm) 3:30 Happy Hour: Throwback Thursday (DR 3:30pm-4:30pm) 4:00 Rock N Roll with Lou Patrick! (ER 4:00pm-4:45pm) 6:00 Thursday at the Theater (ER)	Pina Colada Day 10:30 Fitness Friday w/ Ashley (ER 10:30am-11:00am) 11:15 Scattergories w/ Ashley (ER 11:15am-11:45am) 1:30 Name That Tune w/ Ashley (ER 1:30pm-2:15pm) 2:15 This or That Social w/ Ashley (ER 2:15pm-2:45pm) 3:30 Happy Hour: Flash Back Friday (DR 3:30pm-4:30pm) 3:45 The Baking Table w/ Ashley (DR 3:45pm-4:40pm) 4:30 Shabbat Prayers w/ Shelley (LR 4:30pm-5:00pm) 6:00 Friday Night Flick (ER)	Blueberry Muffin Day 10:30 Moving & Groovin' with Tanya (ER 10:30am-11:00am) 11:15 Trivia Challenge w/ Tanya (ER 11:15am-11:45am) 1:30 Afternoon Active Games w/ Tanya (ER 1:30pm-2:00pm) 2:00 Oldies Jam with Tommy D! (ER 2:00pm-3:00pm) 3:30 Happy Hour: Sangria Saturday (DR 3:30pm-4:30pm) 3:45 Bingo Hour w/ Tanya (DR 3:45pm-4:45pm) 6:00 Saturday Night Movies (ER)
Pecan Pie Day 10:15 Catholic Mass via YouTube (LR 10:15am-10:45am) 10:45 Holy Rosary Circle with Cece (LR 10:45am-11:15am) 11:15 Melodies & Motion w/ Cece (ER 11:15-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:30 Who, What, Where w/ Ceasarina (ER 1:30pm-2:15pm) 2:30 Violin Concert with Albert! (LR 2:30pm-3:30pm) 3:30 Happy Hour: Social Sunday (DR 3:30pm-4:30pm) 3:45 Cece's Creative Corner (ER 3:45pm-4:45pm) 6:00 Sunday Night Drive-in (ER)	Move-It Monday 10:30 Move-It Monday with Ceasarina (ER 10:30am-11:00am) 11:00 This Day in History & Daily Chronicles w/ Cece (ER 11:00am-11:45am) 1:30 Cece's Creative Corner (ER 1:30pm-2:15pm) 2:15 Language Lovers Club w/ Ceasarina (ER 2:15pm-2:45pm) 3:30 Happy Hour: Margarita Monday! (DR 3:30pm-4:30pm) 3:45 Sip & Poetry w/ Ceasarina (ER 3:45pm-4:45pm) 6:00 Monday Night Movie (ER)	Bastille Day 10:30 Mind Matters Trivia w/ Ashley (LR 10:30am-11:00am) 11:00 Tai Chi w/ Thomas (LR 11:00am-11:45am) 1:30 Classic French Music w/ Ashley (ER 1:30pm-2:00pm) 2:15 Exploring The Bastille w/ Ashley (ER 2:15pm-2:45pm) 3:30 Paris in The Afternoon Social (DR 3:30pm-4:30pm) 3:45 A.J Freeman Sings Songs from The Golden Age! (ER 3:45pm-4:45pm) 6:00 Tuesday Night Musical (ER)	Tapioca Puddin Day 10:30 Out & About with Shamaris & Jen 10:30 Wellness Wednesday Workout w/ Mark (ER 10:30am-11:00am) 11:00 By the Numbers Quiz w/ Mark (ER 11:00am-11:45am) 1:30 Story Circle: Stories From A Photo w/ Mark (ER 1:30pm-2:00pm) 2:00 Music Therapy with the Music Conservatory of Westchester (ER 2:00-3:00pm) 3:30 Happy Hour: Wine Down Wednesday (DR 3:30pm-4:30pm) 3:45 Musical Bingo w/ Mark (DR 3:45pm-4:45pm) 6:00 Movie Night (ER)	Beach Boardwalk Bash 10:30 Mercy College Graduate Discussion group (ER 10:30am-11:15am) 11:15 Boardwalk Trivia w/ Cece (ER 11:15am-11:45am) 1:00 Pet Therapy on the Move w/ Linda (1:00pm-2:30pm) 1:30 Afternoon At The Boardwalk Fair w/ Cece (ER 1:30pm-2:45pm) 3:30 Seaside Sips Happy Hour (DR 3:30pm-4:30pm) 3:45 Balloon Badminton w/ Cece (ER 3:45pm-4:45pm) 6:00 Thursday at the Theater (ER)	World Emoji Day 10:30 Fitness Friday w/ Ashley (ER 10:30am-11:00am) 11:15 Scattergories w/ Ashley (ER 11:15am-11:45am) 1:30 Name That Tune w/ Ashley (ER 1:30pm-2:15pm) 2:15 This or That Social w/ Ashley (ER 2:15pm-2:45pm) 3:30 Happy Hour: Flash Back Friday (DR 3:30pm-4:30pm) 3:45 The Baking Table w/ Ashley (DR 3:45pm-4:40pm) 4:30 Shabbat Prayers w/ Shelley (LR 4:30pm-5:00pm) 6:00 Friday Night Flick (ER)	Tropical Fruit Day 10:30 Moving & Groovin' with Tanya (ER 10:30am-11:00am) 11:15 Trivia Challenge w/ Tanya (ER 11:15am-11:45am) 1:30 Silent Dance Party & Games w/ Tanya (ER 1:30pm-2:15pm) 2:15 Name 10 w/ Tanya (ER 2:15pm-2:45pm) 3:30 Happy Hour: Sangria Saturday (DR 3:30pm-4:30pm) 3:45 A.J Freeman Sings Songs from The Golden Age! (DR 3:45pm-4:45pm) 6:00 Saturday Night Movies (ER)
Daquiri Day 10:15 Catholic Mass via YouTube (LR 10:15am-10:45am) 10:45 Holy Rosary Circle with Cece (LR 10:45am-11:15am) 11:15 Melodies & Motion w/ Cece (ER 11:15-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:30 Who, What, Where w/ Ceasarina (ER 1:30pm-2:15pm) 2:15 Literature Club w/ Ceasarina (LR 2:15pm-2:45pm) 3:30 Happy Hour: Social Sunday (DR 3:30pm-4:30pm) 3:45 Jammin with Mike Bram! (ER 3:45pm-4:45pm) 6:00 Sunday Night Drive-in (ER)	Ice Cream Soda Day 10:30 Move-It Monday with Ceasarina (ER 10:30am-11:00am) 11:00 This Day in History & Daily Chronicles w/ Cece (ER 11:00am-11:45am) 1:30 Cece's Creative Corner (ER 1:30pm-2:15pm) 2:15 Language Lovers Club w/ Ceasarina (ER 2:15pm-2:45pm) 3:30 Happy Hour: Margarita Monday! (DR 3:30pm-4:30pm) 3:45 Sip & Poetry w/ Ceasarina (ER 3:45pm-4:45pm) 6:00 Monday Night Movie (ER)	Junk Food Day 10:30 Mind Matters Trivia w/ Ashley (LR 10:30am-11:00am) 11:00 Tai Chi w/ Thomas (LR 11:00am-11:45am) 1:30 Word Mining w/ Ashley (ER 1:30pm-2:00pm) 2:00 Sports League: Volleyball w/ Ashley (ER 2:00pm-2:45pm) 3:30 Happy Hour: Tea Tuesday (DR 3:30pm-4:30pm) 3:45 Piano Concert w/ Jeffrey! (ER 3:45pm-4:45pm) 6:00 Tuesday Night Musical (ER)	Hammock Day 10:30 Out & About with Shamaris & Jen 10:30 Wellness Wednesday Workout w/ Mark (ER 10:30am-11:00am) 11:00 By the Numbers Quiz w/ Mark (ER 11:00am-11:45am) 1:30 Story Circle: Stories From A Photo w/ Mark (ER 1:30pm-2:00pm) 2:00 Music Therapy with the Music Conservatory of Westchester (ER 2:00-3:00pm) 3:30 Happy Hour: Wine Down Wednesday (DR 3:30pm-4:30pm) 3:45 Musical Bingo w/ Mark (DR 3:45pm-4:45pm) 6:00 Movie Night (ER)	Sweet Summer Sounds 10:30 Mercy College Graduate Discussion group (ER 10:30am-11:15am) 11:00 Vocal Gym w/ Joanne (Atrium 11-12am) 11:15 Crosswords Puzzles w/ Cece (ER 11:15am-11:45am) 1:30 Armchair Travel w/ Cece (ER 1:30pm-2:15pm) 2:15 Mind Joggers w/ Cece (LR 2:15pm-2:45pm) 3:30 Ice Cream Social (DR 3:30pm-4:30pm) 4:00 Thats Entertainment w/ Gigi! (ER 4:00pm-4:45pm) 6:00 Thursday at the Theater (ER)	Tell and Old Joke Day 10:30 Fitness Friday w/ Ashley (ER 10:30am-11:00am) 11:15 Scattergories w/ Ashley (ER 11:15am-11:45am) 1:30 Name That Tune w/ Ashley (ER 1:30pm-2:15pm) 2:15 This or That Social w/ Ashley (ER 2:15pm-2:45pm) 3:30 Happy Hour: Flash Back Friday (DR 3:30pm-4:30pm) 3:45 The Baking Table w/ Ashley (DR 3:45pm-4:40pm) 4:30 Shabbat Prayers w/ Shelley (LR 4:30pm-5:00pm) 6:00 Friday Night Flick (ER)	Carousel Day 10:30 Moving & Groovin' with Tanya (ER 10:30am-11:00am) 11:15 Trivia Challenge w/ Tanya (ER 11:15am-11:45am) 1:30 Afternoon Active Games w/ Tanya (ER 1:30pm-2:00pm) 2:15 Name 10 w/ Tanya (ER 2:15pm-2:45pm) 3:30 Happy Hour: Sangria Saturday (DR 3:30pm-4:30pm) 3:45 Classical Piano Concert w/ Nicole & Amino! (ER 3:45pm-4:45pm) 6:00 Saturday Night Movies (ER)
Aunt and Uncle Day 10:15 Catholic Mass via YouTube (LR 10:15am-10:45am) 10:45 Holy Rosary Circle with Cece (LR 10:45am-11:15am) 11:15 Melodies & Motion w/ Cece (ER 11:15-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:30 Who, What, Where w/ Ceasarina (ER 1:30pm-2:15pm) 2:15 Literature Club w/ Ceasarina (LR 2:15pm-2:45pm) 3:30 Happy Hour: Social Sunday (DR 3:30pm-4:30pm) 3:45 Cece's Creative Corner (ER 3:45pm-4:45pm) 6:00 Sunday Night Drive-in (ER)	Love is Kind Day 10:30 Move-It Monday with Ceasarina (ER 10:30am-11:00am) 11:00 This Day in History & Daily Chronicles w/ Cece (ER 11:00am-11:45am) 1:30 Cece's Creative Corner (ER 1:30pm-2:15pm) 2:15 Language Lovers Club w/ Ceasarina (ER 2:15pm-2:45pm) 3:30 Happy Hour: Margarita Monday! (DR 3:30pm-4:30pm) 3:45 Sip & Poetry w/ Ceasarina (ER 3:45pm-4:45pm) 6:00 Monday Night Movie (ER)	Waterpark Day 10:30 Mind Matters Trivia w/ Ashley (LR 10:30am-11:00am) 11:00 Tai Chi w/ Thomas (LR 11:00am-11:45am) 1:30 Word Mining w/ Ashley (ER 1:30pm-2:00pm) 2:00 Sports League: Bowling w/ Ashley (ER 2:00pm-2:45pm) 3:30 Happy Hour: Tea Tuesday (DR 3:30pm-4:30pm) 3:45 Golden Oldies Karaoke w/ Ashley (ER 3:45pm-4:45pm) 6:00 Tuesday Night Musical (ER)	Lasagna Day 10:30 Out & About with Shamaris & Jen 10:30 Wellness Wednesday Workout w/ Mark (ER 10:30am-11:00am) 11:00 By the Numbers Quiz w/ Mark (ER 11:00am-11:45am) 1:30 Story Circle: Stories From A Photo w/ Mark (ER 1:30pm-2:00pm) 2:00 Music Therapy with the Music Conservatory of Westchester (ER 2:00-3:00pm) 3:30 Happy Hour: Wine Down Wednesday (DR 3:30pm-4:30pm) 3:45 Musical Bingo w/ Mark (DR 3:45pm-4:45pm) 6:00 Movie Night (ER)	International Day of Friendship 10:30 Mercy College Graduate Discussion group (ER 10:30am-11:15am) 11:00 Vocal Gym w/ Joanne (Atrium 11-12am) 11:15 Crosswords Puzzles w/ Cece (ER 11:15am-11:45am) 1:30 Armchair Travel w/ Cece (ER 1:30pm-2:15pm) 2:15 Mind Joggers w/ Cece (LR 2:15pm-2:45pm) 3:30 Happy Hour: Throwback Thursday (DR 3:30pm-4:30pm) 3:45 Live Entertainment w/ Jack Romano! (ER 3:45pm-4:45pm) 6:00 Thursday at the Theater (ER)	Avocado Day 10:30 Fitness Friday w/ Ashley (ER 10:30am-11:00am) 11:15 Scattergories w/ Ashley (ER 11:15am-11:45am) 1:30 Name That Tune w/ Ashley (ER 1:30pm-2:15pm) 2:15 This or That Social w/ Ashley (ER 2:15pm-2:45pm) 3:30 Happy Hour: Flash Back Friday (DR 3:30pm-4:30pm) 3:45 The Baking Table w/ Ashley (DR 3:45pm-4:40pm) 4:30 Shabbat Prayers w/ Shelley (LR 4:30pm-5:00pm) 6:00 Friday Night Flick (ER)	Bus Schedule Outing Days- AL & Haven Tuesdays, KClub & Connections Wednesdays Medical Appointment Days- Monday, Thursday, & Fridays Errand Days- Wednesday Afternoons For further information on scheduling transportation for medical appointments & errands please contact: Jennifer Blair, Transportation. Transportation@KensingtonSL.com