

SUN

MON

TUE

WED

THUR

FRI

SAT

Bus Schedule
Outing Days- AL & Haven Tuesdays, Connections Wednesdays
Medical Appointment Days- Monday, Thursday, & Fridays
Errand Days- Wednesday Afternoons
For further information on scheduling transportation for medical appointments & errands please contact Jennifer Blair, Transportation Transportation@Kensingtonsl.com

April Fool's Day
10:30 Morning Exercise & Stretch with Caesarina (ER 10:30-11:00am)
11:00 This Day in History & Daily Chronicles (ER 11:00am-11:45am)
1:30 Picture this w/ Caesarina (ER 1:30-2:15pm)
2:15 A Fool's Dictionary Word Game w/ Caesarina (ER 2:15-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Table Games w/ Caesarina (DR 3:45-4:40pm)
6:00 Monday Night Movie (ER)

10:30 Daily Chronicles & This Day in History w/ Sam (LR 10:30-11:00am)
10:30 Morning Baking Club w/ Khamera (DR 10:30-11:30)
11:00 Tai Chi w/ Thomas (LR 11:00-11:45am)
1:30 Armchair Travel w/ Sam (ER 1:30-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Bingo Hour w/ Sam (DR 3:30-4:30pm)
4:00 Lavender Spa Afternoon w/ Khamera (LR 4-4:45pm)
6:00 Tuesday Night Musical (ER)

10:30 Out & About with Shamaris & Jen
10:30 Sit & Be Fit w/ Sam (ER 10:30-11:00am)
11:00 Scattergories w/ Samantha (ER 11:00-11:45am)
1:30 OnGrowing Mindfulness- Gardening & Meditation with Fred (LR 1:30-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:00 THRIVE Movement & Dance with Deborah (2nd flr Community Room 3-4pm)
3:45 Karaoke Hour w/ Samantha (ER 3:45-4:45pm)
6:00 Movie Night (ER)

10:30 Mercy College Graduate Discussion group (ER 10:30-11:15am)
11:00 Creative Journaling & Expressive Arts w/ Joanne (A 11-12pm)
11:15 Morning Stretch with Samantha (ER 11:15-11:45am)
1:45 Howard Cohen on the Cello (ER 1:45-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Puzzles & Creativity w/ Sam (DR 3:45-4:40pm)
6:00 Thursday at the Theater (ER)

10:30 Chair Zumba w/ Sam (ER 10:30-11:00am)
11:15 Finish the Lyrics w/ Sam (ER 11:15-11:45am)
1:30 The Kensington Playwrights w/ Sam (ER 1:30-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Table Games w/ Sam (DR 3:45-4:40pm)
4:00 Bet Am Shalom Shabbat Service (LR 4-4:30pm)
6:00 Friday Night Flick (ER)

10:30 Moving & Groovin' with Tanya (ER 10:30-11:00am)
11:15 Trivia Challenge w/ Tanya (ER 11:15-11:45am)
1:30 Piano Concert w/ Jeffrey (ER 1:30-2:15pm)
2:15 Word Games w/ Tanya (ER 2:15-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Holy Rosary Circle w/ Shamaris (LR 3:30-4pm)
3:45 Bingo Hour w/ Tanya (DR 3:45-4:45pm)
6:00 Saturday Night Movies (ER)

10:15 Catholic Mass via YouTube (LR 10:15-10:45am)
10:45 Sit & Be Fit w/ Sam (ER 10:45-11:15am)
11:15 Cliché Trivia with Samantha (ER 11:15-11:45am)
1:30 Reminiscing Through the Senses w/ Sam! (ER 1:30-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Creativity & Puzzles w/ Sam (DR 3:45-4:40pm)
6:00 Sunday Night Drive-in (ER)

10:30 Morning Exercise & Stretch with Caesarina (ER 10:30-11:00am)
11:00 This Day in History & Daily Chronicles (ER 11:00am-11:45am)
1:30 Picture this w/ Caesarina (ER 1:30-2:15pm)
1:30 Wellness, THRIVE, & PWR w/ Meshel (2nd flr Community Room 1:30-2:30pm)
2:15 Jeopardy Trivia w/ Caesarina (ER 2:15-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Table Games w/ Caesarina (DR 3:45-4:40pm)
6:00 Monday Night Movie (ER)

10:30 Daily Chronicles & This Day in History w/ Sam (LR 10:30-11:00am)
10:30 Morning Baking Club w/ Khamera (DR 10:30-11:30)
11:00 Tai Chi w/ Thomas (LR 11:00-11:45am)
1:30 Lets Make Music! (ER 1:30-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
4:00 Lavender Spa Afternoon w/ Khamera (LR 4-4:45pm)
4:00 Mind Stretchers & Word Games (ER 4:00-4:40pm)
6:00 Tuesday Night Musical (ER)

10:30 Out & About with Shamaris & Jen
10:30 Sit & Be Fit w/ Sam (ER 10:30-11:00am)
11:00 Scattergories w/ Samantha (ER 11:00-11:45am)
1:30 Let's Get Crafty w/ Samantha (DR 1:30-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
4:00 Music Therapy with the Music Conservatory of Westchester (ER 4:00-4:45pm)
6:00 Movie Night (ER)

10:30 Mercy College Graduate Discussion group (ER 10:30-11:15am)
11:15 Morning Stretch with Samantha (ER 11:15-11:45am)
1:30 Balloon Volley Ball! w/ Samantha (ER 1:30-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:00 Music Therapy & Movement with Eric (2nd flr Community Room 3-4pm)
4:00 Thats Entertainment with Gigi! (ER 4:00-4:45pm)
6:00 Thursday at the Theater (ER)

10:30 Chair Zumba w/ Sam (ER 10:30-11:00am)
11:15 Finish the Lyrics w/ Sam (ER 11:15-11:45am)
1:30 Piano Concert w/ Gregory! (LR 1:30-2:15pm)
2:15 The Kensington Playwrights w/ Sam (ER 2:15-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Shabbat Prayers w/ Shamaris (LR 3:30-4pm)
3:45 Table Games w/ Sam (DR 3:45-4:40pm)
6:00 Friday Night Flick (ER)

National Peach Cobbler Day
10:30 Moving & Groovin' with Tanya (ER 10:30-11:00am)
11:15 Trivia Challenge w/ Tanya (ER 11:15-11:45am)
1:30 Baking Corner w/ Shamaris (DR 1:30-2pm)
1:30 Word Games w/ Tanya (ER 1:30-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Holy Rosary Circle w/ Shamaris (LR 3:30-4pm)
3:45 Bingo Hour w/ Tanya (DR 3:45-4:45pm)
6:00 Saturday Night Movies (ER)

International Moment of Laughter Day
10:15 Catholic Mass via YouTube (LR 10:15-10:45am)
10:45 Laughing Yoga w/ Sam (ER 10:45-11:15am)
11:15 Cliché Trivia with Samantha (ER 11:15-11:45am)
1:30 Reminiscing Through the Senses w/ Sam! (ER 1:30-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Creativity & Puzzles w/ Sam (DR 3:45-4:40pm)
6:00 Sunday Night Drive-in (ER)

Tax Day World Art Day
10:30 Morning Exercise & Stretch with Caesarina (ER 10:30-11:00am)
11:00 This Day in History & Daily Chronicles (ER 11:00am-11:45am)
1:30 Art Appreciation w/ Caesarina (ER 1:30-2:15pm)
2:15 Jeopardy Trivia w/ Caesarina (ER 2:15-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Table Games w/ Caesarina (DR 3:45-4:40pm)
6:00 Monday Night Movie (ER)

10:30 Daily Chronicles & This Day in History w/ Sam (LR 10:30-11:00am)
10:30 Morning Baking Club w/ Khamera (DR 10:30-11:30)
11:00 Tai Chi w/ Thomas (LR 11:00-11:45am)
1:30 Armchair Travel w/ Sam (ER 1:30-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Bingo Hour w/ Sam (DR 3:30-4:30pm)
4:00 Lavender Spa Afternoon w/ Khamera (LR 4-4:45pm)
6:00 Tuesday Night Musical (ER)

10:30 Out & About with Shamaris & Jen
10:30 Sit & Be Fit w/ Sam (ER 10:30-11:00am)
11:00 Scattergories w/ Samantha (ER 11:00-11:45am)
1:30 OnGrowing Mindfulness- Gardening & Meditation with Fred (LR 1:30-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:00 THRIVE Movement & Dance with Deborah (2nd flr Community Room 3-4pm)
3:45 Karaoke Hour w/ Samantha (ER 3:45-4:45pm)
6:00 Movie Night (ER)

Roaring 20s
10:30 Mercy College Graduate Discussion group (ER 10:30-11:15am)
11:00 Vocal Gym w/ Joanne (Atrium 11-12am)
11:15 Morning Stretch with Samantha (ER 11:15-11:45am)
1:30 Popular 1920's Dances & History w/ Samantha (ER 1:30-2:30pm)
2:30 Sounds of Soul w/ Rhonda (ER 2:30-3:15pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Puzzles & Creativity w/ Sam (DR 3:45-4:40pm)
6:00 Thursday at the Theater (ER)

10:30 Chair Zumba w/ Sam (ER 10:30-11:00am)
11:15 Finish the Lyrics w/ Sam (ER 11:15-11:45am)
1:30 The Kensington Playwrights w/ Sam (ER 1:30-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Shabbat Prayers w/ Shamaris (LR 3:30-4pm)
3:45 Table Games w/ Sam (DR 3:45-4:40pm)
6:00 Friday Night Flick (ER)

10:30 Moving & Groovin' with Tanya (ER 10:30-11:00am)
11:15 Trivia Challenge w/ Tanya (ER 11:15-11:45am)
1:30 Word Games w/ Tanya (ER 1:30-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Holy Rosary Circle w/ Shamaris (LR 3:30-4pm)
3:45 Bingo Hour w/ Tanya (DR 3:45-4:45pm)
6:00 Saturday Night Movies (ER)

10:15 Catholic Mass via YouTube (LR 10:15-10:45am)
10:45 Sit & Be Fit w/ Sam (ER 10:45-11:15am)
11:15 Cliché Trivia with Samantha (ER 11:15-11:45am)
1:30 Reminiscing Through the Senses w/ Sam! (ER 1:30-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Creativity & Puzzles w/ Sam (DR 3:45-4:40pm)
6:00 Sunday Night Drive-in (ER)

Passover Earth Day
10:30 Morning Exercise & Stretch with Caesarina (ER 10:30-11:00am)
11:00 This Day in History & Daily Chronicles (ER 11:00am-11:45am)
1:30 Picture this w/ Caesarina (ER 1:30-2:15pm)
1:30 Wellness, THRIVE, & PWR w/ Meshel (2nd flr Community Room 1:30-2:30pm)
2:15 Jeopardy Trivia w/ Caesarina (ER 2:15-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Table Games w/ Caesarina (DR 3:45-4:40pm)
6:00 Monday Night Movie (ER)

National Picnic Day
10:30 Daily Chronicles & This Day in History w/ Sam (LR 10:30-11:00am)
10:30 Morning Baking Club w/ Khamera (DR 10:30-11:30)
11:00 Tai Chi w/ Thomas (LR 11:00-11:45am)
1:30 Lets Make Music! (ER 1:30-2:45pm)
1:30 Spring Gardening w/ Khamera (Patio 1:30-2:30pm)
3:00 Happy Hour! DR 3:00-4:00pm
4:00 Lavender Spa Afternoon w/ Khamera (LR 4-4:45pm)
4:00 Mind Stretchers & Word Games (ER 4:00-4:40pm)
6:00 Tuesday Night Musical (ER)

Happy Birthday Marlene D!
10:30 Out & About with Shamaris & Jen
10:30 Sit & Be Fit w/ Sam (ER 10:30-11:00am)
11:00 Scattergories w/ Samantha (ER 11:00-11:45am)
1:30 Let's Get Crafty w/ Samantha (DR 1:30-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
4:00 Music Therapy with the Music Conservatory of Westchester (ER 4:00-4:45pm)
6:00 Movie Night (ER)

10:30 Mercy College Graduate Discussion group (ER 10:30-11:15am)
11:00 Vocal Gym w/ Joanne (Atrium 11-12am)
11:15 Morning Stretch with Samantha (ER 11:15-11:45am)
1:30 Balloon Volley Ball! w/ Samantha (ER 1:30-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:00 Music Therapy & Movement with Eric (2nd flr Community Room 3-4pm)
4:00 Thats Entertainment with Gigi! (ER 4:00-4:45pm)
6:00 Thursday at the Theater (ER)

Arbor Day
10:30 Chair Zumba w/ Sam (ER 10:30-11:00am)
11:15 Finish the Lyrics w/ Sam (ER 11:15-11:45am)
1:30 Piano Concert w/ Gregory! (LR 1:30-2:15pm)
2:15 The Kensington Playwrights w/ Sam (ER 2:15-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Shabbat Prayers w/ Shamaris (LR 3:30-4pm)
3:45 Table Games w/ Sam (DR 3:45-4:40pm)
6:00 Friday Night Flick (ER)

10:30 Moving & Groovin' with Tanya (ER 10:30-11:00am)
11:15 Trivia Challenge w/ Tanya (ER 11:15-11:45am)
1:30 Word Games w/ Tanya (ER 1:30-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Holy Rosary Circle w/ Shamaris (LR 3:30-4pm)
3:45 Bingo Hour w/ Tanya (DR 3:45-4:45pm)
6:00 Saturday Night Movies (ER)

Happy Birthday Francisco S!
10:15 Catholic Mass via YouTube (LR 10:15-10:45am)
10:45 Sit & Be Fit w/ Sam (ER 10:45-11:15am)
11:15 Cliché Trivia with Samantha (ER 11:15-11:45am)
1:30 Reminiscing Through the Senses w/ Sam! (ER 1:30-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Creativity & Puzzles w/ Sam (DR 3:45-4:40pm)
6:00 Sunday Night Drive-in (ER)

International Dance Day
10:30 Morning Exercise & Stretch with Caesarina (ER 10:30-11:00am)
11:00 This Day in History & Daily Chronicles (ER 11:00am-11:45am)
1:30 Exploring Dance Around the World w/ Caesarina (ER 1:30-2:15pm)
2:15 Jeopardy Trivia w/ Caesarina (ER 2:15-2:45pm)
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Table Games w/ Caesarina (DR 3:45-4:40pm)
6:00 Monday Night Movie (ER)

10:30 Daily Chronicles & This Day in History w/ Sam (LR 10:30-11:00am)
10:30 Morning Baking Club w/ Khamera (DR 10:30-11:30)
11:00 Tai Chi w/ Thomas (LR 11:00-11:45am)
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Bingo Hour w/ Sam (DR 3:30-4:30pm)
4:00 Lavender Spa Afternoon w/ Khamera (LR 4-4:45pm)
6:00 Tuesday Night Musical (ER)

Location Key
CR- 2nd Floor Community Room
DR- Dining Room
LR- Living Room
ER- Entertainment Room

This is a projected calendar for the month of April 2024. For a more detailed schedule, please refer to the daily activity sheet. For any further questions or comments, please contact: Shamaris Mercado, Life Enrichment Manager.

April 2024

Connections Calendar

Fresh coffee, conversation and table games are always available in the DR!

