

SUNMONTUEWEDTHURFRI SAT



"SUN IS SHINING. WEATHER IS SWEET. MAKE
YOU WANNA MOVE YOUR DANCING FEET."
- BOB MARLEY

This is a projected calendar for the month of July 2026.
For a more detailed schedule, please refer to the daily activity sheet.
For any further questions or comments, please contact:
Shamaris Mercado, Life Enrichment Manager. SMercado@KensingtonSL.com
Tiffany Posas-Barker, KClub Coordinator. Tbarker@KensingtonSL.com

Apple Turnover Day 10:30 Sunday Mass via Youtube (TR 10:30am-11:00am) 10:45 Morning Sit & Be Fit w/ Tanya (LR 10:45am-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:30 Sing-Along & Rhythm w/ Tanya (LR 1:30pm-2:15pm) 2:15 This Day in History w/ Tanya (LR 2:15pm-2:45pm) 3:00 Happy Hour: Social Sunday (DR 3:00pm-4:00pm) 3:45 Live Music w/ Grigory! (LR 3:45pm-4:45pm) 6:00 Sunday Night Drive-in (LR)	5	Fried Chicken Day 10:30 Morning Connections & Melodies w/ Shelley (LR 10:30am-11:15am) 10:45 Relaxing Hand Massages w/ Andria (SR 10:45am-11:45am) 11:15 Gentle Chair Yoga & Stretching w/ Shelley (LR 11:15am-11:45am) 1:30 Eversound Music & Memories w/ Shelley (LR 1:30pm-2:15pm) 1:30 Round Robin Story Telling w/ Andria (SR 1:30pm-2:30pm) 2:15 Art Appreciation w/ Shelley (LR 2:15pm-2:45pm) 3:00 Happy Hour: Margarita Monday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	6	Chocolate Day 10:15 Out & About with Shamaris & Jen 10:30 Morning Yoga & Gentle Stretch w/ Andria (LR 10:30am-11:00am) 11:00 Name that Tune w/ Andria (LR 11:00am-11:45am) 1:30 Marvelous Lavender Spa & Massage w/ Andria (LR 1:30pm-2:45pm) 3:00 Happy Hour: Tea Tuesday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Classic Movie Night (LR)	7	Video Games Day 10:30 Music Conservatory of Westchester - Music Therapy (LR 10:30am-11:30am) 11:30 Daily Chronicles & This Day in History w/ Shelley (LR 11:30am-11:45am) 1:30 Watercolor Wednesday w/ Shelley (SR 1:30pm-2:15pm) 2:15 Show & Tell Reminiscing w/ Shelley (SR 2:15pm-2:45pm) 3:00 Happy Hour: Wine Down Wednesday (DR 3:00pm-4:00pm) 4:00 Baking Favorite Family Recipes w/ Shelley (DR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	8	Fashion Day 10:30 Beach Ball Exercise w/ Shelley (LR 10:30am-11:00am) 10:45 Relaxing Hand Massages w/ Andria (SR 10:45am-11:45am) 11:00 Conversation Ball w/ Shelley (LR 11:00am-11:45am) 1:30 Mindful Travels w/ Shelley (SR 1:30pm-2:15pm) 1:30 Story Circle w/ Andria (LR 1:30pm-2:30pm) 2:15 Creative Hands w/ Shelley (SR 2:15pm-2:45pm) 3:00 Happy Hour: Throwback Thursday (DR 3:00pm-4:00pm) 4:00 Rock N Roll with Lou Patrick! (LR 4:00-5:00pm) 6:00 Classic Movie Night (LR)	9	Pina Colada Day Happy Birthday Roma H! 10:30 Broadway Breakfast Club w/ Shelley (LR 10:30am-11:15am) 11:15 Tai Chi w/ Thomas (LR 11:15am-11:45am) 1:30 Rhythm & Reminiscence w/ Andria (LR 1:30pm-2:15pm) 1:30 Sensory Garden Club w/ Shelley (SR 1:30pm-2:00pm) 2:15 Cliche Trivia w/ Andria (LR 2:15pm-2:45pm) 2:15 Shabbat Prayers w/ Shelley (SR 2:15pm-2:45pm) 3:00 Happy Hour: Flash Back Friday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	10	Blueberry Muffin Day 10:30 Music & Motion w/ Shelley (LR 10:30am-11:00am) 11:15 Daily Chronicles w/ Shelley (LR 11:15am-11:45am) 1:30 Eversound Time Machine Trivia w/ Shelley (LR 1:30pm-2:15pm) 2:15 Story Circle: Stories from a Photo (LR 2:15pm-2:45pm) 3:00 Happy Hour: Sangria Saturday (DR 3:00pm-4:00pm) 4:00 Puzzles & Sorting w/ Shelley (DR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	11
Pecan Pie Day 10:30 Sunday Mass via Youtube (TR 10:30am-11:00am) 10:45 Morning Sit & Be Fit w/ Tanya (LR 10:45am-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:30 Sing-Along & Rhythm w/ Tanya (LR 1:30pm-2:15pm) 2:15 This Day in History w/ Tanya (LR 2:15pm-2:45pm) 3:00 Happy Hour: Social Sunday (DR 3:00pm-4:00pm) 3:45 Violin Concert with Albert! (LR 3:45pm-4:45pm) 6:00 Sunday Night Drive-in (LR)	12	13	13	Bastille Day 10:15 Out & About with Shamaris & Jen 10:30 Morning Yoga & Gentle Stretch w/ Andria (LR 10:30am-11:00am) 11:00 Classic French Music w/ Andria (LR 11:00am-11:45am) 1:30 Exploring The Bastille w/ Andria (LR 1:30pm-2:45pm) 3:00 Paris in The Afternoon Social (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Classic Movie Night (LR)	14	Tapioca Puddin' Day 10:30 Music Conservatory of Westchester - Music Therapy (LR 10:30am-11:30am) 11:30 Daily Chronicles & This Day in History w/ Shelley (LR 11:30am-11:45am) 1:30 Watercolor Wednesday w/ Shelley (SR 1:30pm-2:15pm) 2:15 Show & Tell Reminiscing w/ Shelley (SR 2:15pm-2:45pm) 3:00 Happy Hour: Wine Down Wednesday (DR 3:00pm-4:00pm) 4:00 Baking Favorite Family Recipes w/ Shelley (DR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	15	Beach Boardwalk Bash 10:30 Beach Ball Exercise w/ Shelley (LR 10:30am-11:00am) 10:45 Relaxing Hand Massages w/ Andria (SR 10:45am-11:45am) 11:00 Boardwalk Trivia w/ Shelley (LR 11:00am-11:45am) 1:00 Pet Therapy on the Move w/ Linda (1:00pm-2:30pm) 1:30 Afternoon At The Boardwalk Fair w/ Shelley (SR 1:30pm-2:45pm) 3:00 Seaside Sips Happy Hour (DR 3:00pm-4:00pm) 3:45 Live Music (LR 3:45pm-4:45pm) 6:00 Classic Movie Night (LR)	16	World Emoji Day 10:30 Broadway Breakfast Club w/ Shelley (LR 10:30am-11:15am) 11:15 Tai Chi w/ Thomas (LR 11:15am-11:45am) 1:30 Rhythm & Reminiscence w/ Andria (LR 1:30pm-2:15pm) 1:30 Sensory Garden Club w/ Shelley (SR 1:30pm-2:00pm) 2:15 Cliche Trivia w/ Andria (LR 2:15pm-2:45pm) 2:15 Shabbat Prayers w/ Shelley (SR 2:15pm-2:45pm) 3:00 Happy Hour: Flash Back Friday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	17	Tropical Fruit Day 10:30 Music & Motion w/ Shelley (LR 10:30am-11:00am) 11:15 Daily Chronicles w/ Shelley (LR 11:15am-11:45am) 1:30 Eversound Time Machine Trivia w/ Shelley (LR 1:30pm-2:15pm) 2:15 Story Circle: Stories from a Photo (LR 2:15pm-2:45pm) 3:00 Happy Hour: Sangria Saturday (DR 3:00pm-4:00pm) 4:00 Puzzles & Sorting w/ Shelley (DR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	18
Daquiri Day 10:30 Sunday Mass via Youtube (TR 10:30am-11:00am) 10:45 Morning Sit & Be Fit w/ Tanya (LR 10:45am-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:30 Sing-Along & Rhythm w/ Tanya (LR 1:30pm-2:15pm) 2:15 This Day in History w/ Tanya (LR 2:15pm-2:45pm) 3:00 Happy Hour: Social Sunday (DR 3:00pm-4:00pm) 3:45 Piano Concert w/ Jeffrey! (LR 3:45pm-4:45pm) 6:00 Sunday Night Drive-in (LR)	19	20	20	Junk Food Day 10:15 Out & About with Shamaris & Jen 10:30 Morning Yoga & Gentle Stretch w/ Andria (LR 10:30am-11:00am) 11:00 Name that Tune w/ Andria (LR 11:00am-11:45am) 1:30 Marvelous Lavender Spa & Massage w/ Andria (LR 1:30pm-2:45pm) 3:00 Happy Hour: Tea Tuesday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Classic Movie Night (LR)	21	Hammock Day 10:30 Music Conservatory of Westchester - Music Therapy (LR 10:30am-11:30am) 11:30 Daily Chronicles & This Day in History w/ Shelley (LR 11:30am-11:45am) 1:30 Watercolor Wednesday w/ Shelley (SR 1:30pm-2:15pm) 2:15 Show & Tell Reminiscing w/ Shelley (SR 2:15pm-2:45pm) 3:00 Happy Hour: Wine Down Wednesday (DR 3:00pm-4:00pm) 4:00 Baking Favorite Family Recipes w/ Shelley (DR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	22	Sweet Summer Sounds 10:30 Beach Ball Exercise w/ Shelley (LR 10:30am-11:00am) 10:45 Relaxing Hand Massages w/ Andria (SR 10:45am-11:45am) 11:00 Conversation Ball w/ Shelley (LR 11:00am-11:45am) 1:30 Mindful Travels w/ Shelley (SR 1:30pm-2:15pm) 1:30 Story Circle w/ Andria (LR 1:30pm-2:30pm) 2:15 Creative Hands w/ Shelley (SR 2:15pm-2:45pm) 3:00 Ice Cream Social (DR 3:00pm-4:00pm) 4:00 Thats Entertainment w/ Gigli! (LR 4:00-5:00pm) 6:00 Classic Movie Night (LR)	23	Tell and Old Joke Day 10:30 Broadway Breakfast Club w/ Shelley (LR 10:30am-11:15am) 11:15 Tai Chi w/ Thomas (LR 11:15am-11:45am) 1:30 Rhythm & Reminiscence w/ Andria (LR 1:30pm-2:15pm) 1:30 Sensory Garden Club w/ Shelley (SR 1:30pm-2:00pm) 2:15 Cliche Trivia w/ Andria (LR 2:15pm-2:45pm) 2:15 Shabbat Prayers w/ Shelley (SR 2:15pm-2:45pm) 3:00 Happy Hour: Flash Back Friday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	24	Carousel Day 10:30 Music & Motion w/ Shelley (LR 10:30am-11:00am) 11:15 Daily Chronicles w/ Shelley (LR 11:15am-11:45am) 1:30 Eversound Time Machine Trivia w/ Shelley (LR 1:30pm-2:15pm) 2:00 Oldies Jam with Tommy D! (LR 2:00pm-2:45pm) 3:00 Happy Hour: Sangria Saturday (DR 3:00pm-4:00pm) 4:00 Puzzles & Sorting w/ Shelley (DR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	25
Aunt and Uncle Day 10:30 Sunday Mass via Youtube (TR 10:30am-11:00am) 10:45 Morning Sit & Be Fit w/ Tanya (LR 10:45am-11:45am) 11:30 Resident & Family Sunday Brunch (DR) 1:30 Sing-Along & Rhythm w/ Tanya (LR 1:30pm-2:15pm) 2:15 This Day in History w/ Tanya (LR 2:15pm-2:45pm) 3:00 Happy Hour: Social Sunday (DR 3:00pm-4:00pm) 4:00 Afternoon Active Games & Puzzles w/ Tanya (LR 4:00pm-4:45pm) 6:00 Sunday Night Drive-in (LR)	26	27	27	Waterpark Day 10:15 Out & About with Shamaris & Jen 10:30 Morning Yoga & Gentle Stretch w/ Andria (LR 10:30am-11:00am) 11:00 Name that Tune w/ Andria (LR 11:00am-11:45am) 1:30 Marvelous Lavender Spa & Massage w/ Andria (LR 1:30pm-2:45pm) 3:00 Happy Hour: Tea Tuesday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Classic Movie Night (LR)	28	Lasagna Day 10:30 Music Conservatory of Westchester - Music Therapy (LR 10:30am-11:30am) 11:30 Daily Chronicles & This Day in History w/ Shelley (LR 11:30am-11:45am) 1:30 Watercolor Wednesday w/ Shelley (SR 1:30pm-2:15pm) 2:15 Show & Tell Reminiscing w/ Shelley (SR 2:15pm-2:45pm) 3:00 Happy Hour: Wine Down Wednesday (DR 3:00pm-4:00pm) 4:00 Baking Favorite Family Recipes w/ Shelley (DR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	29	International Day of Friendship Happy Birthday Marie M! 10:30 Beach Ball Exercise w/ Shelley (LR 10:30am-11:00am) 10:45 Relaxing Hand Massages w/ Andria (SR 10:45am-11:45am) 11:00 Conversation Ball w/ Shelley (LR 11:00am-11:45am) 1:30 Mindful Travels w/ Shelley (SR 1:30pm-2:15pm) 1:30 Story Circle w/ Andria (LR 1:30pm-2:30pm) 2:15 Creative Hands w/ Shelley (SR 2:15pm-2:45pm) 3:00 Happy Hour: Throwback Thursday (DR 3:00pm-4:00pm) 3:45 Live Music (LR 3:45pm-4:45pm) 6:00 Classic Movie Night (LR)	30	Avocado Day 10:30 Broadway Breakfast Club w/ Shelley (LR 10:30am-11:15am) 11:15 Tai Chi w/ Thomas (LR 11:15am-11:45am) 1:30 Rhythm & Reminiscence w/ Andria (LR 1:30pm-2:15pm) 1:30 Sensory Garden Club w/ Shelley (SR 1:30pm-2:00pm) 2:15 Cliche Trivia w/ Andria (LR 2:15pm-2:45pm) 2:15 Shabbat Prayers w/ Shelley (SR 2:15pm-2:45pm) 3:00 Happy Hour: Flash Back Friday (DR 3:00pm-4:00pm) 4:00 Music Therapy & Movement w/ Eric (LR 4:00pm-4:45pm) 6:00 Evening Musical (LR)	31	Location Key: TR- Tranquility Room LR- Living Room DR- Dining Room SR- Sun Room Bus Schedule Outing Days- AL & Haven Tuesdays, KClub & Connections Wednesdays Medical Appointment Days- Monday, Thursday, & Fridays Errand Days- Wednesday Afternoons For further information on scheduling transportation for medical appointments & errands please contact: Jennifer Blair, Transportation. Transportation@KensingtonSL.com	

