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| <p>Bus Schedule Outing Days- AL & Haven Tuesdays, Connections Wednesdays Medical Appointment Days- Monday, Thursday, & Fridays Errand Days- Wednesday Afternoons Sign up for outings are located at the concierge desk For further information on scheduling transportation for medical appointments & errands please contact Jennifer Blair, Transportation Transportation@Kensingtonsl.com</p> | <p>Location Key CR- 2nd Floor Community Room P- Parlor A- Atrium DR- Dining Room L- Library</p> | <p>Happy New Year</p> | <p>New Year's Day 9:30 Tai Chi w/Thomas (CR 45 Minute Session) 10:30 St. Bernard's Catholic Mass (CR 10:30am-11am) 10:45 Coffee & Conversations w/ Chrissy (Cafe 10:45-11:30) 10:45 Mahjong Lessons w/ Marsha (Library 10:45-11:45am) 11:15 Holy Rosary (CR 11:15am-11:45am) 1:45 See It, Achieve It: 2025 Vision Board w/ Chrissy (CR 1:45-2:45pm) 3:45 Entertainment with James Dower! (Atrium 3:45-4:45pm) 3:45 Happy Hour! (DR 3:45-4:45) 6:00 Nightly Movie (2nd floor CR)</p> | <p>10:30 Jeopardy Trivia w/ Chrissy (CR 10:30am-11am) 11:00 Creative Journaling & Expressive Arts w/ Shammy (Parlor 11-11:45am) 11:00 Sit & Be Fit with Chrissy (CR 11:00-11:30am) 11:30 Wordle w/ Chrissy (CR 11:30-11:45am) 1:45 Styles of Then & Now with Chrissy (CR 1:45-2:45pm) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Entertainment with Bosco! (Atrium 3:45-4:45pm) 3:45 Happy Hour! (DR 3:45-4:45) 6:00 Nightly Movie (2nd floor CR)</p> | <p>10:15 Tai Chi w/Thomas (CR 45 Minute Session) 11:15 News & Views w/Marsha (CR 11:15am-11:45am) 1:30 Winter Creations w/ Young Mens Service League! (CR 1:30-2:30pm) 2:30 Afternoon Documentary (L) 2:30 Shabbat Service (CR 2:30-3:15pm) 3:30 Fitness Friday- Via YouTube (CR 3:30-4pm) 3:45 Piano Concert w/ Jeffrey (Atrium 3:45-4:45pm) 4:00 Happy Hour! (DR 4-5pm) 6:00 Friday Night Thriller! (CR)</p> | <p>Trivia Day 10:30 Morning Stretch w/ Shammy (CR 10:30am-11am) 11:15 Trivia Challenge w/ Shammy (CR 11:15am-11:45am) 1:15 Church of The Living God Non-denominational Service (Library 1:15-1:45pm) 1:45 Saturday Matinee (L) 1:45 Sip & Paint with Shammy! (CR 1:45-2:45pm) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Jazz with Miles and Co. (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p> |
| <p>10:15 Crochet Circle w/ Lillian (Library 10:15-11am) 10:30 Catholic Mass- Streaming Service (CR 10:30am-11am) 11:15 Activity Connection Trivia w/ Chrissy (CR 11:15am-11:45am) 1:00 Football Sunday (L) 1:45 Bingo! w/ Chrissy (CR 1:45-2:45) 3:00 Afternoon Documentary (CR) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 That's Entertainment with Gigil! (Atrium 3:45-4:45pm) 6:00 Sunday Night Series Presents - Only Murders in the Building (CR)</p> | <p>10:00 Tai Chi w/Thomas (CR 45 Minute Session) 11:15 Real Talk w/Phil (CR 11:15am-11:45am) 1:45 The Soundtrack of Cinema w/ Chrissy (CR 1:45-2:45pm) 3:00 Afternoon Documentary (CR) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Jammin with Mike Bram! (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p> | <p>10:15 Tai Chi w/Thomas (CR 45 Minute Session) 10:45 Mahjong with Marsha (Library 10:45-11:45am) 11:00 Art Appreciation w/ Chrissy (CR 11:00-11:45am) 1:30 Anagrams with Chrissy (CR 1:30pm-2:45pm) 3:00 PBS Documentary (CR 3pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Howard Cohen on the Cello (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p> | <p>9:30 Tai Chi w/Thomas (CR 45 Minute Session) 10:30 St. Bernard's Catholic Mass (CR 10:30am-11am) 10:45 Coffee & Conversations w/ Chrissy (Cafe 10:45-11:30) 10:45 Mahjong Lessons w/ Marsha (Library 10:45-11:45am) 11:15 Holy Rosary (CR 11:15am-11:45am) 1:30 Women's Group with Liz (CR) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Jazz Tunes w/ Henry Ray (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p> | <p>Happy Birthday Ellen H! 10:30 Jeopardy Trivia w/ Chrissy (CR 10:30am-11am) 11:00 Sit & Be Fit with Chrissy (CR 11:00-11:30am) 11:30 Wordle w/ Chrissy (CR 11:30-11:45am) 1:45 Armchair Travel with Chrissy (CR 1:45-2:45pm) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Frank Sinatra Tribute w/ Tony C Natra (Atrium 3:45-4:45pm) 3:45 Happy Hour! (DR 3:45-4:45) 6:00 Nightly Movie (2nd floor CR)</p> | <p>Peculiar People Day 10:15 Tai Chi w/Thomas (CR 45 Minute Session) 11:15 News & Views w/Marsha (CR 11:15am-11:45am) 1:30 Crosswords w/Marsha (CR 1:30pm-2:15pm) 1:30 Parkinson's Support Group w/ Joanne (L 1:30-2:30pm) 2:30 Afternoon Documentary (L) 2:30 Shabbat Service (CR 2:30-3:15pm) 3:30 Fitness Friday- Via YouTube (CR 3:30-4pm) 3:45 Oldies w/ Tommy Spin! (Atrium 3:45-4:45pm) 4:00 Happy Hour! (DR 4-5pm) 6:00 Friday Night Thriller! (CR)</p> | <p>Learn Your Name in Morse Code Day 10:30 Morning Stretch w/ Shammy (CR 10:30am-11am) 11:15 Daily Chronicles & This Day in History w/ Shammy (CR 11:15am-11:45am) 1:15 PBS Documentary (L) 2:00 Neal's Kensington Choir (A 2-2:45pm) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Oldies Jam with Tommy D (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p> |
| <p>10:15 Crochet Circle w/ Lillian (Library 10:15-11am) 10:30 Catholic Mass- Streaming Service (CR 10:30am-11am) 11:15 Word Games w/ Chrissy (CR 11:15am-11:45am) 1:00 Football Sunday (L) 1:45 Bingo! w/ Chrissy (CR 1:45-2:45) 3:00 Afternoon Documentary (CR) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Rock N Roll with Lou Patrick! (Atrium 3:45-4:45pm) 6:00 Sunday Night Series Presents - Only Murders in the Building (CR)</p> | <p>International Skeptics Day 10:00 Tai Chi w/Thomas (CR 45 Minute Session) 11:00 Open-Minded Current Events w/ Julie (CR 11:00-11:45am) 1:45 Wellness , THRIVE, & PWR w/ Meshel (CR 1:45-2:45pm) 3:00 Afternoon Documentary (CR) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Jammin with Mike Bram! (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p> | <p>Dress Up Your Pet Day 10:15 Tai Chi w/Thomas (CR 45 Minute Session) 10:45 Mahjong with Marsha (Library 10:45-11:45am) 11:00 Music Appreciation w/ Chrissy (CR 11:00am-11:45am) 1:45 Resident Council & Food Committee (CR 1:45-3:00pm) 3:00 PBS Documentary (CR 3pm) 3:00 Welcome Committee (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Violin Concert w/ Susan (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p> | <p>9:30 Tai Chi w/Thomas (CR 45 Minute Session) 10:30 St. Bernard's Catholic Mass (CR 10:30am-11am) 10:45 Coffee & Conversations w/ Chrissy (Cafe 10:45-11:30) 10:45 Mahjong Lessons w/ Marsha (Library 10:45-11:45am) 11:15 Holy Rosary (CR 11:15am-11:45am) 1:30 Anagrams w/ Chrissy (CR 1:30-2:15pm) 1:30 Yiddish Club (Library 1:30pm-2pm) 2:15 Music Therapy & Movement with Eric (CR 2:15pm-3:00pm) 3:45 Happy Hour! (DR 3:45-4:45) 6:00 Nightly Movie (2nd floor CR)</p> | <p>Breakfast at Tiffany's Themeday 10:30 Star of the Month: Audrey Hepburn w/ Chrissy (CR 10:30am-11am) 11:00 Sit & Be Fit with Chrissy (CR 11:00-11:30am) 11:30 Diamonds & Mimosas Brunch (DR) 11:30 Wordle w/ Chrissy (CR 11:30-11:45am) 1:45 Styles of Then & Now with Chrissy (CR 1:45-2:45pm) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Piano Concert w/ Jeffrey (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p> | <p>10:15 Tai Chi w/Thomas (CR 45 Minute Session) 11:00 Still Significant: Sandwich making for Family Coachman Shelter (CR) 1:30 Crosswords w/Marsha (CR 1:30pm-2:15pm) 2:30 Afternoon Documentary (L) 2:30 Shabbat Service (CR 2:30-3:15pm) 3:30 Fitness Friday- Via YouTube (CR 3:30-4pm) 3:45 Entertainment with James Dower! (Atrium 3:45-4:45pm) 4:00 Happy Hour! (DR 4-5pm) 6:00 Friday Night Thriller! (CR)</p> | <p>10:30 Morning Stretch w/ Shammy (CR 10:30am-11am) 11:15 Daily Chronicles & This Day in History w/ Shammy (CR 11:15am-11:45am) 1:15 PBS Documentary (L) 1:45 Sip & Paint with Shammy! (CR 1:45-2:45pm) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Jazz with Miles and Co. (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p> |
| <p>National Popcorn Day 10:15 Crochet Circle w/ Lillian (Library 10:15-11am) 10:30 Catholic Mass- Streaming Service (CR 10:30am-11am) 11:15 Activity Connection Trivia w/ Chrissy (CR 11:15am-11:45am) 1:00 Football Sunday (L) 1:45 Bingo! w/ Chrissy (CR 1:45-2:45) 3:00 Afternoon Documentary (CR) 3:45 Happy Hour! (DR 3:45-4:45) 6:00 Sunday Night Series Presents - Only Murders in the Building (CR)</p> | <p>Martin Luther King Jr. Day 10:00 Tai Chi w/Thomas (CR 45 Minute Session) 11:15 Real Talk w/Phil (CR 11:15am-11:45am) 1:45 Dr. King's Impact on Music w/ Chrissy (CR 1:45-2:45pm) 3:00 Afternoon Documentary (CR) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Music with Irwin! (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p> | <p>Inspire Your Heart with Art Day 10:15 Tai Chi w/Thomas (CR 45 Minute Session) 10:45 Mahjong with Marsha (Library 10:45-11:45am) 11:00 Art Appreciation w/ Chrissy (CR 11:00-11:45am) 1:30 Artistic Poetry with Chrissy (CR 1:30pm-2:45pm) 3:00 PBS Documentary (CR 3pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Howard Cohen on the Cello! (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p> | <p>9:30 Tai Chi w/Thomas (CR 45 Minute Session) 10:30 St. Bernard's Catholic Mass (CR 10:30am-11am) 10:45 Coffee & Conversations w/ Chrissy (Cafe 10:45-11:30) 10:45 Mahjong Lessons w/ Marsha (Library 10:45-11:45am) 11:00 Anne & Andy's Kids Visit! (A) 11:15 Holy Rosary (CR 11:15am-11:45am) 1:45 Lavender Spa Afternoon with Chrissy (CR 1:45-2:45pm) 3:45 Happy Hour! (DR 3:45-4:45) 6:00 Nightly Movie (2nd floor CR)</p> | <p>National Bird Day 10:30 Interactive Bird Quiz w/ Chrissy (CR 10:30am-11am) 11:00 Sit & Be Fit with Chrissy (CR 11:00-11:30am) 11:00 Vocal Gym w/ Joanne (Atrium 11-11:45am) 11:30 Wordle w/ Chrissy (CR 11:30-11:45am) 1:45 Armchair Travel with Chrissy (CR 1:45-2:45pm) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Classical Piano Concert with Nicole & Amino! (Atrium 3:45-4:45pm) 3:45 Happy Hour! (DR 3:45-4:45) 6:00 Nightly Movie (2nd floor CR)</p> | <p>Happy Birthday Elsa! Global Belly Laugh Day 10:15 Tai Chi w/Thomas (CR 45 Minute Session) 11:15 News & Views w/Marsha (CR 11:15am-11:45am) 1:30 Crosswords w/Marsha (CR 1:30pm-2:15pm) 2:30 Afternoon Documentary (L) 2:30 Shabbat Service (CR 2:30-3:15pm) 3:30 Fitness Friday- Via YouTube (CR 3:30-4pm) 3:45 Oldies w/ Tommy Spin! (Atrium 3:45-4:45pm) 4:00 Happy Hour! (DR 4-5pm) 6:00 Friday Night Thriller! (CR)</p> | <p>10:30 Morning Stretch w/ Shammy (CR 10:30am-11am) 11:15 Daily Chronicles & This Day in History w/ Shammy (CR 11:15am-11:45am) 1:15 PBS Documentary (L) 1:30 You be the Judge w/ Shammy (CR 1:30-2:15pm) 1:45 Bingo! w/ Shammy (CR 1:45-2:45) 2:00 Neal's Kensington Choir (A 2-2:45pm) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Oldies Jam with Tommy D (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p> |
| <p>10:15 Crochet Circle w/ Lillian (Library 10:15-11am) 10:30 Catholic Mass- Streaming Service (CR 10:30am-11am) 11:15 Word Games w/ Chrissy (CR 11:15am-11:45am) 1:00 Football Sunday (L) 1:45 Sip & Paint w/ NCL! (CR 1:45-2:45pm) 3:00 Afternoon Documentary (CR) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 That's Entertainment with Gigil! (Atrium 3:45-4:45pm) 6:00 Sunday Night Series Presents - Only Murders in the Building (CR)</p> | <p>Happy Birthday Louise O! 10:00 Tai Chi w/Thomas (CR 45 Minute Session) 11:00 Open-Minded Current Events w/ Julie (CR 11:00-11:45am) 1:45 Wellness , THRIVE, & PWR w/ Meshel (CR 1:45-2:45pm) 3:00 Afternoon Documentary (CR) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Music with Bonnie Rapp (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p> | <p>10:15 Tai Chi w/Thomas (CR 45 Minute Session) 10:45 Mahjong with Marsha (Library 10:45-11:45am) 11:00 Music Appreciation w/ Chrissy (CR 11:00am-11:45am) 1:30 Anagrams with Chrissy (CR 1:30pm-2:45pm) 1:30 Literature Club w/ Marshal (Library 1:30pm-2:45pm) 3:00 PBS Documentary (CR 3pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Violin Concert w/ Susan (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p> | <p>Chinese New Year 9:30 Tai Chi w/Thomas (CR 45 Minute Session) 10:30 St. Bernard's Catholic Mass (CR 10:30am-11am) 10:45 Coffee & Conversations w/ Chrissy (Cafe 10:45-11:30) 10:45 Mahjong Lessons w/ Marsha (Library 10:45-11:45am) 11:15 Holy Rosary (CR 11:15am-11:45am) 1:30 Chinese Calligraphy Workshop w/ Chrissy (CR 1:30-2:15pm) 2:15 Music Therapy & Movement with Eric (CR 2:15pm-3:00pm) 3:45 Happy Hour! (DR 3:45-4:45) 6:00 Nightly Movie (2nd floor CR)</p> | <p>Australia Day 10:30 Australian Trivia Quiz w/ Chrissy (CR 10:30am-11am) 11:00 Sit & Be Fit with Chrissy (CR 11:00-11:30am) 11:00 Vocal Gym w/ Joanne (Atrium 11-11:45am) 11:30 Wordle w/ Chrissy (CR 11:30-11:45am) 1:45 The Kensington Kash Monthly Auction! (CR 1:45-2:45pm) 3:00 YouTube Exercise (CR 3pm-3:30pm) 3:45 Happy Hour! (DR 3:45-4:45) 3:45 Piano Concert w/ Jeffrey (Atrium 3:45-4:45pm) 6:00 Nightly Movie (2nd floor CR)</p> | <p>10:15 Tai Chi w/Thomas (CR 45 Minute Session) 10:30 Sweet Seniors Baking Club w/ Megan (PDR 10:30-11:45am) 11:15 News & Views w/Marsha (CR 11:15am-11:45am) 1:30 Crosswords w/Marsha (CR 1:30pm-2:15pm) 2:30 Afternoon Documentary (L) 2:30 Shabbat Service (CR 2:30-3:15pm) 3:30 Fitness Friday- Via YouTube (CR 3:30-4pm) 3:45 Classical Piano Concert with Nicole & Amino! (Atrium 3:45-4:45pm) 4:00 Happy Hour! (DR 4-5pm) 6:00 Friday Night Thriller! (CR)</p> | <p><i>This is a projected calendar for the month of January 2025. For a more detailed schedule, please refer to the daily activity sheet. For any further questions or comments, please contact: Shamaris Mercado, Life Enrichment Manager. SMercado@KensingtonSL.com</i></p> |

January 2025

Assisted Living Calendar

The Kensington White Plains 100 Maple Avenue White Plains, NY, 10601

