

SUN

MON

TUE

WED

THUR

FRI

SAT

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>Bus Schedule Outing Days- AL & Haven Tuesdays, Connections Wednesdays Medical Appointment Days- Monday, Thursday, & Fridays Errand Days- Wednesday Afternoons</p> <p>For further information on scheduling transportation for medical appointments & errands please contact Jennifer Blair, Transportation Transportation@Kensingtonsl.com</p>	<p>Location Key CR- 2nd Floor Community Room DR- Dining Room ER- Entertainment Room LR- Living Room</p>		<p>10:30 Out & About with Shamaris & Jen 10:30 Sit & Be Fit w/ Sam (ER 10:30-11:00am) 11:00 Scattergories w/ Samantha (ER 11:00-11:45am) 1:30 OnGrowing Mindfulness- Gardening & Meditation with Fred (LR 1:30-2:45pm) 3:00 Happy Hour! DR 3:00-4:00pm 3:00 THRIVE Movement & Dance with Deborah (2nd flr Community Room 3-4pm) 3:45 Karaoke Hour w/ Samantha (ER 3:45-4:45pm) 6:00 Movie Night (ER)</p>	<p>10:30 Mercy College Graduate Discussion group (ER 10:30-11:15am) 11:00 Creative Journaling & Expressive Arts w/ Joanne (A 11-12pm) 11:15 Morning Stretch with Samantha (ER 11:15-11:45am) 1:45 Oldies w/ Tommy Spin (LR 1:45-2:45pm) 3:00 Happy Hour! DR 3:00-4:00pm 3:45 Puzzles & Creativity w/ Sam (DR 3:45-4:40pm) 6:00 Thursday at the Theater (ER)</p>	<p><i>National Garden Meditation Day</i> 10:30 Yoga & Meditation w/ Sam (Patio 10:30-11:00am) 11:15 Finish the Lyrics w/ Sam (Patio 11:15-11:45am) 1:30 Spring Gardening w/ Shammy (Patio 1:30-2:30pm) 1:30 The Kensington Playwrights w/ Sam (ER 1:30-2:45pm) 3:00 Happy Hour! DR 3:00-4:00pm 3:45 Table Games w/ Sam (DR 3:45-4:40pm) 4:00 Bet Am Shalom Shabbat Service (LR 4-4:30pm) 6:00 Friday Night Flick (ER)</p>	<p><i>Kentucky Derby</i> 10:30 Moving & Groovin' with Tanya (ER 10:30-11:00am) 11:15 Trivia Challenge w/ Tanya (ER 11:15-11:45am) 1:30 Traditions of the Kentucky Derby w/ Tanya (ER 1:30-2:15pm) 2:15 Horse Racing w/ Tanya (ER 2:15-2:45pm) 3:00 Happy Hour! DR 3:00-4:00pm 3:30 Holy Rosary Circle w/ Shamaris (LR 3:30-4pm) 3:45 DIY Kentucky Derby Hats w/ Tanya (DR 3:45-4:45pm) 6:00 Saturday Night Movies (ER)</p>
<p><i>Cinco de Mayo</i> 10:15 Catholic Mass via YouTube (LR 10:15-10:45am) 10:45 Sit & Be Fit w/ Sam (ER 10:45-11:15am) 11:15 History of Cinco De Mayo with Samantha (ER 11:15-11:45am) 1:30 Cactus Toss w/ Sam! (ER 1:30-2:45pm) 3:00 Happy Hour! DR 3:00-4:00pm 3:45 Creativity & Puzzles w/ Sam (DR 3:45-4:40pm) 6:00 Sunday Night Drive-in (ER)</p>	<p><i>National Nurses Day</i> 10:30 Morning Exercise & Stretch with Caesarina (ER 10:30-11:00am) 11:00 This Day in History & Daily Chronicles (ER 11:00am-11:45am) 1:30 Picture this w/ Caesarina (ER 1:30-2:15pm) 2:15 Jeopardy Trivia w/ Caesarina (ER 2:15-2:45pm) 3:00 Happy Hour! DR 3:00-4:00pm 3:00 Wellness , THRIVE, & PWR w/ Meshel (2nd flr Community Room 3-4pm) 3:45 Still Significant: Watercolor Cards for Nurses w/ Caesarina (DR 3:45-4:40pm) 6:00 Monday Night Movie (ER)</p>	<p><i>National Teachers Day</i> 10:30 Daily Chronicles & This Day in History w/ Sam (LR 10:30-11:00am) 10:30 Morning Baking Club w/ Khamera (DR 10:30-11:30) 11:00 Tai Chi w/ Thomas (LR 11:00-11:45am) 1:30 Armchair Travel w/ Sam (ER 1:30-2:45pm) 3:00 Happy Hour! DR 3:00-4:00pm 3:30 Bingo Hour w/ Sam (DR 3:30-4:30pm) 4:00 Lavender Spa Afternoon w/ Khamera (LR 4-4:45pm) 6:00 Tuesday Night Musical (ER)</p>	<p><i>Happy Birthday Maureen!</i> 10:30 Out & About with Shamaris & Jen 10:30 Sit & Be Fit w/ Sam (ER 10:30-11:00am) 11:00 Scattergories w/ Samantha (ER 11:00-11:45am) 1:30 Let's Get Crafty w/ Samantha (DR 1:30-2:45pm) 3:00 Happy Hour! DR 3:00-4:00pm 3:45 Karaoke Hour w/ Samantha (ER 3:45-4:45pm) 6:00 Movie Night (ER)</p>	<p>10:30 Mercy College Graduate Discussion group (ER 10:30-11:15am) 11:15 Morning Stretch with Samantha (ER 11:15-11:45am) 1:30 Balloon Volley Ball! w/ Samantha (ER 1:30-2:45pm) 3:00 Happy Hour! DR 3:00-4:00pm 3:00 Music Therapy & Movement with Eric (2nd flr Community Room 3-4pm) 4:00 Thats Entertainment with Gigi! (ER 4:00-4:45pm) 6:00 Thursday at the Theater (ER)</p>	<p>10:30 Chair Zumba w/ Sam (ER 10:30-11:00am) 11:15 Finish the Lyrics w/ Sam (ER 11:15-11:45am) 1:30 Piano Concert w/ Gregory! (LR 1:30-2:15pm) 2:15 The Kensington Playwrights w/ Sam (ER 2:15-2:45pm) 3:00 Happy Hour! DR 3:00-4:00pm 3:30 Shabbat Prayers w/ Shamaris (LR 3:30-4pm) 3:45 Table Games w/ Sam (DR 3:45-4:40pm) 6:00 Friday Night Flick (ER)</p>	<p>10:30 Moving & Groovin' with Tanya (ER 10:30-11:00am) 11:15 Trivia Challenge w/ Tanya (ER 11:15-11:45am) 1:30 Word Games w/ Tanya (ER 1:30-2:45pm) 3:00 Happy Hour! DR 3:00-4:00pm 3:30 Holy Rosary Circle w/ Shamaris (LR 3:30-4pm) 3:45 Bingo Hour w/ Tanya (DR 3:45-4:45pm) 6:00 Saturday Night Movies (ER)</p>
<p><i>Mother's Day</i> 10:15 Catholic Mass via YouTube (LR 10:15-10:45am) 10:45 Sit & Be Fit w/ Sam (ER 10:45-11:15am) 11:15 Mother's Day Poetry with Samantha (ER 11:15-11:45am) 1:30 Mother's in Evolution w/ Sam! (ER 1:30-2:00pm) 2:00 Mother's Day Special with Gigi and Lou! (LR 2:00-3:00pm) 3:00 Happy Hour! DR 3:00-4:00pm 3:45 Creativity & Puzzles w/ Sam (DR 3:45-4:40pm) 6:00 Sunday Night Drive-in (ER)</p>	<p>10:30 Morning Exercise & Stretch with Caesarina (ER 10:30-11:00am) 11:00 This Day in History & Daily Chronicles (ER 11:00am-11:45am) 1:30 Picture this w/ Caesarina (ER 1:30-2:15pm) 2:15 Jeopardy Trivia w/ Caesarina (ER 2:15-2:45pm) 3:00 Happy Hour! DR 3:00-4:00pm 3:30 Table Games w/ Caesarina (DR 3:45-4:40pm) 6:00 Monday Night Movie (ER)</p>	<p>10:30 Daily Chronicles & This Day in History w/ Sam (LR 10:30-11:00am) 10:30 Morning Baking Club w/ Khamera (DR 10:30-11:30) 11:00 Tai Chi w/ Thomas (LR 11:00-11:45am) 1:45 Howard Cohen on the Cello (ER 1:45-2:45pm) 3:00 Happy Hour! DR 3:00-4:00pm 4:00 Lavender Spa Afternoon w/ Khamera (LR 4-4:45pm) 4:00 Mind Stretchers & Word Games (ER 4:00-4:40pm) 6:00 Tuesday Night Musical (ER)</p>	<p>10:30 Out & About with Shamaris & Jen 10:30 Sit & Be Fit w/ Sam (ER 10:30-11:00am) 11:00 Scattergories w/ Samantha (ER 11:00-11:45am) 1:30 OnGrowing Mindfulness- Gardening & Meditation with Fred (LR 1:30-2:45pm) 3:00 Happy Hour! DR 3:00-4:00pm 3:00 THRIVE Movement & Dance with Deborah (2nd flr Community Room 3-4pm) 4:00 Music Therapy with the Music Conservatory of Westchester (ER 4:00-4:45pm) 6:00 Movie Night (ER)</p>	<p><i>National Classic Movie Day</i> 10:30 Mercy College Graduate Discussion group (ER 10:30-11:15am) 11:00 Vocal Gym w/ Joanne (Atrium 11-12am) 11:15 Morning Stretch with Samantha (ER 11:15-11:45am) 1:30 Golden Hollywood Discussion w/ Samantha (ER 1:30-2:30pm) 2:30 Piano Concert w/ Jeffrey (CR 2:30-3:15pm) 3:00 Happy Hour! DR 3:00-4:00pm 3:45 Puzzles & Creativity w/ Sam (DR 3:45-4:40pm) 6:00 Thursday at the Theater (ER)</p>	<p>10:30 Chair Zumba w/ Sam (ER 10:30-11:00am) 11:15 Finish the Lyrics w/ Sam (ER 11:15-11:45am) 1:30 The Kensington Playwrights w/ Sam (ER 1:30-2:45pm) 3:00 Happy Hour! DR 3:00-4:00pm 3:30 Shabbat Prayers w/ Shamaris (LR 3:30-4pm) 3:45 Table Games w/ Sam (DR 3:45-4:40pm) 6:00 Friday Night Flick (ER)</p>	<p>10:30 Moving & Groovin' with Tanya (ER 10:30-11:00am) 11:15 Trivia Challenge w/ Tanya (ER 11:15-11:45am) 1:30 Word Games w/ Tanya (ER 1:30-2:45pm) 3:00 Happy Hour! DR 3:00-4:00pm 3:30 Holy Rosary Circle w/ Shamaris (LR 3:30-4pm) 3:45 Bingo Hour w/ Tanya (DR 3:45-4:45pm) 6:00 Saturday Night Movies (ER)</p>
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May 2024

Connections Calendar

Fresh coffee, conversation and table games are always available in the DR!

