

SUN

MON

TUE

WED

THUR

FRI

SAT

Bus Schedule
Outing Days- AL & Haven Tuesdays, Connections Wednesdays
Medical Appointment Days- Monday, Thursday, & Fridays
Errand Days- Wednesday Afternoons
Sign up for outings are located at the concierge desk
For further information on scheduling transportation for medical appointments & errands please contact Jennifer Blair, Transportation
Transportation@Kensingtonsl.com

Location Key
CR- 2nd Floor Community Room
P- Parlor
A- Atrium
DR- Dining Room
L- Library



9:30 Tai Chi w/Thomas (CR 45 Minute Session)
10:30 St. Bernard's Catholic Mass (CR 10:30am-11am)
10:45 Mahjong w/ Marsha (Parlor 10:45-11:45am)
10:45 Trivia Challenge w/ Chrissy (10:45-11:30)
11:15 Holy Rosary (CR 11:15am-11:45am)
1:45 Still Significant: Creating Cards for Nurses (CR 1:45-2:45pm)
3:00 THRIVE Movement & Dance with Deborah (CR 3pm-3:45pm)
3:45 Happy Hour! (DR 3:45-4:45)
6:00 Nightly Movie (2nd floor CR)

10:30 Jeopardy Trivia w/ Chrissy (CR 10:30am-11am)
11:00 Creative Journaling & Expressive Arts w/ Joanne (Parlor 11-11:45am)
11:00 Sit & Be Fit with Chrissy (CR 11:00-11:30am)
11:30 Wordle w/ Chrissy (CR 11:30-11:45am)
1:45 Scrabble Club w/ Daniella (Parlor 1:45-2:45pm)
3:00 YouTube Exercise (CR 3pm-3:30pm)
3:45 Happy Hour! (DR 3:45-4:45)
3:45 Jammin with Mike Bram! (Atrium 3:45-4:45pm)
6:00 Nightly Movie (2nd floor CR)

National Garden Meditation Day
10:15 Tai Chi w/Thomas (CR 45 Minute Session)
11:15 News & Views w/Marsha (CR 11:15am-11:45am)
1:30 Crosswords w/Marsha (CR 1:30pm-2pm)
2:00 Word Games w/Marsha (CR 2pm-2:30pm)
2:30 Social Visits w/ Daniella (2:30pm-3:15pm)
2:45 Shabbat Service (CR 2:45-3:30pm)
3:30 Fitness Friday- Via YouTube (CR 3:30-4pm)
4:00 Happy Hour! (DR 4-5pm)
6:00 Friday Night Thriller! (CR)

Kentucky Derby
10:30 Morning Stretch w/ Khamera (CR 10:30am-11am)
11:15 Daily Chronicles & This Day in History w/ Khamera (CR 11:15am-11:45am)
1:30 Saturday Matinee (CR)
1:45 DIY Kentucky Derby Hats with Shamy! (Parlor 1:45-2:45pm)
3:00 YouTube Exercise (CR 3pm-3:30pm)
3:45 Happy Hour! (DR 3:45-4:45)
6:00 Nightly Movie (2nd floor CR)

Cinco de Mayo
Happy Birthday Diana D!
10:15 Crochet Circle w/ Lillian (Library 10:15-11am)
10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)
11:15 Laughing Yoga w/ Chrissy (CR 11:15am-11:45am)
1:45 Cinco De Mayo Discussion w/ Chrissy (CR 1:45-2:45pm)
3:00 Afternoon Documentary (CR)
3:45 Happy Hour! (DR 3:45-4:45)
6:00 Sunday Night Series Presents - The Marvelous Mrs. Maisel (CR)

National Nurses Day!
10:00 Tai Chi w/Thomas (CR 45 Minute Session)
11:15 Real Talk w/Phil (CR 11:15am-11:45am)
1:30 OnGrowing Mindfulness w/ Fred (CR 1:30pm-2:45pm)
1:45 Dominoes Club with Daniella (Parlor 1:45-2:45pm)
3:00 Wellness , THRIVE, & PWR w/ Meshel (CR 3-4pm)
3:45 Happy Hour! (DR 3:45-4:45)
4:15 Social Visits with Chrissy (4:15pm-5pm)
6:00 Nightly Movie (2nd floor CR)

Happy Birthday Shari W!
National Teachers Appreciation Day
10:15 Tai Chi w/Thomas (CR 45 Minute Session)
10:30 Canasta Club w/ Chrissy (Parlor 10:30-11:30am)
11:15 News & Views w/Marsha (CR 11:15am-11:45am)
1:30 Anagrams with Chrissy (CR 1:30pm-2:45pm)
1:30 Mahjong with Marsha (Library 1:30pm-2:45pm)
3:00 PBS Documentary (CR 3pm)
3:45 Happy Hour! (DR 3:45-4:45)
3:45 Howard Cohen on the Cello (Atrium 3:45-4:45pm)
6:00 Nightly Movie (2nd floor CR)

9:30 Tai Chi w/Thomas (CR 45 Minute Session)
10:30 St. Bernard's Catholic Mass (CR 10:30am-11am)
10:45 Mahjong w/ Marsha (Library 10:45-11:45am)
10:45 Trivia Challenge w/ Chrissy (10:45-11:30)
11:15 Holy Rosary (CR 11:15am-11:45am)
1:45 Sue Kronish- Putting Poetry on the Page (CR 1:45-2:45pm)
3:45 Happy Hour! (DR 3:45-4:45)
6:00 Nightly Movie (2nd floor CR)

10:30 Jeopardy Trivia w/ Chrissy (CR 10:30am-11am)
11:00 Sit & Be Fit with Chrissy (CR 11:00-11:30am)
11:30 Wordle w/ Chrissy (CR 11:30-11:45am)
1:45 Bruce Museum Presents- Lifetime of Looking (CR 1:45-2:45pm)
1:45 Scrabble Club w/ Daniella (Parlor 1:45-2:45pm)
3:00 Music Therapy & Movement with Eric (CR 3pm-4pm)
3:45 Happy Hour! (DR 3:45-4:45)
6:00 Nightly Movie (2nd floor CR)

Happy Birthday Helaine C!
10:15 Tai Chi w/Thomas (CR 45 Minute Session)
11:15 News & Views w/Marsha (CR 11:15am-11:45am)
1:30 Crosswords w/Marsha (CR 1:30pm-2pm)
2:00 Word Games w/Marsha (CR 2pm-2:30pm)
2:30 Social Visits w/ Daniella (2:30pm-3:15pm)
2:45 Shabbat Service (CR 2:45-3:30pm)
3:30 Fitness Friday- Via YouTube (CR 3:30-4pm)
4:00 Happy Hour! (DR 4-5pm)
6:00 Friday Night Thriller! (CR)

10:30 Morning Stretch w/ Khamera (CR 10:30am-11am)
11:15 Daily Chronicles & This Day in History w/ Khamera (CR 11:15am-11:45am)
1:15 PBS Documentary (L)
1:30 Create with Susan (CR 1:30pm-2:30pm)
2:00 Neal's Kensington Choir (A 2-2:45pm)
3:00 YouTube Exercise (CR 3pm-3:30pm)
3:45 Happy Hour! (DR 3:45-4:45)
3:45 Oldies Jam with Tommy D (Atrium 3:45-4:45pm)
6:00 Nightly Movie (2nd floor CR)

Mother's Day
10:15 Crochet Circle w/ Lillian (Library 10:15-11am)
10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)
11:15 Mother's Day Poetry w/ Chrissy (CR 11:15am-11:45am)
1:45 Mothers day Spa ! (CR 1:45-2:45pm)
3:00 Afternoon Documentary (CR)
3:45 Happy Hour! (DR 3:45-4:45)
3:45 Mother's Day Special with Gigi and Lou! (Atrium 3:45-4:45pm)
6:00 Sunday Night Series Presents - The Marvelous Mrs. Maisel (CR)

10:00 Tai Chi w/Thomas (CR 45 Minute Session)
11:15 Who Am I? w/ Chrissy (CR 11:15am-11:45am)
1:45 Art Appreciation with Chrissy (CR 1:45-2:45pm)
1:45 Dominoes Club with Daniella (Parlor 1:45-2:45pm)
3:00 YouTube Exercise (CR 3pm-3:30pm)
3:45 Happy Hour! (DR 3:45-4:45)
4:15 Social Visits with Chrissy (4:15pm-5pm)
6:00 Nightly Movie (2nd floor CR)

10:15 Tai Chi w/Thomas (CR 45 Minute Session)
10:30 Canasta Club w/ Chrissy (Parlor 10:30-11:30am)
11:15 News & Views w/Marsha (CR 11:15am-11:45am)
1:45 Resident Council & Food Committee (CR 1:45-3:00pm)
3:00 Welcome Committee (CR 3pm-3:30pm)
3:45 Happy Hour! (DR 3:45-4:45)
3:45 Karaoke Hour (Atrium 3:45-4:45pm)
6:00 Nightly Movie (2nd floor CR)

9:30 Tai Chi w/Thomas (CR 45 Minute Session)
10:30 St. Bernard's Catholic Mass (CR 10:30am-11am)
10:45 Mahjong w/ Marsha (Library 10:45-11:45am)
10:45 Trivia Challenge w/ Chrissy (10:45-11:30)
11:15 Holy Rosary (CR 11:15am-11:45am)
1:30 Yiddish Club (Library 1:30pm-2pm)
1:45 Armchair Travel with Chrissy (CR 1:45-2:45pm)
3:00 THRIVE Movement & Dance with Deborah (CR 3pm-3:45pm)
3:45 Happy Hour! (DR 3:45-4:45)
6:00 Nightly Movie (2nd floor CR)

National Classic Movie Day
10:30 Jeopardy Trivia w/ Chrissy (CR 10:30am-11am)
11:00 Sit & Be Fit with Chrissy (CR 11:00-11:30am)
11:30 Wordle w/ Chrissy (CR 11:30-11:45am)
1:45 Golden Hollywood Discussion w/ Chrissy (CR 1:45-2:45pm)
1:45 Scrabble Club w/ Daniella (Parlor 1:45-2:45pm)
3:00 YouTube Exercise (CR 3pm-3:30pm)
3:45 Happy Hour! (DR 3:45-4:45)
3:45 Piano Concert w/ Jeffrey (Atrium 3:45-4:45pm)
6:00 Nightly Movie (2nd floor CR)

10:15 Tai Chi w/Thomas (CR 45 Minute Session)
11:00 Still Significant: Sandwich making for Family Coachman Shelter (CR)
1:30 Crosswords w/Marsha (CR 1:30pm-2pm)
1:30 Parkinson's Support Group w/ Joanne (L 1:30-2:30pm)
2:00 Word Games w/Marsha (CR 2pm-2:30pm)
2:30 Social Visits w/ Daniella (2:30pm-3:15pm)
2:45 Shabbat Service (CR 2:45-3:30pm)
3:30 Fitness Friday- Via YouTube (CR 3:30-4pm)
4:00 Happy Hour! (DR 4-5pm)
6:00 Friday Night Thriller! (CR)

10:30 Morning Stretch w/ Khamera (CR 10:30am-11am)
11:15 Daily Chronicles & This Day in History w/ Khamera (CR 11:15am-11:45am)
1:15 PBS Documentary (L)
1:45 Sip & Paint with Shamy! (CR 1:45-2:45pm)
3:00 YouTube Exercise (CR 3pm-3:30pm)
3:45 Happy Hour! (DR 3:45-4:45)
3:45 Jazz with Miles and Co. (Atrium 3:45-4:45pm)
6:00 Nightly Movie (2nd floor CR)

10:15 Crochet Circle w/ Lillian (Library 10:15-11am)
10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)
11:15 Word Games w/ Chrissy (CR 11:15am-11:45am)
1:45 Bingo! w/ Chrissy (CR 1:45-2:45)
3:00 Afternoon Documentary (CR)
3:45 Happy Hour! (DR 3:45-4:45)
6:00 Sunday Night Series Presents - The Marvelous Mrs. Maisel (CR)

Happy Birthday Liz N!
10:00 Tai Chi w/Thomas (CR 45 Minute Session)
11:15 Who Am I? w/ Chrissy (CR 11:15am-11:45am)
1:30 OnGrowing Mindfulness w/ Fred (CR 1:30pm-2:45pm)
1:45 Dominoes Club with Daniella (Parlor 1:45-2:45pm)
3:00 Wellness , THRIVE, & PWR w/ Meshel (CR 3-4pm)
3:45 Happy Hour! (DR 3:45-4:45)
3:45 Music with Bonnie Rapp (Atrium 3:45-4:45pm)
6:00 Nightly Movie (2nd floor CR)

10:15 Tai Chi w/Thomas (CR 45 Minute Session)
10:30 Canasta Club w/ Chrissy (Parlor 10:30-11:30am)
11:15 News & Views w/Marsha (CR 11:15am-11:45am)
1:30 Mahjong with Marsha (Library 1:30pm-2:45pm)
1:45 Historical Discussions with Evan (CR 1:45-2:45pm)
3:00 PBS Documentary (CR 3pm)
3:45 Happy Hour! (DR 3:45-4:45)
4:00 Pub Trivia w/ Chrissy & Marsha (DR 4-4:45pm)
6:00 Nightly Movie (2nd floor CR)

9:30 Tai Chi w/Thomas (CR 45 Minute Session)
10:30 St. Bernard's Catholic Mass (CR 10:30am-11am)
10:45 Mahjong w/ Marsha (Library 10:45-11:45am)
10:45 Trivia Challenge w/ Chrissy (10:45-11:30)
11:15 Holy Rosary (CR 11:15am-11:45am)
1:45 Music Appreciation w/ Chrissy (CR 1:45-2:45pm)
3:45 Happy Hour! (DR 3:45-4:45)
6:00 Nightly Movie (2nd floor CR)

Happy Birthday Lee F!
10:30 Jeopardy Trivia w/ Chrissy (CR 10:30am-11am)
11:00 Sit & Be Fit with Chrissy (CR 11:00-11:30am)
11:00 Vocal Gym w/ Joanne (Atrium 11-11:45am)
11:30 Wordle w/ Chrissy (CR 11:30-11:45am)
1:45 The Kensington Kash Monthly Auction! (CR 1:45-2:45pm)
3:00 Music Therapy & Movement with Eric (CR 3pm-4pm)
3:45 Entertainment with Bosco! (Atrium 3:45-4:45pm)
3:45 Happy Hour! (DR 3:45-4:45)
6:00 Nightly Movie (2nd floor CR)

10:15 Tai Chi w/Thomas (CR 45 Minute Session)
11:15 News & Views w/Marsha (CR 11:15am-11:45am)
1:30 Crosswords w/Marsha (CR 1:30pm-2pm)
2:00 Word Games w/Marsha (CR 2pm-2:30pm)
2:30 Social Visits w/ Daniella (2:30pm-3:15pm)
2:45 Shabbat Service (CR 2:45-3:30pm)
3:30 Fitness Friday- Via YouTube (CR 3:30-4pm)
4:00 Happy Hour! (DR 4-5pm)
6:00 Friday Night Thriller! (CR)

10:30 Morning Stretch w/ Khamera (CR 10:30am-11am)
11:15 Daily Chronicles & This Day in History w/ Khamera (CR 11:15am-11:45am)
1:15 PBS Documentary (L)
1:30 Create with Susan (CR 1:30pm-2:30pm)
2:00 Neal's Kensington Choir (A 2-2:45pm)
3:00 YouTube Exercise (CR 3pm-3:30pm)
3:45 Happy Hour! (DR 3:45-4:45)
3:45 Oldies Jam with Tommy D (Atrium 3:45-4:45pm)
6:00 Nightly Movie (2nd floor CR)

Happy Birthday Carol K!
10:15 Crochet Circle w/ Lillian (Library 10:15-11am)
10:30 Catholic Mass- Streaming Service (CR 10:30am-11am)
11:15 Activity Connection Trivia w/ Chrissy (CR 11:15am-11:45am)
1:45 Bingo! w/ Chrissy (CR 1:45-2:45)
3:00 Afternoon Documentary (CR)
3:45 Happy Hour! (DR 3:45-4:45)
3:45 That's Entertainment with Gigi! (Atrium 3:45-4:45pm)
6:00 Sunday Night Series Presents - The Marvelous Mrs. Maisel (CR)

Memorial Day
10:00 Tai Chi w/Thomas (CR 45 Minute Session)
11:15 Real Talk w/Phil (CR 11:15am-11:45am)
1:45 Dominoes Club with Daniella (Parlor 1:45-2:45pm)
1:45 Origins of Memorial Day w/ Chrissy (CR 1:45-2:45pm)
3:00 YouTube Exercise (CR 3pm-3:30pm)
3:45 Happy Hour! (DR 3:45-4:45)
3:45 Music with Irwin! (Atrium 3:45-4:45pm)
6:00 Nightly Movie (2nd floor CR)

10:15 Tai Chi w/Thomas (CR 45 Minute Session)
10:30 Canasta Club w/ Chrissy (Parlor 10:30-11:30am)
11:15 News & Views w/Marsha (CR 11:15am-11:45am)
1:30 Anagrams with Chrissy (CR 1:30pm-2:45pm)
1:30 Literature Club w/ Marshal (Library 1:30pm-2:45pm)
3:00 PBS Documentary (CR 3pm)
3:45 Happy Hour! (DR 3:45-4:45)
3:45 Karaoke Hour (Atrium 3:45-4:45pm)
6:00 Nightly Movie (2nd floor CR)

Happy Birthday Neal D!
Happy Birthday Ruth F!
9:30 Tai Chi w/Thomas (CR 45 Minute Session)
10:30 St. Bernard's Catholic Mass (CR 10:30am-11am)
10:45 Mahjong w/ Marsha (Library 10:45-11:45am)
10:45 Trivia Challenge w/ Chrissy (10:45-11:30)
11:15 Holy Rosary (CR 11:15am-11:45am)
1:45 Armchair Travel with Chrissy (CR 1:45-2:45pm)
3:45 Happy Hour! (DR 3:45-4:45)
6:00 Nightly Movie (2nd floor CR)

Met Gala
10:30 Jeopardy Trivia w/ Chrissy (CR 10:30am-11am)
11:00 Sit & Be Fit with Chrissy (CR 11:00-11:30am)
11:00 Vocal Gym w/ Joanne (Atrium 11-11:45am)
11:30 Wordle w/ Chrissy (CR 11:30-11:45am)
1:45 Glam Hour! (CR 1:45-2:45pm)
3:15 Met Gala Fashion Show! (Atrium 3:15-4:00pm)
3:45 Classical Piano Concert with Nicole & Amino! (Atrium 3:45-4:45pm)
3:45 Happy Hour! (DR 3:45-4:45)
6:00 Nightly Movie (2nd floor CR)

National Smile Day!
10:15 Tai Chi w/Thomas (CR 45 Minute Session)
11:15 News & Views w/Marsha (CR 11:15am-11:45am)
1:30 Crosswords w/Marsha (CR 1:30pm-2pm)
2:00 Word Games w/Marsha (CR 2pm-2:30pm)
2:30 Social Visits w/ Daniella (2:30pm-3:15pm)
2:45 Shabbat Service (CR 2:45-3:30pm)
3:30 Fitness Friday- Via YouTube (CR 3:30-4pm)
4:00 Happy Hour! (DR 4-5pm)
6:00 Friday Night Thriller! (CR)

This is a projected calendar for the month of May 2024. For a more detailed schedule, please refer to the daily activity sheet.
For any further questions or comments, please contact:
Shamaris Mercado,
Life Enrichment Manager.

May 2024

Assisted Living Calendar

Fresh coffee, conversation and table games are always available in the cafe!

