

SUNMONTUEWEDTHURFRI SAT

Location Key

LR = Living Room

SR = Sun Room

TR = Tranquility Room

DR = Dining Room

Welcome

OCTOBER

Bus Schedule

Outing Days- AL & Haven Tuesdays, KClub & Connections Wednesdays

Medical Appointment Days- Monday, Thursday, & Fridays

Errand Days- Wednesday Afternoons

For further information on scheduling transportation for medical appointments & errands please contact:

Jennifer Blair, Transportation. [Transportation@KensingtonSL.com](mailto:Transportation@KensingtonSL.com)

This is a projected calendar for the month of **October 2026**.

For a more detailed schedule, please refer to the daily activity sheet.

For any further questions or comments, please contact:

Shamaris Mercado, Life Enrichment Manager.

[SMercado@KensingtonSL.com](mailto:SMercado@KensingtonSL.com) (914)-390-0090 Ext. 2024

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| <div><div><div><div><div><b>Golf Day</b></div><div>10:30 Sunday Mass via Youtube (TR 10:30am-11:00am)</div><div>10:45 Movin' &amp; Groovin' w/ Tanya (LR 10:45am-11:15am)</div><div>11:15 This Day in History w/ Tanya (LR 11:15am-11:45am)</div><div>11:30 Resident &amp; Family Sunday Brunch (DR)</div><div>1:30 Fall Into Creativity w/ Tanya (LR 1:30pm-2:15pm)</div><div>2:15 Sensory Exploration w/ Tanya (LR 2:15pm-2:45pm)</div><div>3:00 Smooth Sunday Happy Hour (DR 3:00pm-4:00pm)</div><div>4:00 Afternoon Active Games &amp; Puzzles w/ Tanya (LR 4:00pm-4:45pm)</div><div>6:00 Sunday Night Drive-in (LR)</div></div></div><div>4</div></div></div>      | <div><div><div><div><div><b>Mad Hatter Day</b></div><div>10:00 Walk N Roll Club</div><div>10:30 Scarf Exercise w/ Tressa (LR 10:30am-11:15am)</div><div>11:15 Name That Tune w/ Tressa (LR 11:15am-11:45am)</div><div>1:30 Artist Impressions w/ Tressa (LR 1:30pm-2:15pm)</div><div>2:15 Monday Melodies w/ Tressa (LR 2:15pm-2:45pm)</div><div>3:00 Mix &amp; Mingle Monday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>4:00 Music Therapy &amp; Movement w/ Eric (LR 4:00pm-4:45pm)</b></div><div>6:00 Evening Musical (LR)</div></div></div><div>5</div></div></div>                                                      | <div><div><div><div><div><b>Teacher's Day</b></div><div>10:15 Out &amp; About with Shamaris &amp; Jen</div><div>10:30 School Days: Then &amp; Now w/ Cece (LR 10:30am-11:00am)</div><div>10:45 Hands &amp; Hearts Baking w/ Tressa (SR 10:45am-11:45am)</div><div>11:00 Name that Tune w/ Cece (LR 11:00am-11:45am)</div><div>1:30 Marvelous Lavender Spa &amp; Massage w/ Cece &amp; Tressa (LR 1:30pm-2:45pm)</div><div>1:30 Walk N Roll Club</div><div>3:00 Tunes Tuesday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>4:00 Music Therapy &amp; Movement w/ Eric (LR 4:00pm-4:45pm)</b></div><div>6:00 Classic Movie Night (LR)</div></div></div><div>6</div></div></div> | <div><div><div><div><div><b>Kale Day</b></div><div>10:00 Walk N Roll Club</div><div><b>10:30 Music Conservatory of Westchester - Music Therapy (LR 10:30am-11:30am)</b></div><div>11:30 Morning Connections &amp; Melodies w/ Andria (LR 11:30am-11:45am)</div><div>1:30 Watercolor Wednesday w/ Andria (SR 1:30pm-2:15pm)</div><div>2:15 Biography Club w/ Andria (SR 2:15pm-2:45pm)</div><div>3:00 Wine Down Wednesday Happy Hour (DR 3:00pm-4:00pm)</div><div>4:00 Musical Bingo w/ Andria (DR 4:00pm-4:45pm)</div><div>6:00 Evening Musical (LR)</div></div></div><div>7</div></div></div>                                                        | <div><div><div><div><div><b>Coffee Day</b></div><div>10:00 Walk N Roll Club</div><div>10:30 Sit &amp; Be Fit w/ Tressa (LR 10:30am-11:00am)</div><div>10:45 Hands &amp; Hearts Baking w/ Andria (SR 10:45am-11:45am)</div><div><b>11:00 AWEN Horticultural Therapy w/ Meghann (2nd Flr CR 11:00am-12:00pm)</b></div><div>11:00 Positive New Stories w/ Tressa (LR 11:00am-11:45am)</div><div>1:30 Story Circle w/ Andria (SR 1:30pm-2:30pm)</div><div>1:30 Table Top Games w/ Tressa (LR 1:30pm-2:15pm)</div><div>2:15 Fall Aromas &amp; Memories w/ Tressa (LR 2:15pm-2:45pm)</div><div>3:00 Brews &amp; Bites Happy Hour (DR 3:00pm-4:00pm)</div><div><b>3:45 Oldies Jam with Tommy D! (LR 3:45pm-4:45pm)</b></div><div>6:00 Classic Movie Night (LR)</div></div></div><div>1</div></div></div> | <div><div><div><div><div><b>World Smile Day</b></div><div>10:30 Flashback Friday w/ Andria (LR 10:30am-11:15am)</div><div><b>11:15 Tai Chi w/ Thomas (LR 11:15am-11:45am)</b></div><div>1:30 Autumn Artistry w/ Andria (SR 1:30pm-2:00pm)</div><div>1:30 Walk N Roll Club</div><div>2:15 Shabbat Prayers w/ Andria (SR 2:15pm-2:45pm)</div><div>3:00 Feel-Good Friday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>4:00 Music Therapy &amp; Movement w/ Eric (LR 4:00pm-4:45pm)</b></div><div>6:00 Evening Musical (LR)</div></div></div><div>2</div></div></div>                 | <div><div><div><div><div><b>Card Making Day</b></div><div><b>Happy Birthday David!</b></div><div>10:30 Music &amp; Motion w/ Tanya (LR 10:30am-11:00am)</div><div>11:15 Mind Stretchers w/ Tanya (LR 11:15am-11:45am)</div><div>1:30 Armchair Travel w/ Tanya (LR 1:30pm-2:15pm)</div><div>2:15 Story Circle: Stories from a Photo (LR 2:15pm-2:45pm)</div><div>3:00 Happy Hour: Sangria Saturday (DR 3:00pm-4:00pm)</div><div>4:00 Puzzles &amp; Sorting w/ Tanya (DR 4:00pm-4:45pm)</div><div>6:00 Evening Musical (LR)</div></div></div><div>3</div></div></div>     |
| <div><div><div><div><div><b>Golf Day</b></div><div>10:30 Sunday Mass via Youtube (TR 10:30am-11:00am)</div><div>10:45 Movin' &amp; Groovin' w/ Tanya (LR 10:45am-11:15am)</div><div>11:15 This Day in History w/ Tanya (LR 11:15am-11:45am)</div><div>11:30 Resident &amp; Family Sunday Brunch (DR)</div><div>1:30 Fall Into Creativity w/ Tanya (LR 1:30pm-2:15pm)</div><div>2:15 Sensory Exploration w/ Tanya (LR 2:15pm-2:45pm)</div><div>3:00 Smooth Sunday Happy Hour (DR 3:00pm-4:00pm)</div><div>4:00 Afternoon Active Games &amp; Puzzles w/ Tanya (LR 4:00pm-4:45pm)</div><div>6:00 Sunday Night Drive-in (LR)</div></div></div><div>4</div></div></div>      | <div><div><div><div><div><b>Mad Hatter Day</b></div><div>10:00 Walk N Roll Club</div><div>10:30 Scarf Exercise w/ Tressa (LR 10:30am-11:15am)</div><div>11:15 Name That Tune w/ Tressa (LR 11:15am-11:45am)</div><div>1:30 Artist Impressions w/ Tressa (LR 1:30pm-2:15pm)</div><div>2:15 Monday Melodies w/ Tressa (LR 2:15pm-2:45pm)</div><div>3:00 Mix &amp; Mingle Monday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>4:00 Music Therapy &amp; Movement w/ Eric (LR 4:00pm-4:45pm)</b></div><div>6:00 Evening Musical (LR)</div></div></div><div>5</div></div></div>                                                      | <div><div><div><div><div><b>Teacher's Day</b></div><div>10:15 Out &amp; About with Shamaris &amp; Jen</div><div>10:30 School Days: Then &amp; Now w/ Cece (LR 10:30am-11:00am)</div><div>10:45 Hands &amp; Hearts Baking w/ Tressa (SR 10:45am-11:45am)</div><div>11:00 Name that Tune w/ Cece (LR 11:00am-11:45am)</div><div>1:30 Marvelous Lavender Spa &amp; Massage w/ Cece &amp; Tressa (LR 1:30pm-2:45pm)</div><div>1:30 Walk N Roll Club</div><div>3:00 Tunes Tuesday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>4:00 Music Therapy &amp; Movement w/ Eric (LR 4:00pm-4:45pm)</b></div><div>6:00 Classic Movie Night (LR)</div></div></div><div>6</div></div></div> | <div><div><div><div><div><b>Kale Day</b></div><div>10:00 Walk N Roll Club</div><div><b>10:30 Music Conservatory of Westchester - Music Therapy (LR 10:30am-11:30am)</b></div><div>11:30 Morning Connections &amp; Melodies w/ Andria (LR 11:30am-11:45am)</div><div>1:30 Watercolor Wednesday w/ Andria (SR 1:30pm-2:15pm)</div><div>2:15 Biography Club w/ Andria (SR 2:15pm-2:45pm)</div><div>3:00 Wine Down Wednesday Happy Hour (DR 3:00pm-4:00pm)</div><div>4:00 Musical Bingo w/ Andria (DR 4:00pm-4:45pm)</div><div>6:00 Evening Musical (LR)</div></div></div><div>7</div></div></div>                                                        | <div><div><div><div><div><b>Happy Birthday Ann!</b></div><div><b>Happy Birthday Rifa!</b></div><div>10:00 Walk N Roll Club</div><div>10:30 Sit &amp; Be Fit w/ Tressa (LR 10:30am-11:00am)</div><div>10:45 Hands &amp; Hearts Baking w/ Andria (SR 10:45am-11:45am)</div><div>11:00 Daily Chronicles w/ Tressa (LR 11:00am-11:45am)</div><div>1:30 Story Circle w/ Andria (SR 1:30pm-2:30pm)</div><div>1:30 Table Top Games w/ Tressa (LR 1:30pm-2:15pm)</div><div>2:15 Fall Aromas &amp; Memories w/ Tressa (LR 2:15pm-2:45pm)</div><div>3:00 Throwback Thursday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>3:45 Thats Entertainment with Gigil! (LR 3:45pm-4:45pm)</b></div><div>6:00 Classic Movie Night (LR)</div></div></div><div>8</div></div></div>                                        | <div><div><div><div><div><b>Curious Events Day</b></div><div>10:30 Flashback Friday w/ Andria (LR 10:30am-11:15am)</div><div><b>11:15 Tai Chi w/ Thomas (LR 11:15am-11:45am)</b></div><div>1:30 Autumn Artistry w/ Andria (SR 1:30pm-2:00pm)</div><div>1:30 Walk N Roll Club</div><div>2:15 Shabbat Prayers w/ Andria (SR 2:15pm-2:45pm)</div><div>3:00 Feel-Good Friday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>4:00 Music Therapy &amp; Movement w/ Eric (LR 4:00pm-4:45pm)</b></div><div>6:00 Evening Musical (LR)</div></div></div><div>9</div></div></div>              | <div><div><div><div><div><b>Motorcycle Ride Day</b></div><div>10:30 Stretch &amp; Strenghten Saturday w/ Tanya (LR 10:30am-11:00am)</div><div>11:15 Finish The Phrase w/ Tanya (LR 11:15am-11:45am)</div><div>1:30 Armchair Travel w/ Tanya (LR 1:30pm-2:15pm)</div><div>2:15 Story Circle: Stories from a Photo (LR 2:15pm-2:45pm)</div><div>3:00 Happy Hour: Sangria Saturday (DR 3:00pm-4:00pm)</div><div><b>3:45 A.J Freeman Sings Songs from The Golden Age! (LR 3:45pm-4:45pm)</b></div><div>6:00 Evening Musical (LR)</div></div></div><div>10</div></div></div> |
| <div><div><div><div><div><b>Meatloaf Appreciation Day</b></div><div>10:30 Sunday Mass via Youtube (TR 10:30am-11:00am)</div><div>10:45 Movin' &amp; Groovin' w/ Tanya (LR 10:45am-11:15am)</div><div>11:15 This Day in History w/ Tanya (LR 11:15am-11:45am)</div><div>11:30 Resident &amp; Family Sunday Brunch (DR)</div><div>1:30 Fall Into Creativity w/ Tanya (LR 1:30pm-2:15pm)</div><div>2:15 Sensory Exploration w/ Tanya (LR 2:15pm-2:45pm)</div><div>3:00 Smooth Sunday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>4:00 Violin Concert with Albert! (LR 4:00-4:45pm)</b></div><div>6:00 Sunday Night Drive-in (LR)</div></div></div><div>11</div></div></div> | <div><div><div><div><div><b>Indigenous Peoples' Day</b></div><div>10:00 Walk N Roll Club</div><div>10:30 Musical Movement &amp; Memories w/ Tressa (LR 10:30am-11:15am)</div><div>11:15 Song Pictionary w/ Tressa (LR 11:15am-11:45am)</div><div>1:30 Storytelling Through Symbols w/ Tressa (LR 1:30pm-2:15pm)</div><div>2:15 Native Plants &amp; Their Uses w/ Tressa (LR 2:15pm-2:45pm)</div><div>3:00 Mix &amp; Mingle Monday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>4:00 Music Therapy &amp; Movement w/ Eric (LR 4:00pm-4:45pm)</b></div><div>6:00 Evening Musical (LR)</div></div></div><div>12</div></div></div> | <div><div><div><div><div><b>M&amp;M Day</b></div><div>10:15 Out &amp; About with Shamaris &amp; Jen</div><div>10:30 Action Rhyme w/ Cece (LR 10:30am-11:00am)</div><div>10:45 Hands &amp; Hearts Baking w/ Tressa (SR 10:45am-11:45am)</div><div>11:00 Finish The Phrase w/ Cece (LR 11:00am-11:45am)</div><div>1:30 Marvelous Lavender Spa &amp; Massage w/ Cece &amp; Tressa (LR 1:30pm-2:45pm)</div><div>1:30 Walk N Roll Club</div><div>3:00 Tunes Tuesday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>4:00 Music Therapy &amp; Movement w/ Eric (LR 4:00pm-4:45pm)</b></div><div>6:00 Classic Movie Night (LR)</div></div></div><div>13</div></div></div>              | <div><div><div><div><div><b>Fossil Day</b></div><div>10:00 Walk N Roll Club</div><div><b>10:30 Music Conservatory of Westchester - Music Therapy (LR 10:30am-11:30am)</b></div><div>11:30 Morning Connections &amp; Melodies w/ Andria (LR 11:30am-11:45am)</div><div>1:30 Mosaic Creations w/ Andria (SR 1:30pm-2:15pm)</div><div>2:15 Fossil &amp; Gemstone Exploration w/ Andria (SR 2:15pm-2:45pm)</div><div>3:00 Wine Down Wednesday Happy Hour (DR 3:00pm-4:00pm)</div><div>4:00 Golden Oldies Karaoke w/ Andria (DR 4:00pm-4:45pm)</div><div>6:00 Evening Musical (LR)</div></div></div><div>14</div></div></div>                              | <div><div><div><div><div><b>Pumpkin Festival</b></div><div>10:00 Walk N Roll Club</div><div>10:30 Sit &amp; Be Fit w/ Tressa (LR 10:30am-11:00am)</div><div>10:45 Hands &amp; Hearts Baking w/ Andria (SR 10:45am-11:45am)</div><div>11:00 Positive New Stories w/ Tressa (LR 11:00am-11:45am)</div><div><b>1:00 Pet Therapy on the Move w/ Linda (1:00pm-2:30pm)</b></div><div><b>1:30 Pumpkins &amp; Plaid Festival!! (CR 1:30-3:00pm)</b></div><div>3:00 Throwback Thursday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>3:45 Live Music (LR 3:45pm-4:45pm)</b></div><div>6:00 Classic Movie Night (LR)</div></div></div><div>15</div></div></div>                                                                                                                                               | <div><div><div><div><div><b>Bosses Day</b></div><div>10:30 Flashback Friday w/ Andria (LR 10:30am-11:15am)</div><div><b>11:15 Tai Chi w/ Thomas (LR 11:15am-11:45am)</b></div><div>1:30 Autumn Artistry w/ Andria (SR 1:30pm-2:00pm)</div><div>1:30 Walk N Roll Club</div><div>2:15 Shabbat Prayers w/ Andria (SR 2:15pm-2:45pm)</div><div>3:00 Feel-Good Friday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>4:00 Music Therapy &amp; Movement w/ Eric (LR 4:00pm-4:45pm)</b></div><div>6:00 Evening Musical (LR)</div></div></div><div>16</div></div></div>                     | <div><div><div><div><div><b>Wear Something Gaudy Day</b></div><div>10:30 Music &amp; Motion w/ Tanya (LR 10:30am-11:00am)</div><div>11:15 Mind Stretchers w/ Tanya (LR 11:15am-11:45am)</div><div>1:30 Armchair Travel w/ Tanya (LR 1:30pm-2:15pm)</div><div>2:15 Story Circle: Stories from a Photo (LR 2:15pm-2:45pm)</div><div>3:00 Happy Hour: Sangria Saturday (DR 3:00pm-4:00pm)</div><div><b>3:45 Howard Cohen on the Cello! (LR 3:45pm-4:45pm)</b></div><div>6:00 Evening Musical (LR)</div></div></div><div>17</div></div></div>                               |
| <div><div><div><div><div><b>Meatloaf Appreciation Day</b></div><div>10:30 Sunday Mass via Youtube (TR 10:30am-11:00am)</div><div>10:45 Movin' &amp; Groovin' w/ Tanya (LR 10:45am-11:15am)</div><div>11:15 This Day in History w/ Tanya (LR 11:15am-11:45am)</div><div>11:30 Resident &amp; Family Sunday Brunch (DR)</div><div>1:30 Fall Into Creativity w/ Tanya (LR 1:30pm-2:15pm)</div><div>2:15 Sensory Exploration w/ Tanya (LR 2:15pm-2:45pm)</div><div>3:00 Smooth Sunday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>4:00 Live Music w/ Grigory! (LR 4:00pm-4:45pm)</b></div><div>6:00 Sunday Night Drive-in (LR)</div></div></div><div>18</div></div></div>    | <div><div><div><div><div><b>Seafood Bisque Day</b></div><div>10:00 Walk N Roll Club</div><div>10:30 Scarf Exercise w/ Tressa (LR 10:30am-11:15am)</div><div>11:15 Name That Tune w/ Tressa (LR 11:15am-11:45am)</div><div>1:30 Artist Impressions w/ Tressa (LR 1:30pm-2:15pm)</div><div>2:15 Monday Melodies w/ Tressa (LR 2:15pm-2:45pm)</div><div>3:00 Mix &amp; Mingle Monday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>4:00 Music Therapy &amp; Movement w/ Eric (LR 4:00pm-4:45pm)</b></div><div>6:00 Evening Musical (LR)</div></div></div><div>19</div></div></div>                                                 | <div><div><div><div><div><b>Chefs Day</b></div><div>10:15 Out &amp; About with Shamaris &amp; Jen</div><div>10:30 Guided Meditation &amp; Yoga w/ Cece (LR 10:30am-11:00am)</div><div>10:45 Hands &amp; Hearts Baking w/ Tressa (SR 10:45am-11:45am)</div><div>11:00 Name that Tune w/ Cece (LR 11:00am-11:45am)</div><div>1:30 Marvelous Lavender Spa &amp; Massage w/ Cece &amp; Tressa (LR 1:30pm-2:45pm)</div><div>1:30 Walk N Roll Club</div><div>3:00 Tunes Tuesday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>4:00 Music Therapy &amp; Movement w/ Eric (LR 4:00pm-4:45pm)</b></div><div>6:00 Classic Movie Night (LR)</div></div></div><div>20</div></div></div>   | <div><div><div><div><div><b>Pumpkin Cheesecake Day</b></div><div>10:00 Walk N Roll Club</div><div><b>10:30 Music Conservatory of Westchester - Music Therapy (LR 10:30am-11:30am)</b></div><div>11:30 Morning Connections &amp; Melodies w/ Andria (LR 11:30am-11:45am)</div><div>1:30 Watercolor Wednesday w/ Andria (SR 1:30pm-2:15pm)</div><div>2:15 Biography Club w/ Andria (SR 2:15pm-2:45pm)</div><div>3:00 Wine Down Wednesday Happy Hour (DR 3:00pm-4:00pm)</div><div>4:00 Musical Bingo w/ Andria (DR 4:00pm-4:45pm)</div><div>6:00 Evening Musical (LR)</div></div></div><div>21</div></div></div>                                         | <div><div><div><div><div><b>Smart is Cool Day</b></div><div>10:00 Walk N Roll Club</div><div>10:30 Sit &amp; Be Fit w/ Tressa (LR 10:30am-11:00am)</div><div>10:45 Hands &amp; Hearts Baking w/ Andria (SR 10:45am-11:45am)</div><div>11:00 Daily Chronicles w/ Tressa (LR 11:00am-11:45am)</div><div>1:30 Story Circle w/ Andria (SR 1:30pm-2:30pm)</div><div>1:30 Table Top Games w/ Tressa (LR 1:30pm-2:15pm)</div><div>2:15 Fall Aromas &amp; Memories w/ Tressa (LR 2:15pm-2:45pm)</div><div>3:00 Throwback Thursday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>3:45 Rock N Roll with Lou Patrick! (LR 3:45pm-4:45pm)</b></div><div>6:00 Classic Movie Night (LR)</div></div></div><div>22</div></div></div>                                                                                 | <div><div><div><div><div><b>TV Talk Show Host Day</b></div><div>10:30 Flashback Friday w/ Andria (LR 10:30am-11:15am)</div><div><b>11:15 Tai Chi w/ Thomas (LR 11:15am-11:45am)</b></div><div>1:30 Autumn Artistry w/ Andria (SR 1:30pm-2:00pm)</div><div>1:30 Walk N Roll Club</div><div>2:15 Shabbat Prayers w/ Andria (SR 2:15pm-2:45pm)</div><div>3:00 Feel-Good Friday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>4:00 Music Therapy &amp; Movement w/ Eric (LR 4:00pm-4:45pm)</b></div><div>6:00 Evening Musical (LR)</div></div></div><div>23</div></div></div>          | <div><div><div><div><div><b>Make A Difference Day</b></div><div>10:30 Stretch &amp; Strenghten Saturday w/ Tanya (LR 10:30am-11:00am)</div><div>11:15 Finish The Phrase w/ Tanya (LR 11:15am-11:45am)</div><div>1:30 Armchair Travel w/ Tanya (LR 1:30pm-2:15pm)</div><div><b>2:00 Oldies Jam with Tommy D! (LR 2:00pm-3:00pm)</b></div><div>3:00 Happy Hour: Sangria Saturday (DR 3:00pm-4:00pm)</div><div>4:00 Puzzles &amp; Sorting w/ Tanya (DR 4:00pm-4:45pm)</div><div>6:00 Evening Musical (LR)</div></div></div><div>24</div></div></div>                       |
| <div><div><div><div><div><b>Artists Day</b></div><div>10:30 Sunday Mass via Youtube (TR 10:30am-11:00am)</div><div>10:45 Movin' &amp; Groovin' w/ Tanya (LR 10:45am-11:15am)</div><div>11:15 This Day in History w/ Tanya (LR 11:15am-11:45am)</div><div>11:30 Resident &amp; Family Sunday Brunch (DR)</div><div>1:30 Fall Into Creativity w/ Tanya (LR 1:30pm-2:15pm)</div><div>2:15 Sensory Exploration w/ Tanya (LR 2:15pm-2:45pm)</div><div>3:00 Smooth Sunday Happy Hour (DR 3:00pm-4:00pm)</div><div>4:00 Mindful Travels w/ Tanya (LR 4:00-4:45pm)</div><div>6:00 Sunday Night Drive-in (LR)</div></div></div><div>25</div></div></div>                         | <div><div><div><div><div><b>Pumpkin Day</b></div><div>10:00 Walk N Roll Club</div><div>10:30 Musical Movement &amp; Memories w/ Tressa (LR 10:30am-11:15am)</div><div>11:15 Song Pictionary w/ Tressa (LR 11:15am-11:45am)</div><div>1:30 Artist Impressions w/ Tressa (LR 1:30pm-2:15pm)</div><div>2:15 Monday Melodies w/ Tressa (LR 2:15pm-2:45pm)</div><div>3:00 Mix &amp; Mingle Monday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>4:00 Live Entertainment w/ Joe Blanco! (LR 4:00pm-4:45pm)</b></div><div>6:00 Evening Musical (LR)</div></div></div><div>26</div></div></div>                                         | <div><div><div><div><div><b>Black Cat Day</b></div><div>10:15 Out &amp; About with Shamaris &amp; Jen</div><div>10:30 Action Rhyme w/ Cece (LR 10:30am-11:00am)</div><div>10:45 Hands &amp; Hearts Baking w/ Tressa (SR 10:45am-11:45am)</div><div>11:00 Finish The Phrase w/ Cece (LR 11:00am-11:45am)</div><div>1:30 Marvelous Lavender Spa &amp; Massage w/ Cece &amp; Tressa (LR 1:30pm-2:45pm)</div><div>1:30 Walk N Roll Club</div><div>3:00 Tunes Tuesday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>4:00 Music Therapy &amp; Movement w/ Eric (LR 4:00pm-4:45pm)</b></div><div>6:00 Classic Movie Night (LR)</div></div></div><div>27</div></div></div>            | <div><div><div><div><div><b>First Responders Day</b></div><div>10:00 Walk N Roll Club</div><div><b>10:30 Music Conservatory of Westchester - Music Therapy (LR 10:30am-11:30am)</b></div><div>11:30 Morning Connections &amp; Melodies w/ Andria (LR 11:30am-11:45am)</div><div>1:30 Still Significant: First Responder Appreciation Cards w/ Andria (SR 1:30pm-2:15pm)</div><div>2:15 Sensory Stories w/ Andria (SR 2:15pm-2:45pm)</div><div>3:00 Wine Down Wednesday Happy Hour (DR 3:00pm-4:00pm)</div><div>4:00 Golden Oldies Karaoke w/ Andria (DR 4:00pm-4:45pm)</div><div>6:00 Evening Musical (LR)</div></div></div><div>28</div></div></div> | <div><div><div><div><div><b>Boogie With The Boo's!</b></div><div>10:00 Walk N Roll Club</div><div>10:30 Thriller Chair Fitness w/ Tressa (LR 10:30am-11:00am)</div><div>10:45 Hands &amp; Hearts Baking w/ Andria (SR 10:45am-11:45am)</div><div>11:00 Halloween Through the Years w/ Tressa (LR 11:00am-11:45am)</div><div>1:30 Autumn Stories w/ Andria (SR 1:30pm-2:30pm)</div><div>1:30 Spooky Sip &amp; Paint w/ Tressa (LR 1:30pm-2:15pm)</div><div>2:15 Fall Aromas &amp; Memories w/ Tressa (LR 2:15pm-2:45pm)</div><div>3:00 Boogie with the Boos! (DR 3:00pm-4:00pm)</div><div><b>3:45 Howard Cohen on the Cello! (LR 3:45pm-4:45pm)</b></div><div>6:00 Classic Movie Night (LR)</div></div></div><div>29</div></div></div>                                                             | <div><div><div><div><div><b>Frankenstein Friday</b></div><div>10:30 Flashback Friday w/ Andria (LR 10:30am-11:15am)</div><div><b>11:15 Tai Chi w/ Thomas (LR 11:15am-11:45am)</b></div><div>1:30 Autumn Artistry w/ Andria (SR 1:30pm-2:00pm)</div><div>1:30 Walk N Roll Club</div><div>2:15 Shabbat Prayers w/ Andria (SR 2:15pm-2:45pm)</div><div>3:00 Feel-Good Friday Happy Hour (DR 3:00pm-4:00pm)</div><div><b>4:00 Rock N Roll Halloween Special with Lou Patrick! (LR 4:00pm-4:45pm)</b></div><div>6:00 Evening Musical (LR)</div></div></div><div>30</div></div></div> | <div><div><div><div><div><b>Halloween</b></div><div>10:30 Monster Mash &amp; Move w/ Tanya (LR 10:30am-11:00am)</div><div>11:15 Tricks, Treats &amp; Trivia w/ Tanya (LR 11:15am-11:45am)</div><div>1:30 Armchair Travel w/ Tanya (LR 1:30pm-2:15pm)</div><div>2:15 Story Circle: Stories from a Photo (LR 2:15pm-2:45pm)</div><div>3:00 Happy Hour: Sangria Saturday (DR 3:00pm-4:00pm)</div><div>4:00 Songs of Autumn w/ Tanya (DR 4:00pm-4:45pm)</div><div>6:00 Evening Musical (LR)</div></div></div><div>31</div></div></div>                                      |

October 2026

Haven Calendar

The Kensington White Plains 100 Maple Avenue White Plains, NY, 10601

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