SUN	MON	TUE	WED	THUR	FRI	SAT

"SUN IS SHINING. WEATHER IS SWEET. MAKE YOU WANNA MOVE YOUR DANCING FEET."
– BOB MARLEY

*This is a projected calendar for the month of **July 2026.***
For a more detailed schedule, please refer to the daily activity sheet.
For any further questions or comments, please contact:
Shamaris Mercado, Life Enrichment Manager. SMercado@KensingtonSL.com
Tiffany Posas-Barker, KClub Coordinator. Tbarker@KensigntonSL.com

1
Canada Day
Happy Birthday Walter P!
10:00 Woosah Wednesday Yoga (Garden Room (G2) 10:00-10:45)
10:45 Word Whiz Wednesday (Garden Room (G2) 10:45-11:15)
11:00 Name that Tune W/ Tiffany (Garden Room (G2) 11;00am-11:45am)
2:00 K-Club Gallivant (Outing 2:00 - 3:30)
3:00 Afternoon History Documentary (CR)
3:45 Jammin with Mike Bram! (A 3:45-4:45pm)
3:45 Oh Canada! Social (A 3:45pm-4:45pm)
6:00 Nightly Movie (2nd floor CR)

2
America's 250th Birthday Celebration
10:00 K-Club Kickball (Garden Room (G2) 10:00-10:45)
10:00 Daily Chronicles W/ Tiffany (Garden Room (G2) 10:45-11:45am)
1:30 On The Go Flow W/Tiffany (Garden 1:30-2:00)
3:45 Birthday Bash USA: Happy Hour (Atrium 3:45PM-4:45PM)
3:45 Live Entertainment: Celebrating America w/ John Lepre (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

3
Vanilla Ice Cream Day
10:00 Feel-Good Friday W/ Tiffany (Garden Room (G2 10:00-10:45am))
11:15 Fun Facts Trivia w/ Tiffany (Garden Room (G2) 11:15-11:45)
2:15 Famous Faces Friday w/Tiffany (G2 2:15-3:15pm)
3:45 Feel-Good Friday Happy Hour (Atrium 3:45PM-4:45PM)
3:45 Lend Me Your Ears Music w/ Marlana (Atrium 3:45-4:45pm)
6:00 Friday Night Thriller! (CR)

4
Independence Day
10:30 Stretch & Strength Saturday w/ Ashley (CR 10:30am-11am)
11:15 250 Years of Change in America w/ Ashley (CR 11:15am-11:45am)
1:15 Church of The Living God Non-denominational Service (L 1:15pm-1:45pm)
1:45 Amy Ahlert Presents Songs about the Passage of Time (CR 1:45pm-2:45pm)
3:00 Afternoon Biography Series (CR)
3:45 Jazz with Miles and Co. (Atrium 3:45PM-4:45PM)
3:45 Stars & Stripes Social (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

5
Apple Turnover Day
10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)
10:30 Chess Club w/ Shammy (Parlor 10:30AM-11:15AM)
11:15 Mind Matters Trivia w/ Mark (CR 11:15am-11:45am)
11:30 Resident & Family Sunday Brunch (DR)
1:45 Bingo Hour w/ Mark! (CR 1;45pm-2:45pm)
3:00 Inspirational Afternoon Documentary (CR)
3:45 Happy Hour: Social Sunday (Atrium 3:45PM-4:45PM)
3:45 That's Entertainment with Gigi! (Atrium 3:45PM-4:45PM)
6:00 Sunday Night Series Presents Murder She Wrote (CR)

6
Fried Chicken Day
10:30 Monday Movement W/ Tiffany (G2 Garden Room)
11:00 Tai-Chi Mondays w/Thomas (G2 11:00am-11:45am)
1:15 News & Smiles w/Tiffany (G2 Garden Room)
2:00 Mind Stretchers W/ Tiffany (G2 Garden Room)
3:00 Afternoon Documentary (G2 Garden Room)
3:45 Happy Hour: Margarita Mondays (Atrium 3:45PM-4:45PM)
3:45 Live Entertainment w/ Diana Hickman! (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

7
Chocolate Day
10:00 Rise & Revive (Garden Room (G2) 10:00-10:45)
11:00 Armchair Travel w/ Tiffany (G210:45-11:15)
2:15 Tuesday Trivia Tracks (Garden Room (G2) 2:15-2:45)
3:45 Entertainment w/ Jazmyn Duo! (Atrium 3:45PM-4:45PM)
3:45 Happy Hour: Tiki Tuesday (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

8
Video Games Day
10:00 Woosah Wednesday Yoga (Garden Room (G2) 10:00-10:45)
10:45 Word Whiz Wednesday (Garden Room (G2) 10:45-11:15)
11:00 Name that Tune W/ Tiffany (Garden Room (G2) 11:00am-11:45am)
1:15 Racquette Balloon w/Tiffany ((G2 1:15-2:00pm))
2:00 K-Club Gallivant (Outing 2:00 - 3:30)
3:00 Afternoon History Documentary (CR)
3:45 Happy Hour: Wine Down Wednesday (A 3:45pm-4:45pm)
3:45 Howard Cohen on the Cello! (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

9
Fashion Day
10:00 K-Club Kickball (Garden Room (G2) 10:00-10:45)
10:00 Daily Chronicles W/ Tiffany (Garden Room (G2) 10:45-11:45am)
1:30 On The Go Flow W/Tiffany (Garden 1:30-2:00)
3:45 Entertainment with Bosco! (Atrium 3:45PM-4:45PM)
3:45 Happy Hour: Tropical Escape Thursday (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

10
Pina Colada Day
10:00 Feel-Good Friday W/ Tiffany (Garden Room (G2 10:00-10:45am))
11:15 Fun Facts Trivia w/ Tiffany (Garden Room (G2) 11:15-11:45)
2:15 Famous Faces Friday w/Tiffany (G2 2:15-3:15pm)
3:45 Feel-Good Friday Happy Hour (Atrium 3:45PM-4:45PM)
3:45 Magic of Opera w/ Allegro Singers (Atrium 3:45-4:45pm)
6:00 Friday Night Thriller! (CR)

11
Blueberry Muffin Day
10:30 Stretch & Strength Saturday w/ Ashley (CR 10:30am-11am)
11:15 Mind Stretchers w/ Ashley (CR 11:15am-11:45am)
1:45 Historical Lecture: 57th anniversary of the first Moon Landing / Evan Weiner (CR 1:45pm-2:45pm)
3:00 Afternoon Biography Series (CR)
3:45 Happy Hour: Smooth Jazz Saturday (Atrium 3:45PM-4:45PM)
3:45 Oldies Jam with Tommy D (A 3:45pm-4:45pm)
6:00 Nightly Movie (2nd floor CR)

12
Pecan Pie Day
10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)
10:30 Chess Club w/ Shammy (Parlor 10:30AM-11:15AM)
11:15 Activity Connections Trivia w/ Mark (CR 11:15am-11:45am)
11:30 Resident & Family Sunday Brunch (DR)
1:45 Bingo Hour w/ Mark! (CR 1;45pm-2:45pm)
3:00 Inspirational Afternoon Documentary (CR)
3:45 Happy Hour: Social Sunday (Atrium 3:45PM-4:45PM)
3:45 Rock N Roll with Lou Patrick! (Atrium 3:45-4:45pm)
6:00 Sunday Night Series Presents Murder She Wrote (CR)

13
10:30 Monday Movement W/ Tiffany (G2 Garden Room)
11:00 Tai-Chi Mondays w/Thomas (G2 11:00am-11:45am)
1:15 News & Smiles w/Tiffany (G2 Garden Room)
2:00 Mind Stretchers W/ Tiffany (G2 Garden Room)
3:00 Afternoon Documentary (G2 Garden Room)
3:45 Happy Hour: Margarita Mondays (Atrium 3:45PM-4:45PM)
3:45 Violin Concert w/ Albert Mulad! (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

14
Bastille Day
Happy Birthday Steven R!
10:00 Rise & Revive (Garden Room (G2) 10:00-10:45)
11:00 Armchair Travel w/ Tiffany (G210:45-11:15)
2:15 Tuesday Trivia Tracks (Garden Room (G2) 2:15-2:45)
3:45 Live Entertainment w/ Joe Blanco! (Atrium 3:45PM-4:45PM)
3:45 Paris in The Afternoon Social (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

15
Tapioca Pudding Day
10:00 Woosah Wednesday Yoga (Garden Room (G2) 10:00-10:45)
10:45 Word Whiz Wednesday (Garden Room (G2) 10:45-11:15)
11:00 Name that Tune W/ Tiffany (Garden Room (G2) 11:00am-11:45am)
2:00 K-Club Gallivant (Outing 2:00 - 3:30)
3:00 Afternoon History Documentary (CR)
3:45 Happy Hour: Wine Down Wednesday (A 3:45pm-4:45pm)
3:45 Jammin with Mike Bram! (A 3:45-4:45pm)
6:00 Nightly Movie (2nd floor CR)

16
Beach Boardwalk Bash
10:00 K-Club Kickball (Garden Room (G2) 10:00-10:45)
10:00 Daily Chronicles W/ Tiffany (Garden Room (G2) 10:45-11:45am)
1:00 Pet Therapy on the Move w/ Linda (1:00pm-2:30pm)
1:30 On The Go Flow W/Tiffany (Garden 1:30-2:00)
3:45 A.J Freeman Sings Songs from The Golden Age! (Atrium 3:45-4:45pm)
3:45 Seaside Sips Happy Hour (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

17
World Emoji Day
10:00 Feel-Good Friday W/ Tiffany (Garden Room (G2 10:00-10:45am))
11:15 Fun Facts Trivia w/ Tiffany (Garden Room (G2) 11:15-11:45)
2:15 Famous Faces Friday w/Tiffany (G2 2:15-3:15pm)
3:45 Feel-Good Friday Happy Hour (Atrium 3:45PM-4:45PM)
3:45 Live Entertainment w/ Jack Romano! (Atrium 3:45PM-4:45PM)
6:00 Friday Night Thriller! (CR)

18
Tropical Fruit Day
10:30 Stretch & Strength Saturday w/ Ashley (CR 10:30am-11am)
11:15 Mind Stretchers w/ Ashley (CR 11:15am-11:45am)
1:45 Opera Lecture w/ Joe Lawliss (CR 1:45pm-2:45pm)
3:00 Afternoon Biography Series (CR)
3:45 Happy Hour: Smooth Jazz Saturday (Atrium 3:45PM-4:45PM)
3:45 Jazz with Miles and Co. (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

19
Dauquiri Day
10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)
10:30 Chess Club w/ Shammy (Parlor 10:30AM-11:15AM)
11:15 Mind Matters Trivia w/ Mark (CR 11:15am-11:45am)
11:30 Resident & Family Sunday Brunch (DR)
1:45 Bingo Hour w/ Mark! (CR 1;45pm-2:45pm)
3:00 Inspirational Afternoon Documentary (CR)
3:45 Happy Hour: Social Sunday (Atrium 3:45PM-4:45PM)
3:45 Rock N Roll with Lou Patrick! (Atrium 3:45-4:45pm)
6:00 Sunday Night Series Presents Murder She Wrote (CR)

20
Ice Cream Soda Day
10:30 Monday Movement W/ Tiffany (G2 Garden Room)
11:00 Tai-Chi Mondays w/Thomas (G2 11:00am-11:45am)
1:15 News & Smiles w/Tiffany (G2 Garden Room)
2:00 Mind Stretchers W/ Tiffany (G2 Garden Room)
3:00 Afternoon Documentary (G2 Garden Room)
3:45 Entertainment w/ Jazmyn Duo! (Atrium 3:45PM-4:45PM)
3:45 Happy Hour: Margarita Mondays (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

21
Junk Food Day
10:00 Rise & Revive (Garden Room (G2) 10:00-10:45)
11:00 Armchair Travel w/ Tiffany (G210:45-11:15)
2:15 Tuesday Trivia Tracks (Garden Room (G2) 2:15-2:45)
3:45 Happy Hour: Tiki Tuesday (Atrium 3:45PM-4:45PM)
3:45 Sounds of Soul w/ Rhonda (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

22
Hammock Day
10:00 Woosah Wednesday Yoga (Garden Room (G2) 10:00-10:45)
10:45 Word Whiz Wednesday (Garden Room (G2) 10:45-11:15)
11:00 Name that Tune W/ Tiffany (Garden Room (G2) 11:00am-11:45am)
1:15 Racquette Balloon w/Tiffany ((G2 1:15-2:00pm))
2:00 K-Club Gallivant (Outing 2:00 - 3:30)
3:00 Afternoon History Documentary (CR)
3:45 Classical Piano Concert with Nicole & Amino! (Atrium 3:45PM-4:45PM)
3:45 Happy Hour: Wine Down Wednesday (A 3:45pm-4:45pm)
6:00 Nightly Movie (2nd floor CR)

23
Sweet Summer Sounds
10:00 K-Club Kickball (Garden Room (G2) 10:00-10:45)
10:00 Daily Chronicles W/ Tiffany (Garden Room (G2) 10:45-11:45am)
1:30 On The Go Flow W/Tiffany (Garden 1:30-2:00)
3:45 Ice Cream Social (Atrium 3:45PM-4:45PM)
3:45 Live Entertainment! (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

24
Tell an Old Joke Day
10:00 Feel-Good Friday W/ Tiffany (Garden Room (G2 10:00-10:45am))
11:15 Fun Facts Trivia w/ Tiffany (Garden Room (G2) 11:15-11:45)
2:15 Famous Faces Friday w/Tiffany (G2 2:15-3:15pm)
3:45 Feel-Good Friday Happy Hour (Atrium 3:45PM-4:45PM)
3:45 Lend Me Your Ears Music w/ Marlana (Atrium 3:45-4:45pm)
6:00 Friday Night Thriller! (CR)

25
Carousel Day
10:30 Stretch & Strength Saturday w/ Ashley (CR 10:30am-11am)
11:15 Mind Stretchers w/ Ashley (CR 11:15am-11:45am)
1:45 Drums in Music Lecture w/ Ron N! (CR 1:45pm-2:45pm)
3:00 Afternoon Biography Series (CR)
3:45 Happy Hour: Smooth Jazz Saturday (Atrium 3:45PM-4:45PM)
3:45 Oldies Jam with Tommy D (A 3:45pm-4:45pm)
6:00 Nightly Movie (2nd floor CR)

26
Aunt and Uncle Day
10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)
10:30 Chess Club w/ Shammy (Parlor 10:30AM-11:15AM)
11:15 Activity Connections Trivia w/ Mark (CR 11:15am-11:45am)
11:30 Resident & Family Sunday Brunch (DR)
1:45 Bingo Hour w/ Mark! (CR 1;45pm-2:45pm)
3:00 Inspirational Afternoon Documentary (CR)
3:45 Happy Hour: Social Sunday (Atrium 3:45PM-4:45PM)
3:45 That's Entertainment with Gigi! (Atrium 3:45PM-4:45PM)
6:00 Sunday Night Series Presents Murder She Wrote (CR)

27
Love is Kind Day
10:30 Monday Movement W/ Tiffany (G2 Garden Room)
11:00 Tai-Chi Mondays w/Thomas (G2 11:00am-11:45am)
1:15 News & Smiles w/Tiffany (G2 Garden Room)
2:00 Mind Stretchers W/ Tiffany (G2 Garden Room)
3:00 Afternoon Documentary (G2 Garden Room)
3:45 Happy Hour: Margarita Mondays (Atrium 3:45PM-4:45PM)
3:45 Music with Bonnie Rapp! (A 3:45pm-4:45pm)
6:00 Nightly Movie (2nd floor CR)

28
Waterpark Day
10:00 Rise & Revive (Garden Room (G2) 10:00-10:45)
11:00 Armchair Travel w/ Tiffany (G210:45-11:15)
2:15 Tuesday Trivia Tracks (Garden Room (G2) 2:15-2:45)
3:45 Happy Hour: Tiki Tuesday (Atrium 3:45PM-4:45PM)
3:45 Live Entertainment w/ Joe Blanco! (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

29
Lasagna Day
10:00 Woosah Wednesday Yoga (Garden Room (G2) 10:00-10:45)
10:45 Word Whiz Wednesday (Garden Room (G2) 10:45-11:15)
11:00 Name that Tune W/ Tiffany (Garden Room (G2) 11:00am-11:45am)
2:00 K-Club Gallivant (Outing 2:00 - 3:30)
3:00 Afternoon History Documentary (CR)
3:45 Happy Hour: Wine Down Wednesday (A 3:45pm-4:45pm)
3:45 Jammin with Mike Bram! (A 3:45-4:45pm)
6:00 Nightly Movie (2nd floor CR)

30
International Day of Friendship
Happy Birthday Nick F!
10:00 K-Club Kickball (Garden Room (G2) 10:00-10:45)
10:00 Daily Chronicles W/ Tiffany (Garden Room (G2) 10:45-11:45am)
1:30 On The Go Flow W/Tiffany (Garden 1:30-2:00)
3:45 Entertainment with Bosco! (Atrium 3:45PM-4:45PM)
3:45 Happy Hour: Tropical Escape Thursday (Atrium 3:45PM-4:45PM)
6:00 Nightly Movie (2nd floor CR)

31
Avocado Day
10:00 Feel-Good Friday W/ Tiffany (Garden Room (G2 10:00-10:45am))
11:15 Fun Facts Trivia w/ Tiffany (Garden Room (G2) 11:15-11:45)
2:15 Famous Faces Friday w/Tiffany (G2 2:15-3:15pm)
3:45 A.J Freeman Sings Songs from The Golden Age! (Atrium 3:45-4:45pm)
3:45 Feel-Good Friday Happy Hour (Atrium 3:45PM-4:45PM)
6:00 Friday Night Thriller! (CR)

Location Key:
G2- Garden Room

Bus Schedule
Outing Days- *AL & Haven Tuesdays, KClub & Connections Wednesdays*
Medical Appointment Days- *Monday, Thursday, & Fridays*
Errand Days- *Wednesday Afternoons*
For further information on scheduleing transportation for medical appointments & errands please contact:
Jennifer Blair, Transportation.
Transportation@KensingtonSL.com

July 2026

KClub

The Kensington White Plains 100 Maple Avenue White Plains, NY, 10601