


SUN	MON	TUE	WED	THUR	FRI	SAT
<div><p>HAPPY St. Patrick's DAY</p></div>	<div><p>MARCH IS</p><p>WOMEN'S HISTORY</p><p>MONTH</p></div>					<div><p>Peace Corps Day</p><p>10:30 Moving & Groovin' with Tanya (ER 10:30-11:00am)</p><p>11:15 Trivia Challenge w/ Tanya (ER 11:15-11:45am)</p><p>1:30 Word Games w/ Tanya (ER 1:30-2:30pm)</p><p>2:30 Harp Concert w/ Nina (ER 2:30-3:15pm)</p><p>3:00 Happy Hour: Sangria Saturday (DR 3:00-4:00pm)</p><p>3:30 Holy Rosary Circle w/ Shamaris (LR 3:30-4pm)</p><p>3:45 Bingo Hour w/ Tanya (DR 3:45-4:45pm)</p><p>6:00 Saturday Night Movies (ER)</p></div> <div>1</div>
<div><p>Oscar Night</p><p>10:15 Catholic Mass via YouTube (LR 10:15-10:45am)</p><p>10:45 Sit & Be Fit w/ Ceasarina (ER 10:45-11:15am)</p><p>11:15 Movie Trivia w/ Ceasarina (ER 11:15-11:45am)</p><p>1:30 Glamour Hour w/ Ceasarina (ER 1:30-2:45pm)</p><p>3:00 Happy Hour: The Best Picture Mocktail (DR 3:00-4:00pm)</p><p>3:45 Cece's Creative Corner: Personalized Oscar Stars (DR 3:45-4:45pm)</p><p>6:00 Oscars Watch Party (ER)</p></div> <div>2</div>	<div><p>Caregiver Appreciation Day</p><p>10:30 Morning Stretch with Ceasarina (ER 10:30-11:00am)</p><p>11:00 This Day in History & Daily Chronicles (ER 11:00am-11:45am)</p><p>1:30 Exploring Music by Culture w/ Ceasarina (ER 1:30-2:15pm)</p><p>2:15 Honoring Women's History Month w/ Ceasarina (ER 2:15-2:45pm)</p><p>3:00 Happy Hour: Mocktail Monday (DR 3:00-4:00pm)</p><p>3:45 Lavender Spa w/ Ceasarina (ER 3:45-4:45pm)</p><p>6:00 Monday Night Movie (ER)</p></div> <div>3</div>	<div><p>Mardi Gras</p><p>10:30 Mardi Gras Trivia w/ Kim (LR 10:30-11:00am)</p><p>11:00 Tai Chi w/ Thomas (LR 11:00-11:45am)</p><p>1:30 The Art of Mardi Gras Masks w/ Kim (DR 1:30-2:45pm)</p><p>3:00 Happy Hour: King Cake Mocktail (DR 3:00-4:00pm)</p><p>3:45 Baking, Conversation & Table Games w/ Kim (DR 3:45-4:45pm)</p><p>6:00 Tuesday Night Musical (ER)</p></div> <div>4</div>	<div><p>Ash Wednesday</p><p>10:30 Morning Stretch w/ Kim (ER 10:30-11:00am)</p><p>10:30 Out & About with Shamaris & Jen</p><p>11:00 Scattergories w/ Kim (ER 11:00-11:45am)</p><p>1:45 Howard Cohen on the Cello (ER 1:45-2:45pm)</p><p>3:00 Happy Hour: Wine Wednesday (DR 3:00-4:00pm)</p><p>3:45 Karaoke Hour w/ Kim (ER 3:45-4:45pm)</p><p>6:00 Movie Night (ER)</p></div> <div>5</div>	<div><p>Happy Birthday Jean D! National Oreo Cookie</p><p>10:30 Chair Zumba w/ Shammy (ER 10:30-11:00am)</p><p>11:15 Daily Chronicles & This Day in History with Shammy (ER 11:15-11:45am)</p><p>1:30 Name 10 w/ Shammy (ER 1:30-2:00pm)</p><p>2:30 Jammin with Mike Bram (ER 2:00-3:00pm)</p><p>3:00 Happy Hour: Oreo Cookie Milkshake (DR 3:00-4:00pm)</p><p>3:45 Creativity & Puzzles w/ Shammy (DR 3:45-4:40pm)</p><p>6:00 Thursday at the Theater (ER)</p></div> <div>6</div>	<div><p>Denim for Dementia</p><p>10:30 Chair Zumba w/ Shammy (ER 10:30-11:00am)</p><p>11:15 Finish the Lyrics w/ Shammy (ER 11:15-11:45am)</p><p>1:30 Literature Club w/ Shammy (ER 1:30-2:00pm)</p><p>2:00 Say It with Music w/Shammy (ER 2:00-2:45pm)</p><p>3:00 Happy Hour: Iced Coffee Friday (DR 3:00-4:00pm)</p><p>3:30 Shabbat Prayers w/ Shamaris (LR 3:30-4pm)</p><p>4:00 Drum Circle w/ Shammy (DR 4:00-4:45pm)</p><p>6:00 Friday Night Flick (ER)</p></div> <div>7</div>	<div><p>International Women's Day</p><p>10:30 Moving & Groovin' with Tanya (ER 10:30-11:00am)</p><p>11:15 Inspirational Women w/ Tanya (ER 11:15-11:45am)</p><p>1:30 Word Games w/ Tanya (ER 1:30-2:45pm)</p><p>3:00 Happy Hour: Sangria Saturday (DR 3:00-4:00pm)</p><p>3:30 Holy Rosary Circle w/ Shamaris (LR 3:30-4pm)</p><p>3:45 Bingo Hour w/ Tanya (DR 3:45-4:45pm)</p><p>6:00 Saturday Night Movies (ER)</p></div> <div>8</div>
<div><p>Daylight Savings Time Begins</p><p>10:15 Catholic Mass via YouTube (LR 10:15-10:45am)</p><p>10:45 Sit & Be Fit w/ Ceasarina (ER 10:45-11:15am)</p><p>11:15 Cliché Trivia w/ Ceasarina (ER 11:15-11:45am)</p><p>1:30 Reminiscing Through the Senses w/ Ceasarina (ER 1:30-2:45pm)</p><p>3:00 Happy Hour: Smoothie Sunday (DR 3:00-4:00pm)</p><p>3:45 Cece's Creative Corner (DR 3:45-4:45pm)</p><p>6:00 Sunday Night Drive-in (ER)</p></div> <div>9</div>	<div><p>Beginning of Ramadan</p><p>10:30 Morning Stretch with Ceasarina (ER 10:30-11:00am)</p><p>11:00 This Day in History & Daily Chronicles (ER 11:00am-11:45am)</p><p>1:30 Exploring Music by Culture w/ Ceasarina (ER 1:30-2:15pm)</p><p>2:15 Honoring Women's History Month w/ Ceasarina (ER 2:15-2:45pm)</p><p>3:00 Happy Hour: Mocktail Monday (DR 3:00-4:00pm)</p><p>3:45 Lavender Spa w/ Ceasarina (ER 3:45-4:45pm)</p><p>6:00 Monday Night Movie (ER)</p></div> <div>10</div>	<div><p>Daily Chronicles & This Day in History w/ Kim (LR 10:30-11:00am)</p><p>11:00 Tai Chi w/ Thomas (LR 11:00-11:45am)</p><p>1:30 Lets Make Music w/ Kim (ER 1:30-2:45pm)</p><p>3:00 Happy Hour: Tea Tuesday (DR 3:00-4:00pm)</p><p>3:45 Baking, Conversation & Table Games w/ Kim (DR 3:45-4:45pm)</p><p>6:00 Tuesday Night Musical (ER)</p></div> <div>11</div>	<div><p>Morning Stretch w/ Kim (ER 10:30-11:00am)</p><p>10:30 Out & About with Shamaris & Jen</p><p>11:00 Scattergories w/ Kim (ER 11:00-11:45am)</p><p>1:30 Music Therapy with the Music Conservatory of Westchester (ER 1:30-2:30pm)</p><p>2:15 Music Therapy & Movement with Eric (2nd flr Community Room)</p><p>2:30 Word Teasers w/ Kim (ER 2:30 - 2:45pm)</p><p>3:00 Happy Hour: Wine Wednesday (DR 3:00-4:00pm)</p><p>4:00 Active Games w/ Kim (ER 4:00-4:45pm)</p><p>6:00 Movie Night (ER)</p></div> <div>12</div>	<div><p>Purim</p><p>10:30 Mercy College Graduate Discussion group (ER 10:30-11:15am)</p><p>11:15 The Story of Joyous Purim with Shammy (ER 11:15-11:45am)</p><p>1:30 Armchair Travel w/ Shammy (DR 1:30-2:45pm)</p><p>3:00 Happy Hour: Thirsty Thursday (DR 3:00-4:00pm)</p><p>4:00 Thats Entertainment with Gigi! (ER 4:00-4:45pm)</p><p>6:00 Thursday at the Theater (ER)</p></div> <div>13</div>	<div><p>Holi</p><p>10:30 Move to the Colors w/ Shammy (ER 10:30-11:00am)</p><p>11:15 History of the Festival of Colours w/ Shammy (ER 11:15-11:45am)</p><p>1:30 Hol Powder Creations w/ Shammy (DR 1:30-2:15pm)</p><p>2:30 Piano Concert w/ Gregory! (LR 2:30-3:15pm)</p><p>3:00 Happy Hour: Thandai (DR 3:00-4:00pm)</p><p>3:30 Shabbat Prayers w/ Shamaris (LR 3:30-4pm)</p><p>4:00 Drum Circle w/ Shammy (DR 4:00-4:45pm)</p><p>6:00 Friday Night Flick (ER)</p></div> <div>14</div>	<div><p>Moving & Groovin' with Tanya (ER 10:30-11:00am)</p><p>11:15 Trivia Challenge w/ Tanya (ER 11:15-11:45am)</p><p>1:30 Word Games w/ Tanya (ER 1:30-2:45pm)</p><p>3:00 Happy Hour: Sangria Saturday (DR 3:00-4:00pm)</p><p>3:30 Holy Rosary Circle w/ Shamaris (LR 3:30-4pm)</p><p>3:45 Bingo Hour w/ Tanya (DR 3:45-4:45pm)</p><p>6:00 Saturday Night Movies (ER)</p></div> <div>15</div>
<div><p>10:15 Catholic Mass via YouTube (LR 10:15-10:45am)</p><p>10:45 Sit & Be Fit w/ Ceasarina (ER 10:45-11:15am)</p><p>11:15 Cliché Trivia w/ Ceasarina (ER 11:15-11:45am)</p><p>1:30 Reminiscing Through the Senses w/ Ceasarina (ER 1:30-2:45pm)</p><p>3:00 Happy Hour: Smoothie Sunday (DR 3:00-4:00pm)</p><p>3:45 Cece's Creative Corner (DR 3:45-4:45pm)</p><p>6:00 Sunday Night Drive-in (ER)</p></div> <div>16</div>	<div><p>St. Patrick's Day</p><p>10:30 Fit as a Leprechaun with Ceasarina (ER 10:30-11:00am)</p><p>11:00 This Day in History & Daily Chronicles (ER 11:00am-11:45am)</p><p>1:30 St. Paddy's Sing-Along w/ Ceasarina (ER 1:30-2:15pm)</p><p>2:15 Truth or Blarney w/ Ceasarina (ER 2:15-2:45pm)</p><p>3:00 Happy Hour: Shamrock Shake (DR 3:00-4:00pm)</p><p>3:45 Lavender Spa w/ Ceasarina (ER 3:45-4:45pm)</p><p>6:00 Monday Night Movie (ER)</p></div> <div>17</div>	<div><p>World Social Work Day</p><p>10:30 Daily Chronicles & This Day in History w/ Kim (LR 10:30-11:00am)</p><p>11:00 Tai Chi w/ Thomas (LR 11:00-11:45am)</p><p>1:30 Mind Stretchers and Word Games w/ Kim (DR 1:30-2:45pm)</p><p>3:00 Happy Hour: Tea Tuesday (DR 3:00-4:00pm)</p><p>3:45 Baking, Conversation & Table Games w/ Kim (DR 3:45-4:45pm)</p><p>6:00 Tuesday Night Musical (ER)</p></div> <div>18</div>	<div><p>Anne & Andys Kids Visit!</p><p>10:30 Out & About with Shamaris & Jen</p><p>10:45 Morning Stretch w/ Kim (ER 10:45-11:15am)</p><p>11:15 Scattergories w/ Kim (ER 11:15-11:45am)</p><p>1:30 Active Games w/ Kim (ER 1:30-2:15pm)</p><p>2:15 Word Teasers w/ Kim (ER 2:15 - 2:45pm)</p><p>3:00 Happy Hour: Wine Wednesday (DR 3:00-4:00pm)</p><p>3:45 Karaoke Hour w/ Kim (ER 3:45-4:45pm)</p><p>6:00 Movie Night (ER)</p></div> <div>19</div>	<div><p>Springtime in Paris Theme Day</p><p>10:30 Mercy College Graduate Discussion group (ER 10:30-11:15am)</p><p>11:00 Vocal Gym w/ Joanne (Atrium 11-12am)</p><p>11:15 Daily Chronicles & This Day in History with Shammy (ER 11:15-11:45am)</p><p>1:30 French Language & Culture w/ Shammy (ER 1:30-2:15pm)</p><p>2:30 Piano Concert w/ Jeffrey (ER 2:30-3:15pm)</p><p>3:00 Happy Hour: Sips of Paris in Spring (DR 3:00-4:00pm)</p><p>3:45 French Literature w/ Shammy (DR 3:45-4:40pm)</p><p>6:00 Thursday at the Theater (ER)</p></div> <div>20</div>	<div><p>National Fragrance Day</p><p>10:30 Healing Scents & Gentle Movement w/ Shammy (ER 10:30-11:00am)</p><p>11:15 Finish the Lyrics w/ Shammy (ER 11:15-11:45am)</p><p>1:30 Fragrances & Memories w/ Shammy (ER 1:30-2:15pm)</p><p>3:00 Happy Hour: Rosemary Lemon Fizz (DR 3:00-4:00pm)</p><p>3:30 Shabbat Prayers w/ Shamaris (LR 3:30-4pm)</p><p>4:00 Drum Circle w/ Shammy (DR 4:00-4:45pm)</p><p>6:00 Friday Night Flick (ER)</p></div> <div>21</div>	<div><p>Moving & Groovin' with Tanya (ER 10:30-11:00am)</p><p>11:15 Trivia Challenge w/ Tanya (ER 11:15-11:45am)</p><p>1:30 Word Games w/ Tanya (ER 1:30-2:45pm)</p><p>3:00 Happy Hour: Sangria Saturday (DR 3:00-4:00pm)</p><p>3:30 Holy Rosary Circle w/ Shamaris (LR 3:30-4pm)</p><p>3:45 Bingo Hour w/ Tanya (DR 3:45-4:45pm)</p><p>6:00 Saturday Night Movies (ER)</p></div> <div>22</div>
<div><p>10:15 Catholic Mass via YouTube (LR 10:15-10:45am)</p><p>10:45 Sit & Be Fit w/ Ceasarina (ER 10:45-11:15am)</p><p>11:15 Cliché Trivia w/ Ceasarina (ER 11:15-11:45am)</p><p>1:30 Reminiscing Through the Senses w/ Ceasarina (ER 1:30-2:45pm)</p><p>3:00 Happy Hour: Smoothie Sunday (DR 3:00-4:00pm)</p><p>3:45 Cece's Creative Corner (DR 3:45-4:45pm)</p><p>6:00 Sunday Night Drive-in (ER)</p></div> <div>23</div>	<div><p>Happy Birthday Vincent D!</p><p>10:30 Morning Stretch with Ceasarina (ER 10:30-11:00am)</p><p>11:00 This Day in History & Daily Chronicles (ER 11:00am-11:45am)</p><p>1:30 Exploring Music by Culture w/ Ceasarina (ER 1:30-2:15pm)</p><p>2:15 Honoring Women's History Month w/ Ceasarina (ER 2:15-2:45pm)</p><p>3:00 Happy Hour: Mocktail Monday (DR 3:00-4:00pm)</p><p>3:45 Lavender Spa w/ Ceasarina (ER 3:45-4:45pm)</p><p>6:00 Monday Night Movie (ER)</p></div> <div>24</div>	<div><p>National Physician's Week</p><p>10:30 Daily Chronicles & This Day in History w/ Kim (LR 10:30-11:00am)</p><p>11:00 Tai Chi w/ Thomas (LR 11:00-11:45am)</p><p>1:30 Lets Make Music w/ Kim (ER 1:30-2:45pm)</p><p>3:00 Happy Hour: Tea Tuesday (DR 3:00-4:00pm)</p><p>3:45 Baking, Conversation & Table Games w/ Kim (DR 3:45-4:45pm)</p><p>6:00 Tuesday Night Musical (ER)</p></div> <div>25</div>	<div><p>Purple Day</p><p>10:30 Morning Stretch w/ Kim (ER 10:30-11:00am)</p><p>10:30 Out & About with Shamaris & Jen</p><p>11:00 Scattergories w/ Kim (ER 11:00-11:45am)</p><p>1:30 Music Therapy with the Music Conservatory of Westchester (ER 1:30-2:30pm)</p><p>2:15 Music Therapy & Movement with Eric (2nd flr Community Room)</p><p>2:30 Word Teasers w/ Kim (ER 2:30 - 2:45pm)</p><p>3:00 Happy Hour: Lavender Lemonade (DR 3:00-4:00pm)</p><p>4:00 Active Games w/ Kim (ER 4:00-4:45pm)</p><p>6:00 Movie Night (ER)</p></div> <div>26</div>	<div><p>Opening Day</p><p>10:30 Mercy College Graduate Discussion group (ER 10:30-11:15am)</p><p>11:00 Vocal Gym w/ Joanne (Atrium 11-12am)</p><p>11:15 Sports Trivia with Shammy (ER 11:15-11:45am)</p><p>1:30 Grand Slam Tryouts w/ Shammy (ER 1:30-2:45pm)</p><p>3:00 Happy Hour: The Home Run (DR 3:00-4:00pm)</p><p>3:05 Opening Day Watch Party (LR)</p><p>4:00 Thats Entertainment with Gigi! (ER 4:00-4:45pm)</p><p>6:00 Thursday at the Theater (ER)</p></div> <div>27</div>	<div><p>Chair Zumba w/ Shammy (ER 10:30-11:00am)</p><p>11:15 Finish the Lyrics w/ Shammy (ER 11:15-11:45am)</p><p>1:30 Literature Club w/ Shammy (ER 1:30-2:00pm)</p><p>1:30 Piano Concert w/ Gregory! (LR 1:30-2:15pm)</p><p>2:00 Say It with Music w/Shammy (ER 2:00-2:45pm)</p><p>3:00 Happy Hour: Iced Coffee Friday (DR 3:00-4:00pm)</p><p>3:30 Shabbat Prayers w/ Shamaris (LR 3:30-4pm)</p><p>4:00 Drum Circle w/ Shammy (DR 4:00-4:45pm)</p><p>6:00 Friday Night Flick (ER)</p></div> <div>28</div>	<div><p>Moving & Groovin' with Tanya (ER 10:30-11:00am)</p><p>11:15 Trivia Challenge w/ Tanya (ER 11:15-11:45am)</p><p>1:30 Word Games w/ Tanya (ER 1:30-2:45pm)</p><p>3:00 Happy Hour: Sangria Saturday (DR 3:00-4:00pm)</p><p>3:30 Holy Rosary Circle w/ Shamaris (LR 3:30-4pm)</p><p>3:45 Bingo Hour w/ Tanya (DR 3:45-4:45pm)</p><p>6:00 Saturday Night Movies (ER)</p></div> <div>29</div>
<div><p>10:15 Catholic Mass via YouTube (LR 10:15-10:45am)</p><p>10:45 Sit & Be Fit w/ Ceasarina (ER 10:45-11:15am)</p><p>11:15 Cliché Trivia w/ Ceasarina (ER 11:15-11:45am)</p><p>1:30 Reminiscing Through the Senses w/ Ceasarina (ER 1:30-2:45pm)</p><p>3:00 Happy Hour: Smoothie Sunday (DR 3:00-4:00pm)</p><p>3:45 Cece's Creative Corner (DR 3:45-4:45pm)</p><p>6:00 Sunday Night Drive-in (ER)</p></div> <div>30</div>	<div><p>Morning Stretch with Ceasarina (ER 10:30-11:00am)</p><p>11:00 This Day in History & Daily Chronicles (ER 11:00am-11:45am)</p><p>1:30 Exploring Music by Culture w/ Ceasarina (ER 1:30-2:15pm)</p><p>2:15 Honoring Women's History Month w/ Ceasarina (ER 2:15-2:45pm)</p><p>3:00 Happy Hour: Mocktail Monday (DR 3:00-4:00pm)</p><p>3:45 Lavender Spa w/ Ceasarina (ER 3:45-4:45pm)</p><p>6:00 Monday Night Movie (ER)</p></div> <div>31</div>			<div><p>Location Key</p><p>ER- Entertainment Room</p><p>LR- Living Room</p><p>DR- Dining Room</p></div>	<div><p>Bus Schedule</p><p>Outing Days- AL & Haven Tuesdays, Connections Wednesdays</p><p>Medical Appointment Days Monday, Thursday, & Fridays</p><p>Errand Days- Wednesday Afternoons</p><p>For further information on scheduleing transportation for medical appointments & errands please contactat Jennifer Blair, Transportation Transportation@Kensingtonsl.com</p></div>	<div><p><i>This is a projected calendar for the month of March 2025. For a more detailed schedule, please refer to the daily activity sheet. For any further questions or comments, please contact:</i></p><p><i>Shamaris Mercado,</i> <i>Life Enrichment Manager.</i> <i>SMercado@KensingtonSL.com</i></p></div>

