

SUN

MON

TUE

WED

THUR

FRI

SAT

<p>Bus Schedule <i>Outing Days- AL & Haven Tuesdays, Connections Wednesdays</i> Medical Appointment Days- Monday, Thursday, & Fridays <i>Errand Days- Wednesday Afternoons</i> <i>Sign up for outings are located at the concierge desk</i> <i>For further information on scheduling transportation for medical appointments & errands please contact</i> Jennifer Blair, Transportation <i>Transportation@Kensingtonsl.com</i></p>	<p><i>April Fool's Day</i> 10:00 Tai Chi w/Thomas (CR 45 Minute Session) 1 11:15 Real Talk w/Phil (CR 11:15am-11:45am) 1:30 OnGrowing Mindfulness w/ Fred (CR 1:30pm-2:45pm) 1:45 Dominoes Club with Daniella (Parlor 1:45-2:45pm) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 4:15 Social Visits with Chrissy (4:15pm-5pm) 6:00 Nightly Movie (2nd floor CR)</p>	<p>10:15 Tai Chi w/Thomas (CR 45 Minute Session) 2 10:30 Coffee & Cards w/Chrissy (Parlor 10:30-11:30am) 11:15 News & Views w/Marsha (CR 11:15am-11:45am) 1:30 Anagrams with Chrissy (CR 1:30pm-2:45pm) 1:30 Mahjong with Marsha (Library 1:30pm-2:45pm) 3:00 PBS Documentary (CR 3pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Howard Cohen on the Cello (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p>	<p>9:30 Tai Chi w/Thomas (CR 45 Minute Session) 3 10:30 St. Bernard's Catholic Mass (CR 10:30am-11am) 10:45 Mahjong w/ Marsha (Library 10:45-11:45am) 10:45 Trivia Challenge w/ Chrissy (10:45-11:30) 11:15 Holy Rosary (CR 11:15am-11:45am) 1:45 Styles of Then & Now with Chrissy (CR 1:45-2:45pm) 3:00 THRIVE Movement & Dance with Deborah (CR 3pm-3:45pm) 3:45 Happy Hour! (DR 3:45-4:45) 6:00 Nightly Movie (2nd floor CR)</p>	<p>10:30 Jeopardy Trivia w/ Chrissy (CR 10:30am-11am) 4 11:00 Creative Journaling & Expressive Arts w/ Joanne (Parlor 11-11:45am) 11:00 Sit & Be Fit with Chrissy (CR 11:00-11:30am) 11:30 Wordle w/ Chrissy (CR 11:30-11:45am) 1:45 Art Appreciation w/ Chrissy (CR 1:45-2:45pm) 1:45 Scrabble Club w/ Daniella (Parlor 1:45-2:45pm) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 6:00 Nightly Movie (2nd floor CR)</p>	<p>10:15 Tai Chi w/Thomas (CR 45 Minute Session) 5 11:15 News & Views w/Marsha (CR 11:15am-11:45am) 1:30 Crosswords w/Marsha (CR 1:30pm-2pm) 2:00 Word Games w/Marsha (CR 2pm-2:30pm) Social Visits w/ Daniella (2:30pm-3:15pm) 2:45 Shabbat Service (CR 2:45-3:30pm) 3:30 Fitness Friday- Via YouTube (CR 3:30-4pm) 4:00 Happy Hour! (DR 4-5pm) 6:00 Friday Night Thriller! (CR)</p>	<p>10:30 Morning Stretch w/ Khamera (CR 10:30am-11am) 6 11:15 Daily Chronicles & This Day in History w/ Khamera (CR 11:15am-11:45am) 1:15 PBS Documentary (L) 1:30 Saturday Matinee (CR) 1:45 Creative Expressions w/ Khamera (Parlor 1:45-2:45pm) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Piano Concert w/ Jeffrey (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p>
<p>10:15 Crochet Circle w/ Lillian (Library 10:15-11am) 7 10:30 Catholic Mass- Streaming Service (CR 10:30am-11am) 11:15 Word Games w/ Chrissy (CR 11:15am-11:45am) 1:45 Bingo! w/ Chrissy (CR 1:45-2:45) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 6:00 Sunday Night Series Presents - The Crown (CR)</p>	<p>10:00 Tai Chi w/Thomas (CR 45 Minute Session) 8 11:00 Word Games w/ Chrissy (CR 11:00-11:45am) 1:45 Dominoes Club with Daniella (Parlor 1:45-2:45pm) 1:45 Wellness , THRIVE, & PWR w/ Meshel (CR 1:45-2:45pm) 3:45 Happy Hour! (DR 3:45-4:45) 4:15 Social Visits with Chrissy (4:15pm-5pm) 6:00 Nightly Movie (2nd floor CR)</p>	<p>10:15 Tai Chi w/Thomas (CR 45 Minute Session) 9 10:30 Coffee & Cards w/Chrissy (Parlor 10:30-11:30am) 11:15 News & Views w/Marsha (CR 11:15am-11:45am) 1:45 Resident Council & Food Committee (CR 1:45-3:00pm) 3:00 Welcome Committee (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Karaoke Hour (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p>	<p>9:30 Tai Chi w/Thomas (CR 45 Minute Session) 10 10:30 St. Bernard's Catholic Mass (CR 10:30am-11am) 10:45 Mahjong w/ Marsha (Library 10:45-11:45am) 10:45 Trivia Challenge w/ Chrissy (10:45-11:30) 11:15 Holy Rosary (CR 11:15am-11:45am) 1:45 Sue Kronish- Putting Poetry on the Page (CR 1:45-2:45pm) 3:45 Happy Hour! (DR 3:45-4:45) 6:00 Nightly Movie (2nd floor CR)</p>	<p><i>Happy Birthday Karen!</i> 10:30 Jeopardy Trivia w/ Chrissy (CR 10:30am-11am) 11 11:00 Sit & Be Fit with Chrissy (CR 11:00-11:30am) 11:30 Wordle w/ Chrissy (CR 11:30-11:45am) 1:45 Lavender Spa Afternoon with Chrissy (CR 1:45-2:45pm) 1:45 Scrabble Club w/ Daniella (Parlor 1:45-2:45pm) 3:00 Music Therapy & Movement with Eric (CR 3pm-4pm) 3:30 Jammin with Mike Bram (Atrium 3:45-4:45pm) 3:45 Happy Hour! (DR 3:45-4:45) 6:00 Nightly Movie (2nd floor CR)</p>	<p>10:15 Tai Chi w/Thomas (CR 45 Minute Session) 12 11:15 News & Views w/Marsha (CR 11:15am-11:45am) 1:30 Parkinson's Support Group w/ Joanne (L 1:30-2:30pm) 1:45 Time Warp with Marsha (CR 1:45-2:30pm) 2:30 Social Visits w/ Daniella (2:30pm-3:15pm) 2:45 Shabbat Service (CR 2:45-3:30pm) 3:30 Fitness Friday- Via YouTube (CR 3:30-4pm) 4:00 Happy Hour! (DR 4-5pm) 6:00 Friday Night Thriller! (CR)</p>	<p>10:30 Morning Stretch w/ Khamera (CR 10:30am-11am) 13 11:15 Daily Chronicles & This Day in History w/ Khamera (CR 11:15am-11:45am) 1:15 PBS Documentary (L) 1:30 Create with Susan (CR 1:30pm-2:30pm) 2:00 Neal's Kensington Choir (A 2-2:45pm) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Oldies Jam with Tommy D (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p>
<p><i>International Moment of Laughter Day</i> 10:15 Crochet Circle w/ Lillian (Library 10:15-11am) 14 10:30 Catholic Mass- Streaming Service (CR 10:30am-11am) 11:15 Laughing Yoga w/ Chrissy (CR 11:15am-11:45am) 1:45 Bingo! w/ Chrissy (CR 1:45-2:45) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Rock N Roll with Lou Patrick! (Atrium 3:45-4:45pm) 6:00 Sunday Night Series Presents - The Crown (CR)</p>	<p><i>Tax Day</i> <i>World Art Day</i> 10:00 Tai Chi w/Thomas (CR 45 Minute Session) 15 11:00 Art Appreciation from Around the World w/ Chrissy (CR 11:00-11:45am) 1:30 OnGrowing Mindfulness w/ Fred (CR 1:30pm-2:45pm) 1:45 Dominoes Club with Daniella (Parlor 1:45-2:45pm) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 4:15 Social Visits with Chrissy (4:15pm-5pm) 6:00 Nightly Movie (2nd floor CR)</p>	<p>10:15 Tai Chi w/Thomas (CR 45 Minute Session) 16 10:30 Coffee & Cards w/Chrissy (Parlor 10:30-11:30am) 11:15 News & Views w/Marsha (CR 11:15am-11:45am) 1:30 Mahjong with Marsha (Library 1:30pm-2:45pm) 1:45 Historical Discussions with Evan (CR 1:45-2:45pm) 3:00 PBS Documentary (CR 3pm) 3:45 Happy Hour! (DR 3:45-4:45) 4:00 Pub Trivia w/ Chrissy & Marsha (DR 4-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p>	<p>9:30 Tai Chi w/Thomas (CR 45 Minute Session) 17 10:30 St. Bernard's Catholic Mass (CR 10:30am-11am) 10:45 Mahjong w/ Marsha (Library 10:45-11:45am) 10:45 Trivia Challenge w/ Chrissy (10:45-11:30) 11:15 Holy Rosary (CR 11:15am-11:45am) 1:30 Yiddish Club (Library 1:30pm-2pm) 1:45 Armchair Travel with Chrissy (CR 1:45-2:45pm) 3:00 THRIVE Movement & Dance with Deborah (CR 3pm-3:45pm) 3:45 Happy Hour! (DR 3:45-4:45) 6:00 Nightly Movie (2nd floor CR)</p>	<p><i>Roaring 20's</i> 10:30 Jeopardy Trivia w/ Chrissy (CR 10:30am-11am) 18 11:00 Sit & Be Fit with Chrissy (CR 11:00-11:30am) 11:30 Wordle w/ Chrissy (CR 11:30-11:45am) 1:45 History of 1920's Dance & Music w/ Chrissy (CR 1:45-2:45pm) 1:45 Scrabble Club w/ Daniella (Parlor 1:45-2:45pm) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Sounds of Soul w/ Rhonda (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p>	<p>10:15 Tai Chi w/Thomas (CR 45 Minute Session) 19 11:00 Still Significant: Sandwich making for Family Coachman Shelter (CR) 1:30 Crosswords w/Marsha (CR 1:30pm-2pm) 2:00 Word Games w/Marsha (CR 2pm-2:30pm) Social Visits w/ Daniella (2:30pm-3:15pm) 2:45 Shabbat Service (CR 2:45-3:30pm) 3:30 Fitness Friday- Via YouTube (CR 3:30-4pm) 4:00 Happy Hour! (DR 4-5pm) 6:00 Friday Night Thriller! (CR)</p>	<p><i>Happy Birthday Louise!</i> 10:30 Morning Stretch w/ Khamera (CR 10:30am-11am) 20 11:15 Daily Chronicles & This Day in History w/ Khamera (CR 11:15am-11:45am) 1:15 PBS Documentary (L) 1:45 Sip & Paint with Shamy! (CR 1:45-2:45pm) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Jazz with Miles and Co. (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p>
<p>10:15 Crochet Circle w/ Lillian (Library 10:15-11am) 21 10:30 Catholic Mass- Streaming Service (CR 10:30am-11am) 11:15 Word Games w/ Chrissy (CR 11:15am-11:45am) 1:45 Bingo! w/ Chrissy (CR 1:45-2:45) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 6:00 Sunday Night Series Presents - The Crown (CR)</p>	<p><i>Passover</i> <i>Earth Day</i> <i>Happy Birthday Richard!</i> 10:00 Tai Chi w/Thomas (CR 45 Minute Session) 22 11:15 Real Talk w/Phil (CR 11:15am-11:45am) 1:45 Dominoes Club with Daniella (Parlor 1:45-2:45pm) 1:45 Wellness , THRIVE, & PWR w/ Meshel (CR 1:45-2:45pm) 3:45 Happy Hour! (DR 3:45-4:45) 4:15 Social Visits with Chrissy (4:15pm-5pm) 6:00 Nightly Movie (2nd floor CR)</p>	<p><i>National Picnic Day</i> 10:15 Tai Chi w/Thomas (CR 45 Minute Session) 23 10:30 Coffee & Cards w/Chrissy (Parlor 10:30-11:30am) 11:15 News & Views w/Marsha (CR 11:15am-11:45am) 1:30 Anagrams with Chrissy (CR 1:30pm-2:45pm) 1:30 Mahjong with Marsha (Library 1:30pm-2:45pm) 3:00 PBS Documentary (CR 3pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Karaoke Hour (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p>	<p>9:30 Tai Chi w/Thomas (CR 45 Minute Session) 24 10:30 St. Bernard's Catholic Mass (CR 10:30am-11am) 10:45 Mahjong w/ Marsha (Library 10:45-11:45am) 10:45 Trivia Challenge w/ Chrissy (10:45-11:30) 11:15 Holy Rosary (CR 11:15am-11:45am) 1:45 Styles of Then & Now with Chrissy (CR 1:45-2:45pm) 3:45 Happy Hour! (DR 3:45-4:45) 6:00 Nightly Movie (2nd floor CR)</p>	<p>10:30 Jeopardy Trivia w/ Chrissy (CR 10:30am-11am) 25 11:00 Sit & Be Fit with Chrissy (CR 11:00-11:30am) 11:00 Vocal Gym w/ Joanne (Atrium 11-11:45am) 11:30 Wordle w/ Chrissy (CR 11:30-11:45am) 1:45 The Kensington Kash Monthly Auction! (CR 1:45-2:45pm) 3:00 Music Therapy & Movement with Eric (CR 3pm-4pm) 3:45 Entertainment with Bosco! (Atrium 3:45-4:45pm) 3:45 Happy Hour! (DR 3:45-4:45) 6:00 Nightly Movie (2nd floor CR)</p>	<p><i>Arbor Day</i> 10:15 Tai Chi w/Thomas (CR 45 Minute Session) 26 11:15 News & Views w/Marsha (CR 11:15am-11:45am) 1:30 Crosswords w/Marsha (CR 1:30pm-2pm) 2:00 Word Games w/Marsha (CR 2pm-2:30pm) Social Visits w/ Daniella (2:30pm-3:15pm) 2:45 Shabbat Service (CR 2:45-3:30pm) 3:30 Fitness Friday- Via YouTube (CR 3:30-4pm) 4:00 Happy Hour! (DR 4-5pm) 6:00 Friday Night Thriller! (CR)</p>	<p>10:30 Morning Stretch w/ Khamera (CR 10:30am-11am) 27 11:15 Daily Chronicles & This Day in History w/ Khamera (CR 11:15am-11:45am) 1:15 PBS Documentary (L) 1:30 Create with Susan (CR 1:30pm-2:30pm) 2:00 Neal's Kensington Choir (A 2-2:45pm) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Oldies Jam with Tommy D (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p>
<p>10:15 Crochet Circle w/ Lillian (Library 10:15-11am) 28 10:30 Catholic Mass- Streaming Service (CR 10:30am-11am) 11:15 Activity Connection Trivia w/ Chrissy (CR 11:15am-11:45am) 1:45 Bingo! w/ Chrissy (CR 1:45-2:45) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 That's Entertainment with Gigi! (Atrium 3:45-4:45pm) 6:00 Sunday Night Series Presents - The Crown (CR)</p>	<p><i>International Dance Day</i> 10:00 Tai Chi w/Thomas (CR 45 Minute Session) 29 11:00 Word Games w/ Chrissy (CR 11:00-11:45am) 1:45 Dominoes Club with Daniella (Parlor 1:45-2:45pm) 1:45 Exploring Dance Around the World w/ Chrissy (CR 1:45-2:45pm) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Music with Bonnie Rapp (A 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p>	<p>10:15 Tai Chi w/Thomas (CR 45 Minute Session) 30 10:30 Coffee & Cards w/Chrissy (Parlor 10:30-11:30am) 11:15 News & Views w/Marsha (CR 11:15am-11:45am) 1:30 Anagrams with Chrissy (CR 1:30pm-2:45pm) 1:30 Literature Club w/ Marshal (Library 1:30pm-2:45pm) 3:00 PBS Documentary (CR 3pm) 3:45 Happy Hour! (DR 3:45-4:45) 4:00 Pub Trivia w/ Chrissy & Marsha (DR 4-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p>			<p>Location Key CR- 2nd Floor Community Room P- Parlor A- Atrium DR- Dining Room L- Library</p>	<p><i>This is a projected calendar for the month of April 2024. For a more detailed schedule, please refer to the daily activity sheet.</i> <i>For any further questions or comments, please contact:</i> Shamaris Mercado, <i>Life Enrichment Manager.</i></p>

April 2024

Assisted Living Calendar

Fresh coffee, conversation and table games are always available in the cafe!

