

SUN

MON

TUE

WED

THUR

FRI

SAT

Bus Schedule
Outing Days- AL & Haven Tuesdays,
Connections Wednesdays
Medical Appointment Days- Monday, Thursday,
& Fridays
Errand Days- Wednesday Afternoons
For further information on scheduling
transportation for medical appointments & errands
please contact
Jennifer Blair, Transportation
Transportation@Kensingtonsl.com

Location Key
LR- Living Room
ER- Entertainment Room
DR- Dining Room



New Year's Day
10:30 Out & About with Shamaris & Jen
10:30 Seated Kick Boxing w/ Kim
11:00 Whats New in 2025 w/ Kim
1:30 Winter Creations w/ Kim
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Karaoke Hour w/ Kim
6:00 Movie Night (ER)

Happy Birthday Lorna D!
10:30 Chair Zumba w/ Shammy
11:00 Creative Journaling & Expressive Arts w/ Shammy
11:15 Daily Chronicles & This Day in History with Shammy
1:30 Cliche Trivia w/ Shammy
2:00 Jammin with Mike Bram
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Musical Bingo w/ Shammy
6:00 Thursday at the Theater (ER)

10:30 Chair Zumba w/ Shammy
11:15 Finish the Lyrics w/ Shammy
1:30 Literature Club w/ Shammy
2:00 Say It with Music w/Shammy
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Shabbat Prayers w/ Shamaris
4:00 Silent Dance Party w/ Shammy
6:00 Friday Night Flick (ER)

Trivia Day
10:30 Moving & Groovin' with Tanya
11:15 Trivia Challenge w/ Tanya
1:30 Word Games w/ Tanya
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Holy Rosary Circle w/ Shamaris
3:45 Bingo Hour w/ Tanya
6:00 Saturday Night Movies (ER)

10:15 Catholic Mass via YouTube
10:45 Sit & Be Fit w/ Khamera
11:15 Cliche Trivia w/ Khamera
1:30 Reminiscing Through the Senses w/ Khamera
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Creativity & Puzzles w/ Khamera
6:00 Sunday Night Drive-in (ER)

10:30 Morning Exercise & Stretch with Ceasarina
11:00 This Day in History & Daily Chronicles
1:45 Howard Cohen on the Cello
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Table Games w/ Ceasarina
6:00 Monday Night Movie (ER)

10:30 Daily Chronicles & This Day in History w/ Kim
11:00 Tai Chi w/ Thomas
1:30 Kitchen Creations w/ Kim
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Mind Stretchers & Word Games w/ Kim
6:00 Tuesday Night Musical (ER)

10:30 Out & About with Shamaris & Jen
10:30 Seated Kick Boxing w/ Kim
11:00 Scattergories w/ Kim
1:30 Winter Creations w/ Kim
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Karaoke Hour w/ Kim
6:00 Movie Night (ER)

10:30 Chair Zumba w/ Shammy
11:15 Daily Chronicles & This Day in History with Shammy
1:30 Active Games w/ Shammy
3:00 Happy Hour! DR 3:00-4:00pm
4:00 Thats Entertainment with Gigi!
6:00 Thursday at the Theater (ER)

Peculiar People Day
10:30 Chair Zumba w/ Shammy
11:15 Finish the Lyrics w/ Shammy
1:30 Piano Concert w/ Gregory!
2:00 Say It with Music w/Shammy
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Shabbat Prayers w/ Shamaris
4:00 Silent Dance Party w/ Shammy
6:00 Friday Night Flick (ER)

Learn Your Name in Morse Code Day
10:30 Moving & Groovin' with Tanya
11:15 Trivia Challenge w/ Tanya
1:30 Word Games w/ Tanya
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Holy Rosary Circle w/ Shamaris
3:45 Bingo Hour w/ Tanya
6:00 Saturday Night Movies (ER)

10:15 Catholic Mass via YouTube
10:45 Sit & Be Fit w/ Khamera
11:15 Cliche Trivia w/ Khamera
1:30 Reminiscing Through the Senses w/ Khamera
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Creativity & Puzzles w/ Khamera
6:00 Sunday Night Drive-in (ER)

International Skeptics Day
10:30 Morning Exercise & Stretch with Ceasarina
11:00 This Day in History & Daily Chronicles
1:30 Picture this w/ Ceasarina
1:30 Wellness, THRIVE, & PWR w/ Meshel
2:15 Fact vs Fiction w/ Ceasarina
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Famous Skeptics w/ Ceasarina
6:00 Monday Night Movie (ER)

Dress Up Your Pet Day
10:30 Daily Chronicles & This Day in History w/ Kim
11:00 Tai Chi w/ Thomas
1:30 Lets Make Music w/ Kim
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Mind Stretchers & Word Games w/ Kim
6:00 Tuesday Night Musical (ER)

Happy Birthday Herman N!
10:30 Out & About with Shamaris & Jen
10:30 Seated Kick Boxing w/ Kim
11:00 Scattergories w/ Kim
1:30 Winter Creations w/ Kim
3:00 Happy Hour! DR 3:00-4:00pm
4:00 Music Therapy with the Music Conservatory of Westchester
6:00 Movie Night (ER)

Breakfast at Tiffany's Theme Day
10:00 Cello Concert w/ Gregory
11:00 Vocal Gym w/ Joanne
11:15 Daily Chronicles & This Day in History with Shammy
11:30 Diamonds & Mimosas Brunch
1:30 Star of the Month: Audrey Hepburn w/ Shammy
2:15 "Diamonds Are a Girl's Best Friend" Karaoke
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Musical Bingo w/ Shammy
6:00 Thursday at the Theater (ER)

10:30 Chair Zumba w/ Shammy
11:15 Finish the Lyrics w/ Shammy
1:30 Literature Club w/ Shammy
2:00 Say It with Music w/Shammy
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Shabbat Prayers w/ Shamaris
4:00 Silent Dance Party w/ Shammy
6:00 Friday Night Flick (ER)

10:30 Moving & Groovin' with Tanya
11:15 Trivia Challenge w/ Tanya
1:30 Word Games w/ Tanya
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Holy Rosary Circle w/ Shamaris
3:45 Bingo Hour w/ Tanya
6:00 Saturday Night Movies (ER)

National Popcorn Day
10:15 Catholic Mass via YouTube
10:45 Sit & Be Fit w/ Khamera
11:15 Cliche Trivia w/ Khamera
1:30 Reminiscing Through the Senses w/ Khamera
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Creativity & Puzzles w/ Khamera
6:00 Sunday Night Drive-in (ER)

Martin Luther King Jr. Day
10:30 Morning Exercise & Stretch with Ceasarina
11:00 This Day in History & Daily Chronicles
1:30 Martin Luther King Jr. Quotes w/ Ceasarina
2:15 Dr. King's Impact on Music: Sing Along w/ Ceasarina
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Table Games w/ Ceasarina
6:00 Monday Night Movie (ER)

Inspire Your Heart with Art Day
10:30 Daily Chronicles & This Day in History w/ Kim
11:00 Tai Chi w/ Thomas
1:30 Art Around the World w/ Kim
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Artistic Poetry w/ Kim
6:00 Tuesday Night Musical (ER)

10:30 Anne & Andys Kids Visit!
10:30 Out & About with Shamaris & Jen
10:45 Seated Kick Boxing w/ Kim
11:15 Scattergories w/ Kim
1:30 Winter Creations w/ Kim
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Karaoke Hour w/ Kim
6:00 Movie Night (ER)

National Bird Day
10:30 Chair Zumba w/ Shammy
11:00 Vocal Gym w/ Joanne
11:15 Interactive Bird Quiz with Shammy
1:30 Active Games w/ Shammy
3:00 Happy Hour! DR 3:00-4:00pm
4:00 Thats Entertainment with Gigi!
6:00 Thursday at the Theater (ER)

Global Belly Laugh Day
10:30 Chair Zumba w/ Shammy
11:15 Finish the Lyrics w/ Shammy
1:30 Piano Concert w/ Gregory!
2:00 Say It with Music w/Shammy
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Shabbat Prayers w/ Shamaris
4:00 Silent Dance Party w/ Shammy
6:00 Friday Night Flick (ER)

10:30 Moving & Groovin' with Tanya
11:15 Trivia Challenge w/ Tanya
1:30 Word Games w/ Tanya
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Holy Rosary Circle w/ Shamaris
3:45 Bingo Hour w/ Tanya
6:00 Saturday Night Movies (ER)

Happy Birthday Joan H!
10:15 Catholic Mass via YouTube
10:45 Sit & Be Fit w/ Khamera
11:15 Cliche Trivia w/ Khamera
1:30 Reminiscing Through the Senses w/ Khamera
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Creativity & Puzzles w/ Khamera
6:00 Sunday Night Drive-in (ER)

10:30 Morning Exercise & Stretch with Ceasarina
11:00 This Day in History & Daily Chronicles
1:30 Picture this w/ Ceasarina
1:30 Wellness, THRIVE, & PWR w/ Meshel
2:15 Winter Wonderland Trivia w/ Ceasarina
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Table Games w/ Ceasarina
6:00 Monday Night Movie (ER)

10:30 Daily Chronicles & This Day in History w/ Kim
11:00 Tai Chi w/ Thomas
1:30 Lets Make Music w/ Kim
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Mind Stretchers & Word Games w/ Kim
6:00 Tuesday Night Musical (ER)

Chinese New Year
10:30 Out & About with Shamaris & Jen
10:30 Seated Kick Boxing w/ Kim
11:00 Chinese Proverbs w/ Kim
1:30 Chinese Calligraphy Workshop w/ Kim
3:00 Happy Hour! DR 3:00-4:00pm
4:00 Music Therapy with the Music Conservatory of Westchester
6:00 Movie Night (ER)

Australia Day
10:30 Chair Zumba w/ Shammy
11:15 Australian Trivia Quiz with Shammy
1:30 Aussie Slang w/ Shammy
2:30 Piano Concert w/ Jeffrey
3:00 Happy Hour! DR 3:00-4:00pm
3:45 Musical Bingo w/ Shammy
6:00 Thursday at the Theater (ER)

10:30 Chair Zumba w/ Shammy
11:15 Finish the Lyrics w/ Shammy
1:30 Literature Club w/ Shammy
2:00 Say It with Music w/Shammy
3:00 Happy Hour! DR 3:00-4:00pm
3:30 Shabbat Prayers w/ Shamaris
4:00 Silent Dance Party w/ Shammy
6:00 Friday Night Flick (ER)

This is a projected calendar for the month of January 2025. For a more detailed schedule, please refer to the daily activity sheet. For any further questions or comments, please contact: Shamaris Mercado, Life Enrichment Manager. SMercado@KensingtonSL.com

January 2025

Connections Calendar

The Kensington White Plains 100 Maple Avenue White Plains, NY, 10601

